

Tower Grove Heights Gazette

Volume 4, Number 5

Grand to Gustine

Arsenal to Utah Place

April 25, 1992



Association Sets Goals

At the Executive Committee's December and January meetings, we worked on setting the Association's goals for 1992. I'd like to share them with you.

The first goal is increased membership. Without the support of neighborhood residents, it is impossible to have a truly effective organization. We want this Association to be for all residents of Tower Grove Heights; not a club for a select few.

City neighborhoods are maintained and stabilized block by block. Block units with active block leaders and a full complement of supportive members are fundamental to a strong neighborhood.

Our second goal is to curb crime. This includes eliminating drugs, graffiti, car thefts and burglaries, and enforcing nuisance laws. Being able to assure potential renters and buyers that our neighborhood is a safe pleasant place to live is one of the best marketing tools available. Residents, the Third District Police and City officials are working together to curb crime.

The simple act of knowing your neighbors is one of the best crime deterrents. To

encourage neighbors to get acquainted, the Association has general meetings, block parties, and other events. Also, we are compiling a neighborhood directory with names, addresses, and phone numbers. Knowing who belongs in your area will help you warn neighbors when necessary, secure information about suspicious activity, and rally neighbors for community causes and social events.

Neighborhood improvement is high on our list of goals. The appearance of our neighborhood increases our pride in where we live and how others perceive us. Trash and graffiti mark a neighborhood as one where people don't care, an invitation to drug dealers and crime. We hope all residents will join us in the effort to reduce trash and litter and maintain the public areas, such as the Utah Place median.

We will continue to work with absentee landlords to help them find and keep good tenants. Owners of problem properties will be contacted to see how we can help them improve their properties.

Block captains and general meetings will continue to be effective liaisons between the Executive Committee and you, the members. It is important that you let us know what you think, what we can do to better meet your needs, and how to help you most effectively.

The Neighborhood Association will work to help eligible homeowners obtain loan money to correct exterior building code violations and encourage street tree planting and maintenance.

All of these activities take manpower. We need active block captains on every street. We need volunteers to help create our neighborhood telephone directory, and we need broad representation on every committee. Please call me at 772-5982 if you would like to help the Neighborhood Association realize its goals or discuss your views of the Association, pro or con. Leave a name and number; I will call you back.

Susie Gudermuth
President, TGHNA

From the Editor

Teresa Davis is an amazing woman. She's bright, articulate, and the manager of Futon Express' on Grand. She's also very quotable. At the March meeting of the Tower Grove Heights Neighborhood Association, she remarked that the pioneers of the 90s are people that move back into the City. And that brought to mind something Tim Boyle of City Property Company said to me: parents are the biggest deterrent to people moving back into the City. Jan Nesser tells of a friend who wanted to buy a house in the City. When her mother found out, Mom said she would never visit her daughter if she moved into the City.

It boils down to ignorance. City living has its problems, but so does county living. For me, the advantages outweigh the

problems. In the City, you can get much more house for your money. The convenient location makes getting to work a snap. Excellent shopping, restaurants, and cultural events abound. And, at least in Tower Grove Heights, your kids can play outside without fear and there's a great sense of neighborliness.

Ignorance, unlike stupidity, can be cured. Pioneers like Teresa Davis and other City residents can spread the word. Our wonderful Grand South Grand shopping district and restaurants help showcase our area. Discovering St. Louis' architectural gems, exploring our parks, the Zoo, the Botanical Garden, the History Museum, searching out great restaurants and wonderful markets—it's an adventure.

I'm no Pollyanna. Some City neighborhoods aren't safe. Schools can be a problem. But there are solutions if residents, police, and City officials work together.

I never thought of Tower Grove Heights as the frontier. I just wanted a safe place to live, a solidly built older home that we could afford, and a good neighborhood.

I keep thinking about Teresa's comment, and she's right. You have to buck frightened parents and skeptical friends to move into the City. But frankly I'm no pioneer. Anyone looking for good value will look seriously at what the City offers.

Elizabeth Braznell

Elizabeth Braznell
Editor

The Tower Grove Heights Gazette

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On Grand

In each issue of the Gazette, this column will include information about current events on Grand South Grand and a highlight of one of the businesses.

Kinko's Copies is now open next to Streetside Records at Grand and Arsenal. In addition to being open 24 hours, it serves as a police substation. Later this summer, watch for the Grand opening of St. Louis Bread Company in the same Square on Grand complex.

Something new, different, and exciting has come to Grand South Grand. Would you believe an art gallery and antique store that has poetry readings once a week? Well, that's what you'll find at Just Pictures and Most Anything, situated at 3189 South Grand, between a German deli and a Vietnamese restaurant. Now, that's what Grand South Grand is all about!

I spoke with Jody Erbschloe, the Executive Coordinator of this most unusual establish-
ment, who talked of future plans for an outdoor courtyard art fair and forming a local theater group.

The "artwork" at Just Pictures comes from the continuously growing collection of Rich Presley, the owner. The selections are very affordable and there is literally something sure to please everyone's taste. 99% of the pictures/paintings are under \$50.

The "antiques" are also affordable, and unusual. The first piece in Most Anything was an industrial floor model hand dryer, right out the 30s or 40s.

Jody said the concept behind Just Pictures/Most Anything is that art and antiques need not be expensive, and they pride themselves on catering to the broadest taste imaginable.

The Wednesday night poetry readings (free coffee and donuts) are the brainchild and hard work of Shannon Presley, and are open to the public and to all poets, musicians, and artists. These Wednesday night gatherings are developing quite a large and eclectic following. Don't miss it!

Operating hours are 7 p.m. to 1 p.m. weekdays and 9 a.m. to 10 p.m. Saturday and Sunday. Poetry readings are every Wednesday night at 8 p.m.

Don Hardin

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Resident Profile

When Tod Flak, a native of Ohio, moved to Tower Grove Heights over a year ago, he wasn't completely sure what to expect. It was his third move since his arrival in St. Louis in 1988; he'd already "struck out" twice with his first two apartment choices (the first near the Central West End and the second in University City).

"I never really liked the other apartments that much," he said, "and after a while, I got tired of the amount of crime and loud noise in the other neighborhoods."

Tod's flat on the 3800 block of Juniata is the first one he has kept for more than a year. He is very happy with the size and character of his apartment (it has the much-coveted pocket doors!), and his landlord, Cledis Light, who makes sure that the place is not only well maintained but is also occupied by quality tenants.

Tod also attributes his satisfaction with his present living situation to the number of good qualities in the neighborhood itself. Given his previous living experiences, he especially appreciates that the neighborhood is relatively safe and quiet as well as reasonably priced. He likes the architecture and the sense of history it captures. And he also likes that there are a

lot of families here of such great diversity.

"It's been a nice change to live in an area that has such a strong community feeling," he said. "It seems to be a neighborhood with a lot of vitality."

Tod, a graduate of Case Western Reserve University in Cleveland, Ohio, is presently doing research in molecular biology at Washington University. He's studying the bacteria that causes whooping cough—a disease less common in this country than it once was, but which continues to cause deaths in the third world. He finds his work challenging and, at times, very frustrating because of the continual setbacks from failed experiments which are common to scientific research.

When Tod isn't working in his lab or at home on his computer, he keeps busy with his many different interests. He makes time to run every other day in Tower Grove Park, which he considers safe enough even after dark. He also enjoys going to the park for concerts in the summer, and to the Botanical Gardens. Last fall, he acquired a motorcycle which he plans to use for a trip to the Carolinas next summer.

Anita Barker

Aim for Good Health

For those who still find it difficult to fit exercise into their daily

lives, I have good news! In a recent study reported in the *Journal of the American Medical Association*, regular walking was found to reduce women's risk of cardiovascular disease even without significantly improving their levels of fitness. The researchers looked at the effects of walking on blood pressure and cholesterol levels. The study involved 102 sedentary women aged 20 to 40 and found fitness improvements in those who walked regularly, as shown by lowered blood pressures and increases in the good cholesterol concentrations in their blood.

Since low to moderate physical activities are more easily incorporated into busy lifestyles than more vigorous exercise, more Americans are likely to start such exercise programs and maintain them. Thus, an important public health impact may be obtained by persuading the majority of the population who are least active to become just a little more active.

If this hasn't convinced you to put on your Reeboks and head for our beautiful landmark park, then I guess I'll have to try again next time!

David Wagner is a certified Physician Assistant and Professor at St. Louis University School of Allied Health Professions.

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Cookies for Cops

It was just before Valentine's Day. Neighbor Chris and I were discussing how happy we were with the police work that had helped to empty a nearby "drug apartment." We wanted to show our appreciation in some concrete way.

We hit upon the idea of baking cookies. The idea spread and before too long, many other Tower Grove Heights residents had joined our cookie drive. The result was a wagonload (literally!) of goodies that we delivered to the Third District on Valentine's Day. Along with the cookies we had a giant posterboard valentine complete with cartoon drawn by Chris's husband, Rich.

The police staff were incredulous when we rolled our cookie wagon into the lobby. It was very gratifying to see their delighted response. I'm sure that the police will think a little more sweetly of our neighborhood now!

Plans are in the works for another baking bonanza—possibly for early July.

I would like to thank the police, in advance, for upholding my right to enjoy a quiet and safe Fourth of July. I will have a sign-up sheet at the May meeting if you would like to help.

Recyclin' Ruthie Schnurbusch

Yard Sale & Flea Market

The second annual Yard Sale and Flea Market benefitting Tower Grove Heights Neighborhood Association will be Saturday, May 16, in conjunction with Grand South Grand's Summerfest. Last year, this was a big fund raiser for the Association, so dig out your white elephants and call Robin Faszold at 771-9162 to arrange for pick up!

range for pick up!

Like last year, we are especially interested in furniture, household items, kitchen stuff, books, plants, tools, lawn and garden equipment, working appliances and televisions, children's clothes, toys, knick knacks, and just about anything else! The list of stuff we won't accept is short—please, no mattresses or box springs, adult clothes, or non-working televisions and appliances.

In addition to the yard sale, there will be a flea market with booths available. Call Robin if you are interested in having a booth.

We need volunteers to help collect the goodies, transport them to the sale price them, collect the money, etc. If you can help, please call Robin.

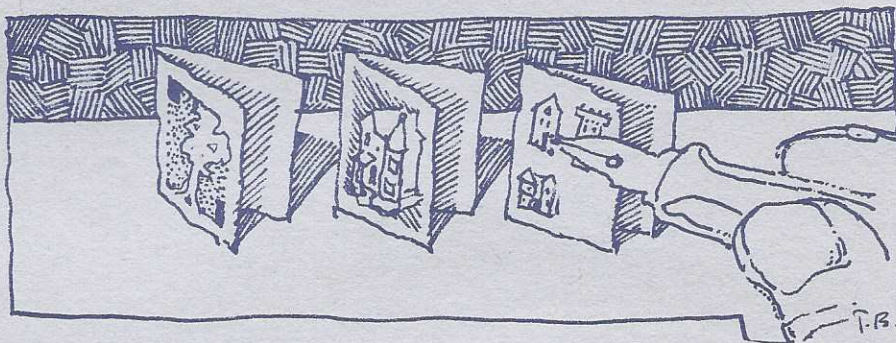
Look for us on the Commerce Bank parking lot from 8 a.m. to 1 p.m.

DESIGN DILEMMA

The Fun and Fundraising Committee is soliciting art designs for a new series of neighborhood notecards. You may submit a single design or a series. The artwork should represent pictorially why living in Tower Grove Heights is the greatest!

Deadline for submissions is May 30. Please call Robin Faszold, 771-9162, for details.

Libby Kriz



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Horticultural Corner

Much About Mulch

As the new growing season begins in earnest, gardeners are searching for ways to conserve water and make gardening easier. Mulching is the simplest way to meet these goals.

Horticulturally defined, mulch is anything that covers the ground. Mulches may be organic—composted leaves, wood chips, pine bark, etc.—or inorganic plastic, aluminum foil, or rocks.

Mulch conserves water by catching and holding moisture and by reducing evaporation. As organic mulches decompose, humus is produced, and eventually filters down, binding the soil particles together into aggregates or “crumbs.” Crumbs create a well aerated soil that drains easily but is capable of storing large quantities of moisture in its pore spaces.

Soil fertility is greatly improved by

consistent use of organic mulches. As mulch ages, the bottom layers decompose and return nutrients to the soil. The decomposing bottom layer also supplies food for beneficial bacteria and earthworms.

Earthworms are incredible soil-enriching machines. They digest their own weight in soil daily and produce castings that contain five times more nitrogen, seven times the phosphorous and eleven times the potassium found in the original material consumed.

Weed populations, which compete with plants for moisture, are greatly reduced if a thick layer of mulch is used on beds and around trees. Any weeds usually grow in the rich mulch layer and are removed easily.

Mulched soil is less prone to temperature fluctuations. On a hot summer day,

soil under mulch can be 10° to 25° F cooler. This temperature difference allows plant roots to continue to take in moisture during the hottest months. Mulch also can prevent heaving of shallow-rooted plants due to winter's freezing and thawing cycle. Mulching will prevent wind and water erosion and the compacting of the soil surface by hard rains. Fruits, vegetables and ornamental plants also will stay cleaner.

A few basic rules about mulching should be followed. A minimum layer of 3 to 4" should be used around trees, shrubs and evergreens. Fall-planted material should be mulched immediately so new roots can continue to develop before frost.

For winter protection, a 2" to 3" layer of loose, non-packing mulch should be applied to herbaceous perennials and bulbs following several frosts. Large containers need a thick mulching in order to protect the roots from freezing.

Words of caution to avoid problems with mulch: keep mulch away from woody stems to prevent rot at the base of the plant. Mice can hide in mulch piled around the bases of plants, chew on the trunks and eventually girdle the plant.

Too much mulch can suffocate the roots of shallow-rooted plants such as some evergreens. A good rule is to limit the mulch layer to 3"—4".

Care should be taken not to mulch too early in the spring so that cold soil will have an opportunity to warm up and dry out prior to planting.

Hardwood mulches are available from nurseries in small quantities. To buy mulch in bulk, contact material supply companies. The City of St. Louis provides a good quality mulch free to City residents. It's the result of composted yard waste and is available at Carondelet Park.

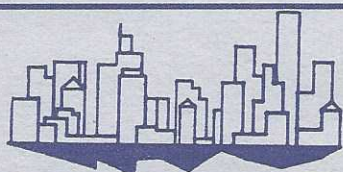
Benjamin N. Chu is a superintendent and the Curator of the Japanese Garden at the Missouri Botanical Garden

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A Message From Alderman Geraldine Osborn

On April 3, the Board of Aldermen passed one of the most important measures considered during the 1991-92 session. This bill provides for the construction of a new City jail adjacent to the Medium Security Institution on Hall Street in North St. Louis, and for the repair and improvements of the Civil Courts Building. New correctional facilities and improved court facilities are needed to allow the City to deal with the critical problem of crime.

This bill also provides for the lease-purchase of \$10 million of equipment primarily rolling stock such as trucks, sweepers and mowers. This includes 20 of the new automated side-loader refuse trucks and also some new dumpsters which should improve refuse collection in our neighborhood. The purchase of several tow trucks should speed up the removal of dangerous and unsightly derelict cars.

As sponsor of this bill, I was able to arrange for the inclusion of 131,500 for rolling stock for Tower Grove Park. This park is a major asset for our neighborhood. Our proximity to the park is one of the reasons people buy or rent in our area. However, a Tower Grove Park which is littered with trash and grown up with weeds would be a serious blight instead of an asset.

This is why it is so important that adequate City funds be provided for the operation, maintenance and improvement of Tower Grove Park. The new rolling stock should contribute to improved maintenance of the park. The next battle will be to ensure that Tower Grove Park obtains an adequate operating budget in the City's 1992-93 budget ordinance. If any of you know any of the other members of the Board of Aldermen, I certainly hope you will tell them how important the park is to our neighborhood and urge them to support an adequate budget to meet the park's needs.

Geraldine (Gerry) Osborn
Alderman, 15th Ward
622-3287 Board of Aldermen
773-8416 Home



Nuisance News

Many residents do not realize that police respond to nagging nuisance problems. Please call the police at 231-1212 when you see nuisance ordinances violated. Let's keep our neighborhood a first-class place in which to live!

Ordinance #56144: Auto repair. Repair work on the street is limited to emergency car repair (changing a tire or charging a battery). This nuisance is not only unsightly, but can lead to pollution problems. Many unconcerned or uneducated people drain oil, transmission fluid, or antifreeze (attractive and fatal, to cats!), etc., into the streets. This gets washed down into sewers and back into rivers, thus contaminating fresh water supplies. One quart of motor oil can make thousands of gallons of water unfit for use.

Remember, most of the water we use comes from the Mississippi. Let's do our part to keep it clean!

Ruth Schnurbusch

It's for the Birds ☺☺☺

Come hear a speaker from the World Bird Sanctuary (formerly the Raptor Project) give a presentation that will "knock your socks off" (their words, not mine!). Come to First Divine Science Church on May 17th, 7:00 p.m., and see eagles, vultures, owls, cockatoos and much, much more. Bring your friends and family.

As you may know, hundreds of birds, some endangered species, were found in deplorable living conditions at the mercy of a bird smuggler in Grenada. The World Bird Sanctuary rescued many of these birds even as smugglers were stealing them off the planes taking them to Miami. The birds were brought to the World Bird Sanctuary here in St. Louis.

As President Elect, it is my pleasure to line up interesting speakers and pertinent topics (not an easy task) for our bi-monthly meetings. If you have any ideas for topics, please call me at 664-9249. I would be happy to hear from you.

Becky Staup



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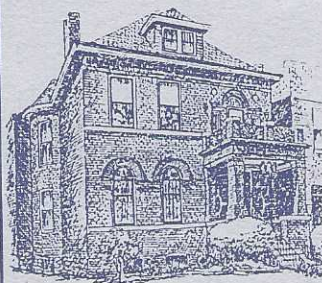
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Thumbs Up

We are one-quarter of the way into 1992, and this seems like an appropriate time to recognize those blocks who have jumped out in front in the membership drive. Currently, 3800 Connecticut is in first place with 36 members. They took second place last year, losing out to 3800 Juniata. It looks bleak this year for 3800 Juniata with only 19 members. But don't feel too secure, Connecticut! 3800 Utah is not far



**THUMBS
UP
AWARD**

behind with 33 members. 3600—3700 is running a real close third with 30 members, so there's still a chance for the other blocks to rally.

3800 Utah has surpassed their membership from last year with 5 new members. Congratulations to Veda Lynn for recruiting these new members.

Special thanks to Kati Guerra and Felicia Foland for doubling the 3600—3700 Humphrey membership from 11 to 23.

The Thumb



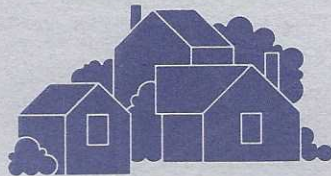
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A Message From Rep. Pat Daugherty

This is the time of year when the House sends quite a number of bills to the Senate for debate and vote. One concerns the lottery.

The House approved, by just 82 votes, and sent to the Senate a bill to establish video lotteries and completely change the direction of lottery dollars that go to the Missouri treasury. Under this measure, restaurants and bars would be allowed to apply for a license to have video lottery machines. 25% of the dollars generated under these licenses would be deposited in the Higher Education Trust Fund. Moneys would go towards establishing funds for many high-school graduates to be able to go to college in Missouri.

Even more significant, all future dollars from these games that go to the State would be used to fund elementary and secondary education. Currently the lottery adds around \$80 million to the treasury, about one half of which goes to education.

In the future, all of it would go to education programs such as Parents As Teachers, incentives for school excellence, a minimum teacher salary, career ladders and to the foundation formula. In addition, such foundation formula funding could not be reduced below the amount appropriated in fiscal year 1992.

While all this may sound exactly "what the doctor ordered," it's not a free lunch. As mentioned above, about one half of the \$80 million already goes to education. The remaining \$40 million is dispersed throughout State government, with the lion's share going for programs for the mentally ill and those in need of many social services, such as nursing homes, treatment for abused and sexually assaulted kids, and much more.

Thus, these dollars would be taken away and transferred to education leaving us millions of dollars short in an already short budget—a budget where we have waiting lines for many of these desperately needed services.

You can see why this measure is both loved and hated. If it is passed by the Senate, this bill will be put on the ballot November 3.

If you would like copies of this or other bills, please call me.

Rep. Pat Daugherty
Jefferson City, 1-751-3599
Home 772-1948

Mentioning Members ✓

As of March 31, we have a total of 204 members in the Tower Grove Heights Neighborhood Association. Our goal for the year is 449 members. Please call 773-7130 to join, if you have not already done so, and support YOUR neighborhood organization.

A special thanks to our Heritage members: Fredric Rissover, Elliott Blevins, Dick & Lavern Williams, Mark & Marilyn Abbott, Mike & Libby Kriz Bill & Paulette Kapes, Raymond Kozemczak, Bill & Rosa Wright, Ray & Pat Linebach, Tom & Kim Tobias, Paul & Jane Ladensack, Elizabeth Braznell, Jay Rosloff, James Lawrence, Charlene Hegel, Robert & Virginia Ritchie, Ferd Heller, Keely Cook, David Wagner, Lacey & David Nettles, Elmer & Neda Bransbach, Brian & Betsy Vanderheyden, Joseph & Alma Sueme, Kevin & Susan Clavin, Bill & Michele Kerr, Mrs. L. P. Crawford.

A special thanks and a TGHNA T-shirt to our Renaissance members: Bruce & Dana Hinterleitner, Lisa Appelbaum, Martha Ryan, Ralph Hegel, Brian Walsh Paddy McPhillips, Doyle Clark, David Nighswander, Roy Brumer, Teresa Davis Brian Stefanick, Stafford & Stephanie Gavin, Lori Linder.

Jodie Heliker

The Spirit of St. John's

St. John's Episcopal Church at 3660 Arsenal has always been a curiosity for me.

When I called for information, Kathryn Turman, Senior Director, invited me to a dinner social and service. "Please come!" she said, "it's the best way to get a feel for our parish family."

In the Parish Hall, the tables were arranged in a square so that everyone faced each other. I noted that although the group was small, there was a lot of diversity—truly a reflection of the neighborhood we live in.

It seemed everyone was involved in some community works project. The list was impressive, including St. Louis Spiritual Outreach Program, Family and Drug Abuse Counseling, Peace Fellowship, the Larry Rice Board, the Fanning Board, and the Missouri Home for the Blind Choir.

With pride, Kathryn explained, "We do

the best we can to support the community; we have a food pantry and we house two Head Start programs. Most of our members are active in their own community works projects. Our focus here is to love, nourish, and support each other. We welcome all those looking for a small faith community."

St. John's is a parish that is rebuilding itself. Reverend George Plattenberg has been with St. John's for less than two years, and has overseen a lot of activities, including alterations in the chapel, installation of a new organ, new carpeting throughout the sanctuary, and social events, outreach projects, and the traditional festivities that keep the church family together. Commitment, pride, and hope combine to make the spirit of St John's Church.

Margie Meyer



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BEAUTY THROUGH SCIENCE

Police Beat

We have had two Third District Police Public Affairs meetings since our last edition of the Gazette. Both meetings are summarized below.

The February 13th meeting was hosted by the McKinley—Fox Neighborhood Association, and the March 12th meeting was hosted by the Forest Park Southeast Block Units, Forest Park Southeast Hous-

ing Corporation, and the United Residents Against Crime (URAC).

Captain Page said burglaries and auto thefts are increasing. He urged us all to get involved in the CAT (Combat Auto Theft) program.

Public Affairs Officer Terry Shoemaker spoke of stopping crime by getting involved with Neighborhood Watch, Mo-

bile Patrol, and Get Tough on Drugs (make anonymous reports to the hotline, 621-4333).

Officer Mike Fleming of the St. Louis Police Department's Crime Prevention Section spoke about false alarms. He said 97% of security alarm calls are false alarms, which take police off the streets. St. Louis Police respond to 80—100 alarms a day, costing taxpayers \$1 million each year. Burglar alarms are excellent preventives, but owners must make sure they work properly.

Kathleen Becherer from Operation SafeStreet discussed the 4-D program: deter, deny, delay, and detect. Hardware is available through this program to help secure your home. The labor is free; you pay only for the cost of the material—at most \$150, and monthly payments are available. If your home has been burglarized or if you are a senior citizen or are disabled, the installation and materials are free. The hardware includes double-cylinder deadbolt locks, pin locks on first-floor windows, and bars on all basement windows if no one is living in the basement. Smoke detectors are free to everyone.

Kathleen discussed the steering wheel collar, which fits G.M. vehicles with tilt steering, and some Chrysler and Jeep vehicles. Cost is about \$25. For more information on hardware or the collar, call Operation SafeStreet at 622-2444.

Don Maragni, from Union Electric, said a well lit home is a safer home. Use timers to turn lights off and on to give the appearance that someone is home. Have a dusk-to-dawn yard light in your back yard, and leave the porch lights on all night. All this costs just pennies a day. Cheaper than a burglary!

Captain Page said citizens must attack crime with everything they can. We are making headway, and he complimented everyone for a job well done. We will get our streets back, block by block, with everyone's help.

St. Louis City has 30 neighborhood organizations; 16 were represented at the meetings. Tower Grove Heights had several in attendance, but I urge you to attend and see what other neighborhoods are doing with the Third District Police. See the Calendar for meeting dates and locations.

Ed Schroeder

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\$89



Sleep



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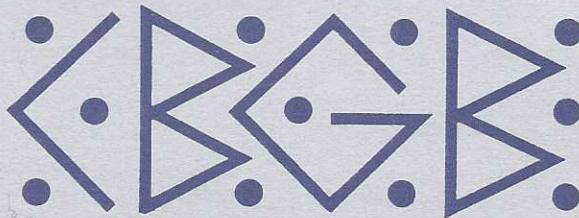
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7. GOOD!
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Rock & Roll

LOOK AT WHAT'S HAPPENED

The Renovator

When I saw the walls of Brian and Betsy Vanderheyden's spacious Wyoming flat, I knew something strange was going on. There was the 80-year-old beautifully painted plaster without the roadmap cracks like my walls always had. Betsy told me the plaster was "Glidwalled" five years ago and still looked great. Since then, I used Glidwall to seal an apartment and discovered the topic of this month's article for myself.

Glidwall is a fiberglass mesh 36" wide and 1/32" thick. Developed by Glidden Paints, it is used to bond plaster walls for painting. Glidwall gives you the look of plaster but eliminates those ubiquitous cracks forever. You don't have to remove the woodwork, and it's faster and cheaper than drywall. Interested? Let's do a wall!

First, repair major cracks and other surface problems. Protect the woodwork with masking tape and buy several gallons of latex paint primer (IT MUST BE LATEX). Clean off an area large enough to roll out a floor-to-ceiling sheet of Glidwall for cutting. Wear rubber gloves and cover your skin or the fiberglass will bite you.

Cut the fabric 2" longer than needed and start applying it vertically to the wall from the top. Holding the sheet to the plaster, apply the primer with a roller to the Glidwall. It will soak through and hold the fabric to the wall. Razorblade the excess off the bottom and presto! your first sheet is up.

It's easy, but you'll be surprised at how much paint the fiberglass absorbs. Figure on using a gallon of primer per wall. (Glidwall was developed by a paint company, so what do you expect?)

When you put up the next sheet, overlap the first one by an inch or two. After painting it to the wall, cut through the middle of the overlap with a razor knife. Both sheets will now meet perfectly after you remove the excess cuttings.

You've probably already figured out you should do the entire wall without stopping until you hit the corners. I found it almost impossible to butt a new sheet next to one that had dried completely. Otherwise, Glidwall is user friendly and is easily trimmed around molding. If you mess up a cut, when the primer dries, smooth some joint compound over the

wound, using sandpaper or a sponge to remove the excess.

You may have to paint the walls several times to get a finished look, but use the inexpensive primer to fill up the fabric. When your finish coat goes on, the walls will have a subtle cross-hatch texture from the fabric, but they'll look great. If a crack does occur, it will appear as a small undulation under the sealed fiberglass sheet, but will not split or need repair.

The beauty of using Glidwall is that you've already done the same preparation for painting as Glidwall requires. When you're ready to primer the wall, pick up some Glidwall and seal that wall for good.

Glidwall comes in 400' rolls, but can be bought by the yard for about ten cents a square foot.

Go for it!

Rich Iezzi

Market Fare

Market Fare, which offers top-quality meats, fish, poultry, pastas, cheeses, snacks, and a host of other items, continues to be a successful fundraiser for Tower Grove Heights. Order forms are available at the bi-monthly Association meetings. The products are frozen; meats, fish, and poultry are frozen in individual portions.

The Association makes 10% on all orders, and has no overhead. Try it! You'll like it!

Summerfest

Summerfest comes again to Grand South Grand! Fredbird, the Baseball Cardinals' mascot, will be on hand for photographs and antics. Antique cars will line Grand from Arsenal south to Gravois. Clowns, music, and good food will add to the festivities. And don't forget the yard sale and flea market on the Commerce Bank parking lot!

See you on Grand from 10 a.m. to 4 p.m. on Saturday, May 16!

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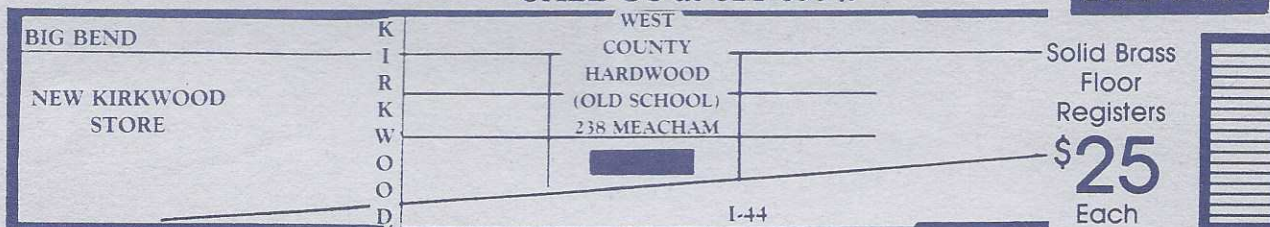


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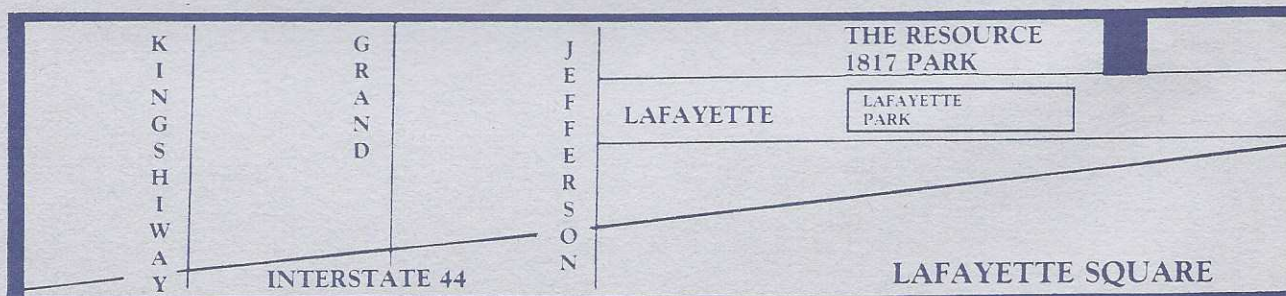
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Think About It!

- The United States makes up six percent of the world's population, yet we use forty-five percent of the world's resources.
- Recycling one bottle saves enough energy to run a 100 watt light bulb for four hours. Each household uses nearly 1,000 bottles a year.
- Recycling a four-foot stack of newspaper saves a 35-foot tree.
- You will save five trees each year if you recycle a newspaper every day.
- Recycling half the paper used in the world today would meet almost 75 percent of the demand for new paper and would save 20 million acres of trees.
- Every three months, the U.S. throws away enough aluminum to rebuild our entire commercial air fleet.
- It takes four tons of bauxite to make one ton of aluminum and only a little over one ton of recycled cans to make one ton of aluminum.
- Over a billion trees are used to make disposable diapers every year. These diapers now make up two percent of all the garbage generated in the U.S.

**Recycling Makes
Good Sense!**



Sycamores: Such Plane Trees

Have you noticed sycamore leaves blowing across your yard? The intractable, uncomposted residue of last autumn's battle of the rakes mocks us even as our shaggy-barked neighbors prepare for another futile assault by man's tine and blower in six months' time. Yet, they are trees to treasure.

Sycamores are fast growing and sport huge, sun-blocking leaves. Deciduously they oblige, allowing the pale warmth of winter's sun to reach that which was cool-shaded in August. In Europe, its botanical cousin, the biblical Plane tree, sometimes reaches a fabulous old age.

The most famous of these is on the

Greek island of Cos. Gullible tourists are shown the very tree under which the first physician, Hippocrates, taught and diagnosed twenty-five centuries ago. Hardly true, but the tree is certainly a visitor from another time. The original trunk rotted away centuries ago and only a large circle of independent trunks shakily rise from the root and spread across a platform of braces. Every summer, the spot remains one of the cool, serene points of the island.

Kind of like our old neighborhood: old homes, old parks, and old friends all braced up and ready to leaf out again this summer.

Jay Rosloff

Sheltons Hair Salon 3208, S. Grand

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For An Appointment

Since You Asked

Question: How did you meet your wife/husband?

Brian and Ruth Schnurbusch, married seven years.

Ruth: "I went to a party that a friend of mine was giving. I noticed this one guy trying to cut a cheeseball while the plastic was still on it." (This is denied by Brian.) "I said to him, 'Here, let me help you with that. I'm athletic. I'm a runner.' He said, 'Oh really! I'm a runner—I run seven miles a couple of times a week.' We talked about the high price of cheese and before the evening was over, I knew I was in love."

Jan and Tom Booth, married 11 years.

Jan: "We met in college. I was working at a hot dog sale when Tom and a friend of his came over and talked to me. Tom's friend was pretty weird, so I wasn't too sure about Tom. Tom asked me to go out and I said yes. When I got back to the

dorm, I asked some of my friends if they knew Tom Booth. One of them said, 'Oh my god, not Tom Booth!' I thought, 'Oh great, he's probably an axe murderer.' She said, 'Half the girls at school would give their right arms for a date with him!' We dated, but I was dating another guy also. I ended marrying the other guy. After my divorce, I ran into Tom by accident and we started dating again. Four years later, we were married."

Margie and Paul Meyer, married 6 years.

Paul: "We are Elves and we met at an Elvish Banquet." Margie: "The Elvish Banquet is a group of Lord of the Rings fans who throw an annual party. Usually, there are about 200 people at this party. This particular year, they party was moved to Columbia, so there were only about 40 people there. I noticed Paul right away, because he was the cutest guy in the room, and I thought, 'He's for me!' Driving back

to St. Louis, I realized he didn't have my phone number. Two weeks later, after getting my phone number from a mutual friend, he called and asked me to go watch him pay soccer (of all things). I went, so he knew I was interested."

Pat and Ray Linebach, married 23 years.

Pat: "We met in southeast Missouri, when we were both in college. I was working at the Pizza King and Ray lived in an apartment above the restaurant. Ray came in all the time, but I couldn't even remember his last name. Then one day my boss asked me to tell Ray that he had a phone call. I went outside to call up to him. He was on the balcony, with his camera, trying to take a picture of a bee. For the first time, I really looked at him and was instantly attracted. A few weeks later, I needed a ride to St. Louis and found out that Ray was going, too. We drove to St. Louis together and that was the beginning. We both knew we were in love."

Don Hardin



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Permit Problems

As reported in the December *Gazette*, Sidney Jacks, owner of the property at 3800—04 Wyoming, signed an agreement with the City of St. Louis that stipulates he must perform certain work on the property and must have valid permits. Mr. Jacks signed the agreement to lift a condemnation order on the building.

On March 19, Mr. Jacks appeared before Judge Newton McCoy of the St. Louis City Courts to answer charges that he allowed plumbing work to be done on the building without necessary permits.

Mr. Jacks, a registered engineer and formerly in charge of the mechanical section of the Building Inspection Division of the City, stated he answered a classified ad for a plumber, and the plumber said he was licensed and would obtain all necessary permits. Mr. Jacks admitted that the work was done without permits, but maintains he "was duped" by the plumber.

Judge McCoy found Mr. Jacks guilty, and fined him \$500 plus court costs. He also issued a bench warrant in the amount of \$250 for Maxine Jacks, Mr. Jacks' wife, for failure to appear.

Mr. Jacks indicated he will appeal the ruling.

On The Town In the Neighborhood

"One of the 1500 best meals you can get in 50 cities."—John Mariani, Mariani's Coast to Coast Dining

This review of Cafe de Manila, 3161 South Grand at Juniata, is right on the mark. It's a marvelous way to spend a few agreeable and relaxed hours. While away your time sipping wine or Philippine beer, enjoying a seafood dish chicken curry, or Pancit Canton (flour noodles with diced pork, shrimp celery, carrots, cabbage, and onion). Dessert on tropical ice cream topped with fresh young coconut or uba (purple yam), turron (banana plantain in pastry deep fried and topped with sweet jackfruit), or even cheese-cake. Finish with an after-dinner coffee. Cafe Luneto (coffee and cherry liqueur topped with whipped cream and chocolate) is extraordinary.

A short time ago, Ed, some friends and I visited the Cafe de Manila for Sunday brunch. The buffet offered chicken soup with transparent bean-thread noodles, tossed green salad, exquisite steamed vegetables—zucchini, carrots and potatoes, and Lumpia de Manila (fried pastry filled with ground shrimp and pork, served with a semi-hot tomato-banana sauce). Also there were sweet-and-sour pork, Filipino fried rice, Pork Afritada (braised pork with tomato onion, and green pepper), Sotanghon (small pieces of deep-fried chicken with shredded mango topping), as well as plain omelette and leche flan (a custard with fresh fruit. And these are only some of the foods!

On other memorable occasions, they've served a really tasty sausage called Longonzia and a dish called Cured Beef Tapa (sliced beef with onions and green pepper). The sauce on this gives a sweet, meaty flavor, unusual and delicious.

So, when you are ready for an outstanding meal right in Tower Grove Heights, try the Cafe de Manila. Phone is 773-5997. Lunch buffet is Monday through Friday, 10:30 a.m. to 2:30 p.m. Dinner is Monday through Saturday, 5—10 p.m., and Sunday brunch is 10:30 a.m. to 2:30 p.m. Cafe de Manila is closed Sunday evening.

Gift certificates are available, and Cafe de Manila will cater your special occasion.

Mary Schroeder

Operation Brightside Project Blitz

It's time to clean up the neighborhood again! Project Blitz hits our area May 16. The plan is to clean up front and back yards and the alleys. Public areas are included.

In addition to the extra pick-ups of the dumpsters, the City will be picking up special and bulky items. Car batteries, used motor oil, large appliances, and tires will be recycled. There will be a special truck just for recycleables.

Trucks will be by frequently from 10 a.m. to 3 p.m. to empty dumpsters. Remember to put only yard waste in the Yard Waste Only dumpsters! Wood chips and mulch will be available the entire week of May 11 at McDonald Park (Utah & Bent).

Your block captain will be contacting you with the time to assemble for alley clean-up. Don't forget to bring gloves, rakes, and brooms!

Mike Kriz

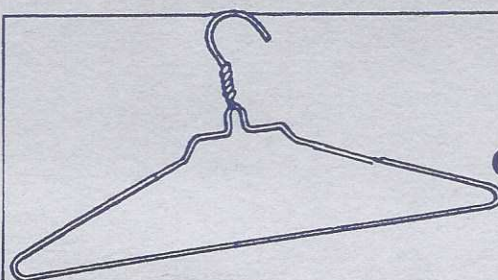
The Blood Is the Life

The Tower Grove Heights Neighborhood Association will sponsor a blood drive on Saturday, May 30th, 10 a.m. to 3 p.m., at the First Divine Science Church 3617 Wyoming.

We need volunteers to help the Red Cross set up and take down their equipment, supply refreshments and staff the refreshment table, and to get the word out. Oh yes, at least twenty-five donors must commit their blood. Those willing to help out or donate blood should contact Jay Rosloff at 773-1567. Please schedule an appointment with Jay—they would appreciate knowing when fewer or more persons are expected (although drop-ins are always welcome!).

The summer months are a difficult time for the blood bank. The TGHNA has asked its members for money, time, sweat, and tears; I guess all that's left is blood. Come and help—it's important.

Jay Rosloff

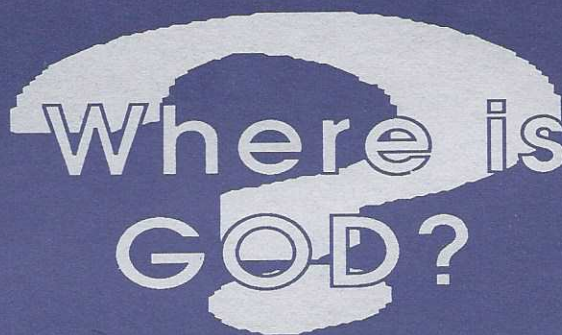


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Coffee Break

Surely You Jest...

When Jean Iezzi called to ask if our house could be on the realtor's house tour in late April, I thought she was joking. Jay told her the Marketing and Promotion Committee must really hate us to make us the laughing stock of the neighborhood.

The table saw, band saw, and belt sander are still ensconced in our living room, along with stacks of lumber and sheetrock. The new stove and dishwasher sit in the living room, along with a new bathroom sink. In the dining room the refrigerator looms over stacks of boxes.

But the kitchen! A white box—the floor's not done, the window's not done, almost nothing is done! And that's just downstairs!

Upstairs, Roger the Rehabbing Dog's "help" with carpet removal in the master bedroom has paid off. The roof is leaking all over the floor in there and old towels have become a permanent floor covering.

They want to show this place as an

asset to the neighborhood? Are they mad?

There's a method to the madness, Jean explained. Rehabbed houses in our neighborhood sell. It may take some time, but they do sell. "Undone" houses, on the other hand, need some help. Putting our house on the tour will show realtors that reasonably intelligent people with almost all their marbles are willing to invest in these properties and spend the time and money to fix them up.

Jay was jumping up and down, waving his arms and shouting, "No! No!" while I told Jean I thought it was a great idea. I hung up the phone and ran upstairs to paint the bathroom. It didn't help much. The orange and green are bleeding through the white paint!

It's embarrassing having strangers see your house in that condition, sort of like having them see your dirty laundry on the bedroom floor (at least ours was in the closet!).

But Jean's right. Our house, while not looking its best right now, does represent

renewed interest in City living. And people learn a lot from house tours. During a recent house tour, Jay pointed out cracks in the ceiling in a particularly lovely house. It lifted a weight from his shoulders to know it's okay to have ceiling cracks!

Cooperative efforts like the Realtors House Tour help us all, boosting interest in our area, which ultimately increases property values. Housing sales are picking up, and Tower Grove Heights deserves some of those dollars.

First impressions can make or break a sale. This is where we all can help. Keeping trash picked up in the alleys and on streets gives our area a clean well treated look. Maintained lawns and trees show we care. Report broken dumpsters and street lights to the Citizens Service Bureau. Porch lights turned on at night make the neighborhood seem welcoming, and help keep burglars away.

So Jean, thanks for giving us a push to get things moving a bit faster. Roger the Rehabbing Dog got a bath, some forsythia was planted in the front yard, and the house got cleaned up a bit. Nothing like fear and shame to get you moving!

Elizabeth Braznell

S

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A haircut can be too much reality for anyone. At Salon St. Louis, Terry Harrison knows when a client doesn't really want short hair.

"I can hear it in their voices," he says. "If I don't hear that conviction, I don't cut it short." As a prelude, he massages aromatherapeutic oils into the scalp. Clients can also wear a stress-reducing yoke that relaxes the neck muscles. Clients' kids' hair he cuts free. Call in advance; he regularly flies to Europe to do styling shows. His styles, photographed by Brenda Hootselle of St. Louis, have appeared in the international journal *Passion*, Spain's *Peluquerias* and Italy's *Esthetica*.

St. Louis, March 1991

Tower Grove Heights Neighborhood Association

President: Susie Gudermuth
President-Elect: Becky Staup
Secretary: Michele Kerr
Asst. Secretary: Jodie Heliker
Treasurer: James Lynn
Past-President: Benjamin Chu

COMMITTEE CHAIRPEOPLE

Block Captains: Diane Hurwitz
Fundraising: Robin Faszold
Neighborhood Imp.: Dennis Haddock
Promo. & Marketing: Jean Iezzi
Publications: Elizabeth Braznell

BLOCK CAPTAINS

3600/3700

UTAH

Janis Bello (3661)
Randy Dimberger (3626)

HUMPHREY

Felicia Foland (3671)
Kati Guerra (3671)
Joe Sueme (3728)
Larry Borowiak (3700)

WYOMING

Betsy Vanderheyden (3656)
Sally Difani (3735)

CONNECTICUT

Ruth Schnurbusch (3620)
Kirk Brandt (3652)

JUNIATA

Connie Bender (3665)
Paul Ladensack (3650)

HARTFORD

Marilyn Abbott (3648)
Carol Hoffmeister (3656)

ARSENAL

Diane Hurwitz (3640)
3800

UTAH

Susie Gudermuth (3834)
Veda Lynn (3855)

HUMPHREY

Annette Latham (3814)
Sande Vieira (3868)

WYOMING

Linda & Pete Fick
Tom & Nancy Dietz
Jim & Laura Stadelman

CONNECTICUT

Margie Meyer (3860)
Monica Nawrocki (3842)

Janice Nesser (3822)
Keely Cook (3830)

JUNIATA

Shauna Feely (3871)
Anita Barker (3818)

HARTFORD

Bill Wright (3836)
Jodie Heliker (3802)

ARSENAL

Jean Iezzi (3809 Hartford)

News & Notes

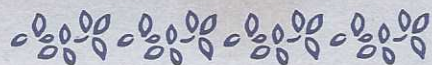
TGHNA Phone Number

Tower Grove Heights Neighborhood Association now has a telephone number! You may call 772-5982 for information about the Association, committees, events in the neighborhood, to volunteer, voice your concerns, etc. A machine will take your message, and it will be forwarded to the proper person.

Concerts Coming

Joe Curtis, Vice Chairman of Commerce Bank, and Tim Boyle, President of City Properties Company, announce the summer Concerts in the Park series.

The concerts will be held on the third Friday of May, June, July, August and September from noon to 1:30 p.m. in the garden of the Stupp Memorial Center in Tower Grove Park. They feature a variety of acoustical music and are free of charge. Refreshments are available, and benefit local neighborhood associations. Bring a blanket or lawn chair on Saturday, May 16!



The TGHNA Gazette
P.O. Box 63046
St. Louis, MO 63163

Most Senior Renter

We're looking for the person who has been renting in Tower Grove Heights the longest. Is it you? Your neighbor? Call Elizabeth at 773-1567.

Weird Goings On

Have you had weird experiences in your Tower Grove Heights flat or home that may be attributable to visitors from the other side? Tricia Heliker is collecting material on activities of ghosts, poltergeists, and spirits in the Heights. Call her at 773-7130.

Picture Perfect

Do you have any old photographs that show houses and businesses in Tower Grove Heights? We're looking for photos from the 1940s and earlier. We're especially interested in a good photo of the Hartford Arms, the building on Spring between Juniata and Hartford, but we'd like photos of different houses and businesses as well. The photographs would be copied and returned to you. We hope to have an exhibit and use some of the photos in future *Gazettes*. Call Elizabeth, 773-1567.