

Tower Grove Heights Gazette

GRAND TO GUSTINE

ARSENAL TO UTAH PLACE

Volume 29, No. 2

Summer 2018



Our Tower Grove Heights Safety Committee—hard at work

By Ryan Barry

A little over a year ago, my wife and I moved back to St. Louis from Chicago into what we consider the best neighborhood in the area. Tower Grove Heights has it all: walkable streets, thriving business district, diversity, great architecture, and of course, Blackthorn Pub and Pizza. Just as we were settling into our new home, the unthinkable occurred. A year ago, police lights lit up the night sky, and a neighbor's family will never be the same. The neighborhood rallied in support by making meals and holding a vigil. Events like this make us ask ourselves what we can do to prevent this from happening again. Safety is the first thing that comes to mind and what could be done to improve safety in the neighborhood. The truth is that crime can make its way into any neighborhood, no matter how safe the residents may feel it is. One of the many strengths of the Heights is our Neighborhood Association and specifically, the Safety Committee, which any resident can join. Members meet monthly to discuss ways to improve the safety of our neighborhood. Last year, I joined a group of great and dedicated members such as Ann Stanley, Barbara Gilchrist, Debra Knox Deiermann, Rick Stein, Justin Roth, Sara Feiser, Officer Ed Slade, and Jennifer Florida. We wanted to share our Year in Review with our neighbors and highlight

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THE MAGIC HOT WATER LOOP SYSTEM

By Rich Iezzi

Who doesn't get tired of waiting for hot water on the second or third floor? What if you could have hot water to any hot water faucet in a matter of seconds, even on the third floor? You could if you installed a hot water loop system (HWLS).

I have a friend with an enormous three story bed and breakfast and I noticed a fist-sized something attached to the basement water heaters. "That's the hot water loop pump", he said.

So I looked into it. You can view it on YouTube but it's simply a way to create a continuous loop of hot water that circulates from the furthest faucet back to the basement hot water heater.

Some friends were installing 'the loop' so I got a firsthand look. In their situation, they were able to run a separate pipe to their 3rd floor bathroom to form the loop. That's the ideal system. There are other methods to convert existing plumbing where you can't run a new line but they're a bit more complicated.

YouTube explains how to re-configure your hot water heater drain to accept the new copper 'loop' pipe. That's the hardest part of the project. The pump cost about \$190 and the additional copper was \$110. Before firing up the system, we timed the hot water delivery to the second floor vanity. It was 55 seconds---a lifetime when you're waiting to wash your hands/brush your teeth. The energized 'loop' provided hot water in three



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THE MAGIC HOT WATER LOOP SYSTEM

continued from page 1

seconds. Unbelievable.

Even better, you may not even need a pump for the HWLS. We turned off the pump but the hot water continued to circulate since the water returning

**The energized 'loop'
provided hot water
in three seconds.
Unbelievable.**

from the 3rd floor is slightly cooler and heavier, powering the circulation.

The HWLS makes a lot of groups happy. The time-is-money group doesn't have to wait, the save-the-water group doesn't waste water and the save energy people aren't needlessly heating 55 seconds of cold water going into the hot water tank while they wait to wash their hands.

The pump uses only 60 Watts, lasts for 15+ years and can be used with a timer so it only runs when you need it. Check it out---it's hot.

Sunscreen in the Heights

*By Erica
Westbrooks*

Hello neighbors. My name is Erica and I'm a Physician Assistant who specializes in dermatology. I'm also a five-year resident of TGH! Some major benefits of living in TGH are our beautiful outdoor spaces such as Tower Grove Park and Ritz Park. We also enjoy a very walkable neighborhood with festivals, restaurants, and shopping. We spend a lot of time in the sun with all these outdoor amenities. As someone who sees the adverse effects of the sun on a regular basis, I want to make sure you and your family are protected, while enjoying the sunny activities the Heights has to offer.

Sun protection is critical because UV light causes skin cancer, sunburns (ouch!) and premature wrinkling. The sun can also cause major health problems for people with conditions like lupus and sun allergies. In general, everyone should wear a SPF 30+ sunscreen that has broad spectrum coverage (UVA and UVB) 365 days a year on uncovered skin. Also, you should reapply every 90 minutes that you are outside because the effectiveness wears off, especially if you are swimming and sweating. For acne-prone skin, select a sunscreen that is non-comedogenic, which means it won't clog your pores. If you have a history of skin precancer/cancer, skin conditions worsened by the sun, or take medications that increase sun sensitivity, use SPF 50+, or higher.

Despite the perception that all sunscreen is a pasty, chalky mess that's uncomfortable to use, there are several different types available. It's true that "physical sunscreens," which are made of crushed rock, like zinc oxide, can leave your skin with a chalky residue, however, "chemical sunscreens" go on smoothly. Both types are effective against the sun's rays, but in different ways. Physical sunscreens reflect light while chemical sunscreens contain ingredients that absorb the sun's rays. Some sunscreens are combinations of both. The physical sunscreens are improving and



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Fighting Emerald Ash Borer in St. Louis

By Tom Ebeling

The City of St. Louis began preparing for an Emerald Ash Borer (EAB) infestation in 2008, when the pest was first discovered in the state of Missouri.

The first step that the city took was to update the tree inventory. The study revealed that there are approximately 15,000 Ash trees along the streets and in the parks of St. Louis. At 17% of the total trees maintained by the city, Ash is the most common species along city right-of-ways. The city has not planted any species of Ash since 2008, and prioritized the removal of Ash trees that were known to be in poor condition. Despite best efforts, Ameren utility workers discovered EAB in St. Louis on May 16, 2015.



Since that time, the City has enacted a 5-year action plan that includes removal, retention and replanting with a goal of zero net canopy loss. In May of 2016 contractors began removals in ward 1, which is the area surrounding the original infestation. Crews will work to remove about 2,600 trees every year for the next five years.

The City of St. Louis does not intend, however, to remove every ash tree in the city. Those ash trees that are 13 inches DBH or greater and in good or better condition will be treated by injecting the trunks with a botanical pesticide. The chemical is called TreeAzin and is produced by BioForest Technologies, Inc. in Canada. The active ingredient in TreeAzin is azadirachtin, which is extracted from neem tree seeds. Because it is a botanical compound, TreeAzin will degrade quickly in soil and runoff, minimizing the environmental impact. The compound is also safe to inject in high use public areas. Because all untreated ash trees will die, TreeAzin must be injected every two years to ensure the survival of the tree. In total, the St. Louis will retain about 1,200 ash trees that are seen as too valuable to remove (about 7% of the current ash population).

In order to replant the voids created by the extensive removal operation, the City of St. Louis will be partnering with Forest

ReLeaf of Missouri (FRM), a nonprofit nursery that grows native species of trees and shrubs for planting in public spaces. Forest ReLeaf will donate a variety of 15-gallon trees, as well as help coordinate the planting of those trees. The trees will be selected from a list of approximately 40 native species that are tolerant of urban conditions and suitable for street tree plantings. Ideally, every ash tree that is removed will have a new acceptable native planted in its place, resulting in a zero net loss of canopy. Forest ReLeaf donated 1,200 trees for ward 1 in 2016 alone. With help from the City Forestry, community organizers, elected officials and countless volunteers,

FRM will work throughout St. Louis to reforest areas devastated by EAB.

In many neighborhoods throughout St. Louis, most or all of the mature trees will be lost to this pest

Forest ReLeaf is also conducting an extensive public relations campaign to educate the members of the communities most affected by the removal of ash trees. In many neighborhoods throughout St. Louis, most or all of the mature trees will be lost to this pest. It is important that the residents understand what has happened to the trees and what is being done to recover the loss. FRM is accomplishing this by exhibiting at community events, distributing informational flyers, reaching out to known neighborhood organizers and educating the young people of the City. Because FRM has access to elementary and middle school audiences through our educational programs, our goal is to inform the children of these neighborhoods in the hopes that they will carry the information back to their parents and grandparents and subsequently get involved in the planting efforts. These outreach methods will help ensure that individuals are well informed about the ongoing battle to maintain our urban forest in St. Louis.

To Read the City's action plan, please visit www.stlouis-mo.gov/ash-borer

Information on Forest ReLeaf's ash tree replanting efforts can be found at www.moreleaf.org/ashborer

Tom Ebeling
Community Forester

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THE UNCLUTTERED TRAVELER

By Marilyn
Browning

Coco Chanel reportedly gave this advice about accessories: "Before you leave the house, look in the mirror and take one thing off." This advice easily translates to travel as well. Look in your packed suitcase and take one thing out. Okay, maybe more than one.

Stop me if none of the following has ever happened to you: You get home from a trip and find that one or more clothing items are still clean because you never wore them. The item you thought you couldn't live without remains unused because you: a) couldn't find it in the pile or b) forgot you packed it. One of the wheels comes off the suitcase you packed to the gills and you're forced to drag it up stairs or over cobblestones. You arrive at your connecting flight ten minutes after it should have taken off since you had to wait for your large bag at the luggage carousel, bring it through customs, and check it again. All of these things have happened to me, and many more too tedious to describe.



Do yourself a favor next time you travel. Don't ask yourself what would be nice to have. Ask yourself what you can do without. The goal here is one small suitcase—the kind that can sit in your lap on a bus or stow in an overhead bin on a plane. This suitcase should have a couple of changes of clothing, preferably lightweight, washable, and not prone to wrinkling.

"On your trip you'll meet two kinds of travelers: those who pack light and those who wish they had."

laughter of inebriated passengers on the plane bothers you, earplugs are a godsend.

Packing light can save time: the time you spend packing and unpacking, the time spent checking luggage, and the time spent waiting for it on the other end. Packing light can save money, either in baggage check fees or hiring someone to help with your abundant luggage. Packing light can save you aggravation, the kind that occurs when your bags are lost, stolen, or broken.

For me traveling light is a reflection of why I travel. I travel for some combination of relaxation, seeing a new place, and experiencing a different culture. I don't attempt to recreate all the comforts of home or to prepare for every eventuality, which experience tells me is impossible. Traveling light, I can change my plans easily and am

open to happenstance, the recommendation of a local, the rare opportunity.

Rick Steves, the travel writer and host of Rick Steves Europe, has written, "On your trip you'll meet two kinds of travelers: those who travel light and those who wish they had."



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ON DOWNSIZING

By Marilyn Browning **Q**uite recently, my husband and I moved from our three-story house to a one-bedroom apartment. We've been asked how we got rid of so much stuff, and the answer is that we'd been doing it all along. Starting from the question "How can I ever live without all this stuff?" and ending at "How did I ever live with all this stuff?" can be a long process. It requires a shift in viewpoint that as consumers and acquirers we often don't make.

You've reached the proper downsizing mindset when you assume that it's expendable unless you have a very good reason for keeping it. Continuing to ask over and over whether an item is so useful or beautiful (to paraphrase William Morris) that you can't part with it is a thought-exercise that will eventually translate into two results. First, you'll find ways to let things go. Second, you'll stop acquiring mindlessly. Both of these things are good.



If you know you're downsizing and you know where you're going, you've already taken a step in the right direction. As someone who's gone through this drill repeatedly, I have a few tips. Measure the rooms in the place you're going and make a floor plan. I just use gridded paper but plenty of apps are out there that help. Now measure the furniture you know you want to keep and figure out whether it will fit and where. This is much easier than waiting until it's piled to the rafters in your new small place.

Having decided what stays, you can make thoughtful plans for what goes away and where. There may be a charity or grateful recipient and with planning you have time to transport or arrange for pickup of the things others might use or enjoy. For smaller stuff, start with the least sentimental items and work up to the cherished. If you have storage areas in your house start with those. And for pity's sake, if you encounter a box you haven't unpacked since the last move, it's a safe bet you can live without it. Enlisting someone impartial to help make decisions can be a great idea for those with a tendency to agonize.

Finally, resettle as quickly as possible. After the big stuff gets moved in, unpack all the boxes quickly. You will still find that you didn't get rid of quite enough and that's okay. Deal with the unwanted stuff immediately so it doesn't linger like a bad guest.

I add here a special note to you boomers who stand firm in the belief that your children will lovingly and painstakingly sort through your possessions after you're gone. A woman wrote to the New York Times of finding a note in her mother's china cabinet with instructions on the contents. It read, "I only ask one thing, and this is very important to me. Keep everything." It got added to the pile in the dumpster.

Our Tower Grove Heights Safety Committee---hard at work

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some of our ideas and research. Our goal is to inform as many neighbors as possible of the safety improvements that could be a benefit to our neighborhood.

Quality street lighting helps define a positive urban character and supports nighttime activities. The safety committee researched our current streetlights and looked for ways to improve lighting. As many have noticed, the city of St Louis has started replacing the old high-pressure sodium bulbs with new LED fixtures as part of a citywide plan to reduce energy costs and our carbon footprint. While the old fixtures had the benefit of spillover light to sidewalks, the new LED fixtures are designed for roadways. Many residents and visitors to the business district park on our streets, and lighting



should be designed not only for vehicular traffic but also for pedestrians. Our research connected us with a lighting designer who works with other St. Louis neighborhoods many of which have created Community Improvement Districts (CID) to fund and maintain improved historic replica streetlights. The light poles you see on South Grand are replicas of the original St. Louis 'granitoid' pole, and you can still see some original poles in Tower Grove Park. We worked with the lighting designer to come up with a concept that included a historic street light that provided both street and sidewalk lighting. Our idea was to create a defining visual characteristic bringing character and charm to the historic aspect of Tower Grove Heights while improving pedestrian lighting. After talking with the city's traffic division, there are no further plans to replace or retrofit our existing poles. They would be willing to work with TGH with new streetlights, but unfortunately without a CID program for the neighborhood, replacing the existing lights would be too costly. The connection between light and our sense of safety is inherent, and the safety committee will continue to look for ways to improve neighborhood lighting.

One of our committee members saw a segment on the local news about neighborhood policing program. We contacted Holly Hills resident Steve Butz, and he gave a presentation on their program "Cops Walking a Beat." The Holly Hills neighborhood started a fundraising campaign to hire off duty police officers to walk the neighborhood. The voluntary donation is \$20 a month. Two Police officers are actively walking the neighborhood streets and alleys for four-hour shifts, four times a week. In their first year, crime is down 29%. This program has promoted a positive interaction between the police and residents, and they hope

the program spreads to more neighborhoods.

The safety committee had the chance to visit the real time crime center located at police headquarters. The center is manned 24 hours a day, and is focused on monitoring criminal activity in real time therefore providing the police with another tool to prevent crime. The state of the art center has a wall lined with screens and rows of workstations that watch video feed from cameras like those on South Grand. The police are asking for the public's help to install cameras in the places they call home. A group of Shaw residents heeded the call and created the Shaw Security Initiative, a 503(c), and started raising funds to install solar powered WiFi security cameras at certain intersections. This neighborhood camera initiative is a great example of the neighbors pooling resources for a common community goal.



Public cameras require fundraising and public support, so the safety committee also looked at personal home security options. The home security market is growing rapidly which helps the best tech companies offer better cameras and complete home security systems, many of which can be self-installed and can all connect to your smart phone. Whether you have alarm systems from traditional security companies or you installed a system of your own, these systems may qualify for home insurance discounts or offer constant monitored protection. Home security systems aren't for everyone, but a simple, cost-effective way to protect your home is to turn on your porch light at night. A LED light-bulb uses very little energy and produces more light than other bulbs. Security alarms, cameras, and lighting are a personal choice so research to find the system that works for you.

As the safety committee embarks on 2018, we hope to provide a survey to the neighborhood and gauge the interest of these options. In the meantime, keep in mind that neighborhood safety requires team effort. If everyone works together by looking out for one another, we can help ward off crime and continue Tower Grove Heights' greatness as a neighborhood.



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On your mark---- get set--go!

By Jean Iezzi

The race is on! Tower Grove Heights is having a friendly competition among the 7 streets that comprise the neighborhood to increase memberships in the association. Presently, the Tower Grove Heights Neighborhood Association has 329 members but hopes to expand to 500. The street that has the most members by midnight on July 31st will have bragging rights and will have the coveted trophy sign placed on their street sign at Spring. Last year Hartford won with Utah a very close second. Juniata is always a fierce competitor.

Memberships show support to the Tower Grove Heights Board and to the numerous volunteers who work behind the scenes to arrange our monthly meetings, carry out block captain duties, produce the Gazette and update our website. The neighborhood social activities, block party permits, and the printing of the neighborhood Buzz Book are all funded through membership dues. Please consider becoming a member. Show us that you care. Dues are tax deductible because the association is a 501-c-3 organization.

Want to become a member? You can do so by going to the website: towergroveheights.com and clicking on the "Neighborhood Association" tab. From the drop-down menu, click on "Neighborhood Association Registration". Online payment is through PayPal.

You can also join by mail. Complete the membership registration form found in this Gazette. Mail your registration form and payment to Tower Grove Heights, P.O. Box 160069, St. Louis, MO 63116. Make checks payable to: Tower Grove Heights Neighborhood Association.

Not sure you are a member? Contact Jean Iezzi, membership secretary, at sra.jiezzi@yahoo.com to find out.

OK! On your mark, get set, GO! Which street will win the trophy? Will it be Hartford again or will Juniata take the prize? Perhaps Connecticut or Humphrey will pull ahead. The winning street will be announced in the next Gazette.





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Pickleball in Tower Grove Park

By Greta Reitenbach


You now have one more reason to love Tower Grove Park. Not only is it one of just seven parks to be named a National Historic Landmark, right up there with Central Park in the Big Apple, but there are so many things to do in Tower Grove Park. Grab a Limebike, go for a run, get your yoga stretch in, or shop at the farmers' market. One of the biggest recent additions is pickleball.

Pickleball is a combination of ping pong, badminton, and tennis. It has many of the same rules as tennis, but there is a seven foot no-volley zone on each side of the net called the kitchen. Players cannot enter except when the ball drops in that zone. The feel of the rackets is much like a large ping pong paddle. The courts are similar to badminton with lower nets.


The playing experience is accessible to everyone, making it a great choice from kids to seniors. The learning ramp is quick and the game just puts you in a good mood.

Tower Grove Park has eight pickleball courts waiting for you. Take lessons or attend a practice session any day of the week, from 7 a.m. to 10 p.m. I hope to see you there!





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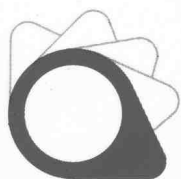
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A community-based program that encourages residents to take ownership of their neighborhood by cleaning up litter and graffiti.

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Anyone who lives in the neighborhood, works in the neighborhood, or is a business owner in the neighborhood.

How do I join?
Contact your neighborhood association or call 311 to get more information.

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For the latest neighborhood news and events; receive a Welcome Packet; contact your Block Captain; join TGHNA; nominate a neighbor for the Matt-the-Cat Award; read our bylaws, meeting minutes or past issues of the Gazette; and much more, please visit: www.towergroveheights.com

Stay connected: Tower Grove Heights notification list via MailChimp - contact: secretary@towergroveheights.com | Nextdoor Tower Grove: <https://towergrovememo.nextdoor.com> | Tower Grove Heights - Community Group: www.facebook.com/groups/380836771957085 | Tower Grove Heights Twitter - @TowerGroveHts

Sunscreen in the Heights

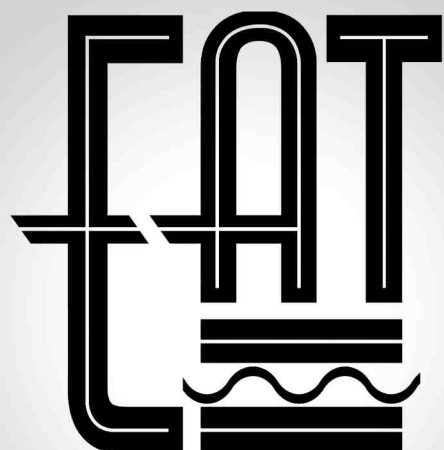
continued from page 2

aren't necessarily chalky anymore if you want to stay away from chemicals.

Other sun protection measures include seeking shade, wearing sun protective clothing, and avoiding the sun between 10 a.m. and 3 p.m., it's most intense hours. In addition to sunscreen, try sun protective clothing. Clothing companies offer Ultraviolet Protection Factor (similar to SPF) clothing such as rash guards for swimming, hats, and other athletic wear. You can readily find sun protective clothing online, and in sporting goods stores. Choose clothing with a UPF rating of 30 or greater.

Finally, it's important to know that we get most of our sun exposure before we turn 18, but don't see the negative effects until middle age or later. Therefore, it's critical to protect our kiddos now, and get them in the habit of using sunscreen year-round, not just in the summer months. One additional tip: put your sunscreen on before bug spray.

I hope you find this information helpful as we enjoy all our lovely neighborhood has to offer. From my family to yours, we wish you a fun, safe, and sunburn free summer.



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Come in for a tour and find out why we've become a neighborhood cornerstone for parents of babies and little ones



parentingresources.org - 3801 Wyoming St. - 332-2582

Our Programs

PLAY & LEARN CLUB

Membership-based parent community, Montessori-inspired playspace, garden and unlimited enrichment and classes for ages 0-6

CLASSES

Prenatal, parenting, baby & me, and child enrichment classes

ONLINE CLASSES

Take a prenatal or parenting class online!

SERVICES

Lactation and Feeding

PROFESSIONALS

Training for Doula's, CPR, Safety, & Business

Lucas Optometry, Inc

TODD N. LUCAS, O.D.

**Eye Examinations
Contact Lenses
Eye Glasses**

**3165 South Grand Blvd.
St. Louis, MO 63118**

**Participating Provider for many medical
insurance plans and vision plans**

Office Hours By Appointment (314) 772-3737

REAL ESTATE NEWS

Email me your real estate questions at: DeborahErvin@att.net

Homes Sold in Tower Grove Heights this quarter

Type	Address	Sold Price	Year Built
Res	3730 Hartford	\$225,000	1903
Res	3701 Juniata	\$125,000	1904
Res	3816 Juniata	\$300,000	1904
Res	3831 Juniata	\$300,000	1901
Res	3818 Hartford	\$340,000	1898
Res	3718 Juniata	\$355,000	1905
Multi	3654 Connecticut	\$314,000	1906
Condo	3869 Wyoming	\$150,000	1906
Condo	3800 Wyoming	\$275,000	1908
Res	3667 N. Utah Pl.	\$525,000	1907

HAMPTON SHOE

- ★ Great Selection of Quality Work Boots
- ★ Superior Service
- ★ Professional Fitting
- ★ Full Service Shoe Repair

We've Moved!

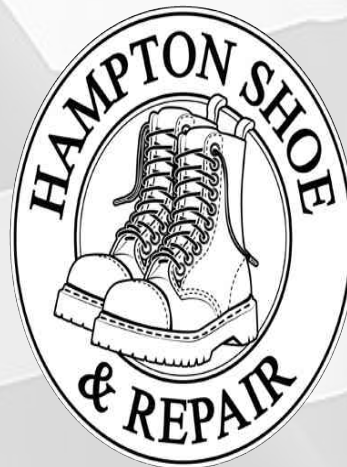
5916 Hampton Avenue

(just a 1/2 mile south of our old location)

Tuesday - Friday 10AM - 6 PM

Saturday 10 AM - 4 PM

St. Louis, MO 63109 • 314-481-7346



*By Abigail
Miller*

By Abigail Miller Ever happen upon something that isn't quite right, and you're not quite sure how to make it right? Thankfully it's a pretty safe bet a neighbor has already dealt with a similar situation and can point you in the right direction. For your future sanity, below are some real life situations your neighbors have encountered and the call that resolved it. These are listed in no particular order, specifically not in any order related to importance or urgency.

- Notice your neighbor's garage door open at 11pm?

Check the buzzbook! (Also a great reason to make sure your contact information is in the buzzbook)'

- Strolling through the neighborhood and encounter a literal dumpster fire? Call Fire Department, 911

- Car hasn't moved from the same spot in three weeks? Call Citizens Service Bureau (CSB) (314) 622-4800 OR visit their very user-friendly website!

- Find an injured (but not dead) bird in your backyard? Call Wild Bird Rehabilitation: 314-426-6400



- An unusually friendly raccoon is hanging out in your front yard at 2 in the afternoon? Call Animal Control, 314-657-1500 or Police Non-Emergency Number: 314-231-1212

- Experiencing random power outages? And/or see a powerline down? Smell gas? Call Ameren, 1-800-552-7583

- Dumpster rolled halfway down the alley? And/or happen upon a mountain of garbage that should be in the dumpster but for some reason isn't? Call the Citizens Bureau, (314) 622-4800 OR visit <https://www.stlouis-mo.gov/services/>, click "report a problem"

- Happen upon some graffiti? (Doesn't apply to mural art you don't like) Call Citizens Bureau, (314) 622-4800

- Notice a bright green bike-share bike parked somewhere it (legally) shouldn't be? Call LimeBike 1-888-LIME-345 OR pay \$1 and take it for a nice ride through park.

- Find yourself observing what appears to be drug activity? Call the Police Drug Tip line: 314-863-DOPE (3673)

- Found a swarm of bees in your yard that you would prefer is not there? Call a beekeeper, such as: Dmitry at 314-255-3577 OR check the Eastern Missouri Beekeepers Association for a list of

beekeepers that can come get the swarm.

- Hungry? Call the Vine. OR Blackthorn. OR King and I. OR Jimmy Johns. OR all of the above.

- Have some extra Civil Life you're looking to offload? Call a neighbor. Specifically anyone on the 3800 block of Hartford.



Tower Grove Heights
NEEDS YOU!

The Tower Grove Heights Neighborhood Association can only be YOUR association if you join. With your participation, TGHNA will be a reflection of what YOU want the Heights to become. So please don't delay in joining or rejoining.

- To find out what is happening in the neighborhood
- To make the Heights a cleaner and safer place
- To have a liaison with City Hall and other agencies
- To better protect our property values
- To make TGH a more interesting, fun place to live

Indicate your membership level choice:

<input type="checkbox"/> _____	INDIVIDUAL (1 vote) \$10/year	Include my name, address and contact information in the TGHNA Buzz Book. . . <input type="checkbox"/> _____ Yes <input type="checkbox"/> _____ No
<input type="checkbox"/> _____	HOUSEHOLD (2 votes) \$15/year	
<input type="checkbox"/> _____	ASSOCIATE (non-voting) \$10/year	
<input type="checkbox"/> _____	LIFETIME (1 vote) \$100 single payment	
<input type="checkbox"/> _____	BUSINESS (1 vote) \$25 /year	Please add my email address to the Neighborhood Forum Email notification list. . . <input type="checkbox"/> _____ Yes <input type="checkbox"/> _____ No

NAME(S) _____

ADDRESS

PHONE _____

EMAIL

Return this form and tax deductible gift to your block representative
or send to:

TGHNA • P.O. Box 160069 • St. Louis, MO 63116
(TGHNA is a tax exempt 501c3 organization)