

# Tower Grove Heights Gazette

Vol. 2, No. 4

February 24, 1990



## 1990 Membership Drive

### Tower Grove Heights Neighborhood Association Membership Form

Please complete the form and mail it with your dues to: Tower Grove Heights

Neighborhood Association  
P.O. Box 63046, St. Louis, MO 63163

#### REGULAR MEMBERSHIP (voting privileges)

\$6.00 No. \_\_\_\_\_

#### HERITAGE MEMBERSHIP (Same as Regular Member, plus name will be printed in Gazette)

\$10.00 No. \_\_\_\_\_

#### RENAISSANCE MEMBERSHIP (Same as Heritage Membership, plus a free pack of TGH Notecards)

\$20.00 No. \_\_\_\_\_

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## THE BEST DEAL IN TOWN

In this day and age of high cost for quality living, is it still possible to find a low-priced investment with a high dividend yield?

The answer is YES! Such an investment opportunity not only exists but is also available right here in our own neighborhood. It is an investment that offers returns of more power and value for everyone who lives and works in Tower Grove Heights. What is it? A 1990 membership in the Tower Grove Heights Neighborhood Association.

For as little as \$6.00, not much more than an adult pass to one night at the movies, a person receives all the benefits of a TGHNA membership for a full year. It is a membership that gives a person voting privileges - guaranteed input into the goals and directions of the Association. It also entitles him/her to attend Association meetings and special events, serve on a variety of exciting and challenging committees, and enjoy the feeling of pride from belonging to one of the best neighborhood associations in St. Louis. But the highest dividends yielded

by the "membership investment" lie in the benefits of strengthening the Association. Membership dues provide TGHNA with the funds needed to pay for the use of meeting facilities, special events and promotional activities, and the printing costs of informational flyers, brochures and the Gazette newsletter.

More importantly, a strong TGHNA membership means dividends that will last into the future. With strength in the number of its committed members, Tower Grove Heights is better able to compete for neighborhood grant moneys and achieve its quality of living potential in terms of property appreciation, crime prevention, community spirit and access to city services.

This year the TGHNA membership drive will start with the Association's general meeting on February 18 at Stupp Memorial and will continue through Block Captain visits until the end of March. The goal is to double its present membership of about 200. Don't miss this investment opportunity - become an active member of the neighborhood that's on the move!

- Anita Barker

## FROM THE EDITORS

Welcome to the next decade. It's an exciting time for the world, the United States, and last but not least, Tower Grove Heights.

At the Gazette, we feel that the progress we've made in the 1980's has been very positive and encouraging, both for the Gazette and the neighborhood. We've watched the neighborhood organization's membership grow into a dependable base. We've seen the area's image enhanced by the recent art exhibit; and we've taken pride in the Gazette's positive contribution to bringing the community together.

We look forward, along with you, to the promise of a new decade.

In this issue of the Gazette, Don Hardin and Ben Chu give a rundown of the first meeting of the new Board of Directors of the neighborhood association.

Looking back at the end of 1989, Cindy Lazzari gives a recap of the Christmas lighting competition winners, and Steve Telford tells us about some local interest in Elaine Viets' recent book.

Tricia Heliker describes the area's participation in the upcoming city-wide house tour, and Keely Cook gives a preview of what we can expect at the next Summerfest.

For those regulars of Tower Grove

Park, you can find out about the newest addition to the park in an article by Tom Booth.

Two articles on the Grand Business District will keep you up to date on what's going on there. The first is by Mike and Judy Johnson, and the second by Don Hardin.

In addition, find out about the March membership drive, a potluck dinner, and read about another of our interesting neighbors in our "Resident Profile" column.

-The Editors

Janice Nesser Tom Booth  
Janice Nesser Tom Booth

## The Tower Grove Heights Gazette

Editors: Janice Nesser, Tom Booth  
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Keely Cook, Don Hardin, Judy  
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Kilker, Libby Kriz, Mike Kriz, Cindy  
Lazzari, Paul Lazzari, Steve Telford,  
David Wagner

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Sean Ruprecht-Belt, Mary K. Schroeder,  
Michelle Kerr.

Circulation Coordinators: Keely Cook,  
Cindy Lazzari

The Gazette is a non-profit publication that is published bi-monthly by the Tower Grove Heights Neighborhood Association. For information concerning advertising call Janice 776-5780 or Tom 776-6270.

Your letters and comments are always welcome at the Gazette. Mail them to:

The Gazette/TGHNA  
P.O. Box 63046  
St. Louis, MO 63163

## ON GRAND

In each issue of the Gazette, this column will include information about current events on Grand South Grand and a highlight of one of the businesses.

COMING SOON (perhaps already here by the time we go to press) is the grand opening of Schnucks On Grand (at Cherokee). The largest grocery store in the state of Missouri!

Nine years ago Josef Mroveh, now a South Side resident, came to America from Lebanon. For several years he and his family owned and operated an American-style grocery store on Grand in north St. Louis. He saw the need and sensed the marketability of a Lebanese style market in the St. Louis area. In November of 1989 his vision became a reality with the opening of Mid Eastern Market at 3201 South Grand (at Wyoming). Josef stocks his market with items gathered from wholesale houses in Boston, New Jersey, New York, and Chicago. These wholesalers import directly from Lebanon, and several times a month Josef travels to personally select items to be featured in his market. The Mid Eastern Market specializes in homemade Arabic pastries (15 different kinds), candies, unusual spices, homemade cheese and pita bread. The pre-packaged food that is featured is of the highest quality available. It differs from American style goods in that no chemical preservatives are used. Other unique items offered include: Arabic music cassettes, imported china, hand carved backgammon sets, handwoven scarves, tea pots, and a variety of beautiful handcrafted art objects. Josef's wife and sister-in-law assist in the running of the market, and together with him they share his goal of opening a large scale bakery to supply pita bread and other items to the American grocery chains. The Mid Eastern Market adds to the diversity which defines Grand South grand with its innovative offerings. Operating hours are: Monday through Saturday 8am to 8pm, Sunday 9am to 2pm.

-Don Hardin



# Missouri Botanical Garden

## EVENTS IN 1990:

Climatron Reopening Celebration	March 30 thru April 1
Spring Flower Display	March 10 - April 8
Spring Plant Sale	April 28 and 29
Jazz in June	June 6, 13, 21, 27
Children's Film Fest	July 3, 11, 18, 25
Japanese Festival	August 25 - September 3
Gardens and Parks of the World	October 11 and 24 <i>and</i>
Lecture Series	November 8 and 15
Fall Flower Display	November 3 - 25
Holiday Display	December 8 - January 1, 1990

Call 577-5125 for more detailed calendar.

# BOARD OF DIRECTORS MEETING

The annual meeting of the Tower Grove Heights Board of Directors was held January 29th at 3822 Connecticut. In attendance were: Don Hardin, President; Ben Chu, President-Elect; Dave Difani, Secretary; James Lynn, Treasurer; Susie Guderth, Promotion and Marketing Chairperson; Trish Heliker, Block Captain Chairperson; Lenita Moore, Grand Business District and Tower Grove South Housing Corporation; Janice Nesser, Publications Chairperson; and Alderperson Geraldine Osborn.

This years membership drive was discussed and defined (see article this issue). Goals and 1990 plans were presented by committee chairpeople present. These goals support and expand the Association's goals as outlined in the December 1989 Gazette.

The Block Captain Committee's immediate plans are to help launch the membership drive, starting at the February 18th general meeting and running through March. Goals for this year include: formulating a name, address, and telephone number book, by block, for use by the residents; a "Light Up Tower Grove Heights" campaign; establishment of block safety units to inform

residents of ways to curb crime; becoming more "visible" as block captains; recruiting additional block captains to increase participation; and neighborhood beautification.

The Promotion and Marketing Committee is busy planning Tower Grove Heights' participation in the St. Louis Magazine "Tour of Tours" house tour. Future plans for the year include a concert featuring resident musicians, and an art show in the spring of 1991.

Information concerning the third annual "Tower Grove Heights Baseball Night Out" has been given to the Fundraising Committee. This committee, chaired by Cindy Lazzari, is to be restructured, and will be called the "Fun and Fundraising Committee". Some of the "fun" activities - baseball night out, bowling night out, etc. - could potentially raise fund for the neighborhood; but all would foster a strength of community spirit. Goals of this committee would be to set directives and priorities with the Executive Board. After developing directives, grants could be researched and corporations approached in order to gain funds so that the goals and objectives of the Association can be met.

The Publications Committee expressed its need for additional writers, graphic artists, and expanded advertising so that it can continue its present high level of quality. The committee will be working in conjunction with the "Fun and Fundraising Committee" to raise money at the May 1990 Summerfest on Grand.

The Goal of the Grand Business District is to get at least 5 businesses to become members of the Association.

In the interest of improving communications within the Association, committees have been requested to supply, within 7 to 10 days, minutes of their meetings to the President, for distribution to all the officers.

A discussion of the possible restructuring of the offices and terms of office of the Association officers concluded with the consensus that this will be considered in the future as the Association matures.

The Board agreed to purchase two engraving tools so that our neighborhood can participate in "Operation Ident". The block captains will facilitate the distribution of these tools to any resident that would like to use them.

The next meeting of the Executive Board was set for March 7th with the location to be announced.

-Don Hardin

-Benjamin Chu

## Four Million Dollars Worth of City Homes Sold in 1988!

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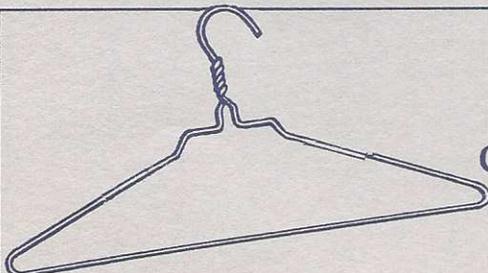
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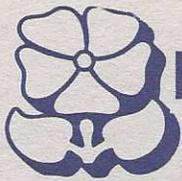
## CLASSIFIEDS

Sears self-propelled power lawnmower, 21", rear grass catcher, 4 years old. \$180. Call 664-5407 (days) or 771-3429 (evenings).

French-lopped bunnies. Just in time for Easter. Call Linda Fick 771-9183.

**BIRTH ANNOUNCEMENT:** Steve and Teresa Telford are proud to announce the arrival of their new daughter, Lindsey Anne, born Thursday, January 25th at 8:19am. Lindsey weighed 7 lbs, 6 oz and was 20.5 inches long. Mother and daughter are doing fine and arrived home on Saturday the 27th, when all hell broke loose.

**CONGRATULATIONS** to Steve and Teresa on the birth of their new daughter  
- THE GAZETTE STAFF.



# PLAYGROUND IN THE PARK

Although its dedication won't be taking place until April 22, a lot of you may have noticed the newest addition to Tower Grove Park. It's a new playground area, situated in the Northeast corner of the park in an area which has not seemed to share in the same amount of activity as the rest of the park. According to Connie Chartier, Recreation and Public Relations Coordinator of Tower Grove Park, it's hoped that the benefits of the playground development will rub off on other parts of the park. "We're hoping that with the addition of the new playground that it will just start a string of positive things happening."

Judging from the number of children that can be seen playing on the equipment every day, it is exceeding expectations.

The idea for the playground development began three years ago, when the Commissioners of Tower Grove Park obtained a grant from the Department of Natural Resources Land and Water Conservation Fund for recreational development in the Stupp Memorial area. It was felt that shuffleboard courts and horse shoe pits would increase public use of that area. The grant was a matching grant, meaning that the money would only be made available if an equal amount was raised by neighborhood organizations and donors.

The neighborhood wasted no time suggesting that there was a greater need for a small playground for younger children, to supplement the main playground in the center of the park. The grant was revised for that purpose, and the search for matching funds began.

Fundraising efforts were spearheaded by the Neighborhood Housing Services of Tower Grove East, led by Ann Auer and Bill Gilbert. Auer says that they were hopeful when they began their search for funds, but found a surprisingly strong response from the area. She said, "All the neighborhoods around gave ... it was a real community effort between neighborhood organizations, financial institutions, businesses and we finally raised the funds.

The fundraisers found that not only were there unexpected economic resources in the area, but there were a lot of professional resources available. The architectural firm of Austin Tao and Associates was contacted to design the playground, and Westminster Builders Ltd. of the Shaw area, installed the playground equipment.

Chartier said the equipment's natural wood construction was selected to blend with the look of its surroundings, and its instructional plan was intended to be much more than just idle play. The equipment was designed to develop children's motor skills and stimulate their imagination.

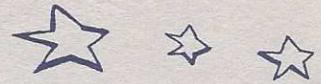
In addition, a number of other features were built into the playground that might not be readily visible. An elaborate drainage system was included in order to eliminate any problem with standing water. Also, the ground cover used, sand and bark, was chosen because of its durability and safety factor.

Chartier says that Tower Grove Park hopes to continue the momentum that the playground development has encouraged. The park hopes to renovate the restroom building located just to the north of the playground; and wants to add some park benches and a new drinking fountain. In addition, the Tower Grove Park reforestation program is expected to recultivate the stock of trees in the park over the next few years.

There were many generous neighborhood donors to the playground fund, but some of the most prominent were: Messiah Lutheran Church and School, Landmark Bank, National Food Stores, Commerce Bank, and Citicorp.

Connie Chartier sums up the development effort this way: "I see the park as being the hub of a wheel, and it takes a lot of spokes to make it turn. And each one of those spokes represents the organizations, the churches, the businesses, the families around the park. And if all those spokes are in place, then guess what, that wheel is going to turn.

- Tom Booth



## SUMMERFEST



The Summerfest Antique Car Show will once again this year be held on Grand South Grand. This year's festivities will occur on Saturday, May 19, from 10am to 3pm. The highlight of the event is the display of antique cars all along Grand South Grand. There will also be music, clowns, food booths (including a wide variety of ethnic food as well as the good old American classics) and a special appearance by Fredbird - which the children especially enjoyed last year. In addition, many businesses and shops will be selling their wares on the sidewalk.

The Tower Grove Heights Neighborhood Association will once again participate in Summerfest activities. A booth will be set up to sell homemade lemonade, as well as TGHNA notecards.

So mark your calendars and plan to join all of your friends and neighbors at this year's Summerfest Antique Car Show.

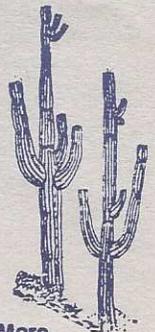
- Keely Cook



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# GRAND HAPPENINGS

Since something is always happening on South Grand, we thought it would be a good idea to update you on a few places we've mentioned, at least in passing, in previous Gazette's.

First an update on two of our new ethnic food emporiums. The Jamaican Market, which had not yet debuted as our December 1989 issue hit the streets, is now open for business. Denise Maxwell, manager of the store, was pleased to guide us through a wide assortment of Jamaican food products, as well as the fresh produce and grocery items. There is even a rack just over the frozen foods stocked with Jamaican recipe cards. From the moment you walk through the door to the soft strains of Island music, you'll enjoy this bright little corner market.

The Mid-Eastern Market is doing well after opening on South Grand in October of last year. The store offers a wide variety of Middle Eastern foods, with an emphasis on Lebanese imports. Josef Mroveh, the owner, told us that he plans to expand his selection of desserts during the next couple of weeks, as well as adding to the grocery items available in

his store. Of course, as we mentioned in a previous Gazette, the Mid-Eastern Market still offers an assortment of cheese, meat, spinach, and thyme pies which are baked fresh daily.

On another front, Botanicals has moved into its new quarters in the Park Building on Grand Avenue, just North of Arsenal. Dan Hill, the proprietor, told us that the added space in his new location will allow him to increase the amount of art and antiques he carries. In addition, the shop will expand its selection of crystal and porcelain items, as well as its cards and paper products. As before, the shop will carry fresh and silk flowers which they will custom arrange for you. Botanicals moved to its new location on the weekend after Valentine's Day.

Late last year, we welcomed Red 4 Hair to its 3208 South Grand location, so you may have been surprised to see a sign touting Sheltons hair salon recently at that address. Just to clear things up, we thought you should know that Shelton's is Red 4 Hair with a new name. You'll still find Dan Shelton and friends there offering the best in haircare and design, only the name has changed!

In other developments on the food front: Mangia Italiano has expanded their lunch buffet to offer even more variety; Tower Grove Creamery is now open Monday - Friday from 2pm to 8pm, Saturday 12 noon to 9pm and Sunday from 2pm to 9pm; and we're gaining a new neighbor this spring, P'sghetti's. Presently operating at 5540 South Lindbergh, they will be opening a second restaurant under the same name at 3171 South Grand sometime early this Spring. As you surmised from their name, P'sghetti's will specialize in assorted pasta dishes and sandwiches. We look forward to seeing them open, and hope to fill you in a little more in future Gazettes.

There is one other recent business addition to our area, Perrone's, a family Italian restaurant. Perrone's is located at 3401 Spring and is open for dinner from 4pm Monday - Saturday and from 2pm on Sunday.

Like we said at the beginning, something is always happening on Grand South Grand, and we'll try to keep you informed as the area grows.

- Judy Johnson  
- Mike Johnson

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**A MESSAGE FROM  
ALDERMAN  
GERALDINE OSBORN**

It appears certain that the Board of Aldermen will pass a bill which commits the City to the proposed new football stadium. This bill received preliminary approval, by a vote of 19 - 8. So, this measure should certainly receive final approval at a subsequent meeting.

I am wholeheartedly in favor of a new stadium. However, I could not responsibly vote for the bill which was rushed through the Board of Aldermen. I believe that the stadium proposal is being handled more honestly and responsibly in St. Louis County. There, the voters are being asked to approve a special hotel tax. This new tax would provide the County's share of the cost of the stadium. The County's risk would be limited to the revenue from this one tax. We, in the City, are asked to believe that our \$180,000,000 share of the cost will not require a tax increase. We are supposed to believe that increased revenue from existing taxes will pay the City's share of the cost. The danger which concerns me is that anticipated increases in revenue may not occur and that the stadium may wind up being paid for by more cuts in essential City services.

The private, for-profit group which is promoting the stadium hired an accounting firm to do a study which would estimate the "net new fiscal benefits" of building the stadium. However, these private promoters refused to share this study with the Board of Aldermen or news media. We are asked to buy the proverbial "pig in a poke". Karen Koman, of the St. Louis Sun, wrote, "This whole business of 'trust us, we know what's good for you' is insulting." It's dangerous too.

Geraldine "Gerry" Osborn

773-8416 (Home)  
622-3287 (Board of Aldermen)

# TOUR OF TOURS

St. Louis Magazine's third annual house tour scheduled for May 5th and 6th will be comprised of approximately 12 homes in Metro St. Louis.

Jan Keller and Jon Davis selected two homes in Tower Grove Heights from a list of five presented to them by the Promotion and Marketing Committee. Those chosen are in the 3600-3700 block of Juniata and the 3800 block of Utah. Opposites in decor, these two homes will serve as an excellent example of how the homes in the neighborhood can accommodate a variety of lifestyles and personal tastes in decorating.

All details for the event will be handled by St. Louis Magazine. The TGHNA will be selling 200 tickets at \$10 in advance (\$12 on tour days). Forty percent of the proceeds from this block of tickets will go to the neighborhood fund, as will a \$250 contribution for our participation. The proceeds from the event will benefit a charitable organization by the Junior League of St. Louis.

An attendance of 2000 - 3000 is expected. For many it will be a first-time visit to Tower Grove Heights. This gives residents an opportunity to create that lasting "first impression." Don't delay tackling those exterior jobs sche-

duled for this Spring. House tours generate an interest in the surrounding neighborhood, as well as the specific homes on the tour. An information center will be located in the garden of 3724 Utah. Neighborhood volunteers will be available to answer questions and give first hand information on life as we love it in Tower Grove Heights.

- Tricia Heliker

## FINANCIAL REPORT

### RECEIPTS DURING 1989

Promotionsn	4,668.00
Gazette Ads	2,186.55
Membership	1,726.00
Miscellaneous	300.00
Interest	<u>83.44</u>
	9,023.99

### DISBURSEMENTS DURING 1989

Promotions	\$4,609.56
Publications	2,253.24
Miscellaneous	622.85
Postage	402.20
Rent	250.00
Tax	151.00
Office Suply.	<u>51.83</u>
	8,340.68

Balance on hand on December 31, 1989:  
\$2,083.92

James Lynn, Treasurer

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# LIGHTING COMPETITION

Monday, December 18 was "warmer" than the previous few days! Several dozen neighbors braved the cold, and falling snow at times, to spread Christmas cheer through Tower Grove Heights in the first annual caroling event. In addition to the caroling that evening, judges were also viewing the light displays on Hartford in the second annual Christmas Light Competition between Tower Grove Heights and Tower Grove/Alfred Place. Resident judges also scoured the fourteen blocks of Tower Grove Height's looking for the "best" Christmas displays.

Those participating in the caroling were not able to cover the entire Tower Grove Height's neighborhood as hoped, but the generosity of all residents was evident in the amount of food (and money) collected for donation to the Five Church Association - 5 large boxes of food items and nearly \$50. Dozens of cookies were also collected and donated to the Grand Oak Hill senior citizen programs.

Many thanks to Patty Boyer, ConServ Officer; Marilyn Ferrario, Kingshighway Library; John Karel, Director of Tower Grove Park; and John Nava, Southwest Bank who braved the cold weather, and gave of their time to judge the competition between TGH/TGP.

Their declaration: Hartford was the overwhelming winner for the second year in a row! Individual recognition was given to 3664 Hartford for their display.

Resident judges were also busy the few days before and on December 18, trying to select several homes to award the honor of having the "best of" displays. Cynthia Bing, Anita Barker, Rich Iezzi, Roger Oyster and Martin Votaw were given this task. Prizes were awarded to the following for their displays, but many, many more homes were mentioned.

Most Lights	3805 Hartford
Best Door Display	3715 Juniata
Best Yard Display	3650 Utah
Best Effect	3821 Wyoming
Best Overall	3822 Connecticut

Honorable mentions were also given to the following:

Most Lights	3874 Arsenal
Door Display	3802 Hartford
Overall	3621 Utah
Best Balcony	3614 Arsenal
Best Cornice	3620 Connecticut

A special thanks to the following businesses for providing prizes for our winners: The Resource, Mangia Italiano, Cafe de Manila, Orpheum Cleaners, Sheltons and Star Video.

- Cindy Lazzari

## REPORT FROM REP. PAT DOUGHERTY

My 1990 legislative agenda includes a number of proposals regarding protection of our environment, humane treatment of animals, and health care.

Passage of a comprehensive solid waste management proposal is a top priority of the Missouri House. My HB 949 was one of the first proposals to be debated by us this year. The purpose of this legislation is regional cooperation and local responsibility to achieve a 40% weight reduction of solid waste by January 1998. This would be done by reducing, recycling and reusing what we put in our landfills. Market development is an important component as well as reducing the amount of household hazardous waste. The bottomline, I believe, is planning for our future solid waste management needs and making our environment a better place for our children and their children.

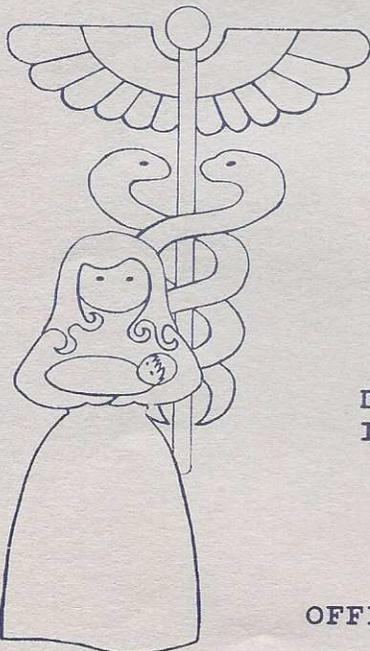
Other environment bills I have sponsored include HB 1600 on fuel efficiency of state-owned vehicles, HB 1435 on energy conservation standards for new buildings, and HB 963 to allow the State to sue for restoration of damaged state natural resources.

Regarding animals, my proposals are HB 947 to make cockfighting illegal and HB 1401 for regulation of animal care providers.

My health related proposals are HB 1071 to require insurance coverage for mammograms and HB 1359 to allow state employees the chance to donate sick leave time to colleagues who have exhausted their sick leave, such as someone undergoing cancer therapy.

State Representative  
Pat Dougherty  
4031 Parker  
772-1948

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# HORTICULTURAL CORNER



Although the last killing frost in the St. Louis area is six weeks away, it isn't too early to prepare for a bountiful growing season. Advance planning is the most essential element of any good garden.

A site plan is primary in developing a functional vegetable garden. How much sun a given area receives is the first consideration. Generally a good vegetable plot should receive, at minimum, 6 - 8 hours of sunlight. Next, how much space and time can be devoted to the garden should be considered. Lastly, special thought must be given to what types of vegetables are to be grown.

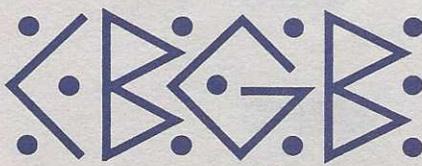
How much sunlight a bed receives is not the only factor in determining the best location for the garden. It is best, but not always practical, to locate the garden as close to the house as possible. This will place the vegetables used closer to the kitchen and will eliminate the need to drag too many lengths of hose from the house. Site selection should also be based on the amount of foot traffic, appearance, drainage and air movement. Air movement will prevent diseases, that thrive in stagnant air, from developing.

The size of the beds will be based on the individual needs of the gardener and specific spacing of what is to be grown. Research gardening books or simply check seed packets to learn the appropriate distance between individual plants and rows. As a rule, beds should be accessible from both sides. If this isn't possible, the bed should be no wider than what can be reached comfortably with a five foot hoe.

After the site plan has been developed, the soil must be amended. Regardless of the type of soil, the most critical factor is that the soil provides good drainage. Good drainage is es-

sential to prevent the soil from retaining water. When water replaces air, roots will suffocate. Plant roots will not develop properly unless the oxygen supply is constant. The addition of organic matter - compost, peat moss or manure - to clay soils will open up pore space and allow for better drainage and good air movement through the soil. Sandy soils are well drained, but dry out quickly. The addition of organic matter to sandy soil helps to retain moisture and nutrients at the root zone. To add an adequate amount of organic matter, a 2 - 3 inch layer should be spread over the soil and incorporated into the upper 4 inches of soil.

Buying seeds vs. transplants is a debate that many gardeners will face. Each method has advantages and disadvantages. Seed are inexpensive relative to the amount of plants that are produced from a single packet of seeds. However, the length of time between planting the seed in the garden and harvest is longer compared to the days to maturity of purchased transplants. Although transplants mature quicker, the cost, particularly for a large garden, might be a limiting factor.



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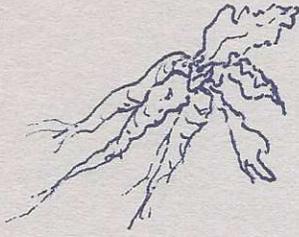
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For ambitious gardeners, growing transplants is a solution to offset the cost of buying transplants. Very hardy vegetables, such as broccoli, cauliflower, lettuce, onions and spinach may be planted indoors now. Celery may be sown by the first week of March. Tender and very tender vegetables like tomatoes, eggplant and peppers should be planted by mid to late March. Seeds should be sown in a medium that is loose, fine and able to hold moisture without becoming soggy. There are many types of containers that can be used to hold soil - from styrofoam cups to old milk containers to plastic plates and preformed peat pots. Whatever container is used, it is important that they be clearly labeled, so seedlings are easily identified.

Adequate lighting is critical in producing thick-stemmed leafy transplants that can withstand the shock of transplanting. A minimum of 6 hours of light is necessary, with most plants benefitting from 12 to 15 hours of light a day. Often lights are necessary to supplement the dim, sporadic sunlight of late winter. A cheap, reliable source of light are florescent light fixtures with two cool white bulbs. These fixtures should be suspended 3 inches above the container and raised as the seedling emerge and elongate. To prevent the seedlings from becoming leggy, maintain a maximum distance, from the plant top, of 6 - 8 inches.

Before being planted outdoors, seedling need to be "hardened-off". This involves allowing slightly more time between waterings. A few days after the watering has been cut back, start placing seedling outside during the warmest part of the day. Begin by leaving the plants outside for an hour or two, and gradually increase the period, until within ten days, they can be left out all day. To prevent possible frost damage, bring them in at night.

Purchased seedlings and those raised in the home may be planted out as soon as

they have been sufficiently hardened-off and weather conditions permit. Most seedlings should be planted at least at their potted depth or up to one inch deeper. Members of the cabbage family should be planted up to the first set of leaves to prevent the stalk from growing crookedly. Tomatoes may be planted 1 - 2 inches deeper than its potted depth. This deep planting will force roots to form along the buried portion of the stem. Once transplants have been planted, they must be watered thoroughly to ensure good contact between the roots and the surrounding soil. Water is crucial during this early state of growth. Be careful to avoid forceful blasts of water that may damage tender seedlings or wash them out of the ground. Water to a depth of 6 - 8 inches to encourage deep rooting and strong growth.

The art of vegetable gardening is quite simple and very rewarding if there is an adequate amount of advance planning. Remember, the best gardens begin not with spade and seed, but with pencil and paper.

Happy gardening!

*Benjamin Chu*

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# NEWS AND NOTES

## MEMBER'S POT LUCK

On January 14, at Stupp Memorial, the Tower Grove Heights Neighborhood Association held its first member's pot luck. Over a hundred members attended this very special event. This was the first, of what we hope to be many, social activities in 1990. Janet Keller and Jon Davis of St. Louis Magazine attended the pot luck to inform members of the Association's participation in the "Tour of Tours" (see article page 6). The Association provided ham and bread for sandwiches and each member brought a salad, side dish or dessert based on the first letter of their last name. The food and conversation were very good and quite diverse and we are looking forward to the next social event in 1990.

## HISTORIAN NEEDED

The Tower Grove Heights Neighborhood Association is looking for a neighborhood historian. The historian would scan various daily publications looking for articles on the Tower Grove Heights Neighborhood Association and on the Tower Grove Heights neighborhood. The historian would keep the official Association scrapbook. If you are interested in the above position, or would like more information contact Ben, 776-5780.

## VIET'S BOOK SIGNING

At a book signing held in the home of Steve and Teresa Telford, Tower Grove Heights resident, Elaine Viets, donated a percentage of the proceeds from the sale of twenty-two copies of her new book, "Viets guide to sex travel and anything else that will sell this book", to the Tower Grove Heights Neighborhood Association. The signing, held shortly before Christmas, was attended by Association members and devoted fans of Elaine's who were delighted to receive an autographed copy of her book. We were all treated to warm and individual conversation with Elaine on an otherwise frigid evening. Those members who were unable to attend or did not receive word of this event may still get an opportunity to meet Elaine and buy copies of her book at the February 18 general meeting. Special thanks to Elaine for her generosity and consideration in spending this time with us on such short notice.

- Steve Telford

## P.O. BOX NUMBER

The Tower Grove Heights Neighborhood Association has moved its post office box from the Ridgeway post office to a more convenient location at Grand and Wyoming. For those of you who wish to write to the Association or to the Gazette, the new address is:

TGHNA  
P.O. Box 63046  
St. Louis, MO 63163

## RESIDENT PROFILE

As a small child, Pat Tentschert, a native South St. Louisian, rode her bike through the Tower Grove heights area and admired the homes here. In Spring 1985, her dream came true. After looking for two years for just the right home, a house on Hartford came on the market and within days, Pat claimed it as her own. Her home is a visual potpourri of art deco and 50's collectibles. Pat is the owner of West End Wax, a record store in the Central West End. She has always been interested in music, a trait she inherited from her parents. She started with an impressive collection of 45's, majored in music in college, and at 19 walked into a music store, asked for a job and got it. She's been in the business ever since. Pat opened West End Wax in 1982. It is one of the city's best known and most eclectic music stores.

Posters are a specialty at the store, and they are imported from all over the world. T-shirts that can be found nowhere else are the norm at West End Wax.

When Pat isn't at the shop, she might be found riding one of her two horses, Smokey and Poopsie. Her love for our neighborhood and the historic, architectural home available in Tower Grove Heights are shared by most of our fellow residents. This common bond is what makes Tower Grove Heights one of the most special places to live in our city.

- Don Hardin

- John Hardin



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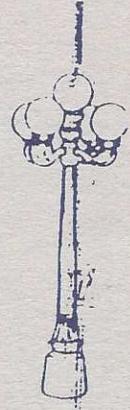
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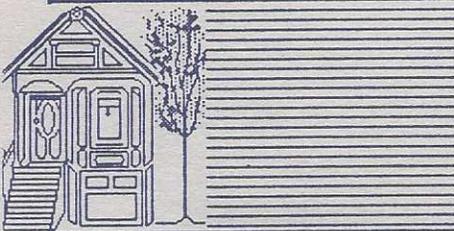
PLUMBING, HARDWARE, WALLCOVERINGS



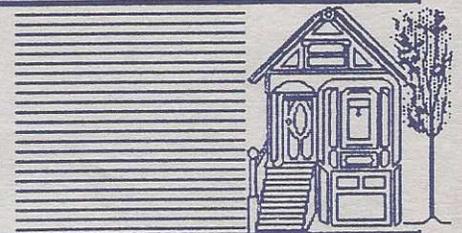
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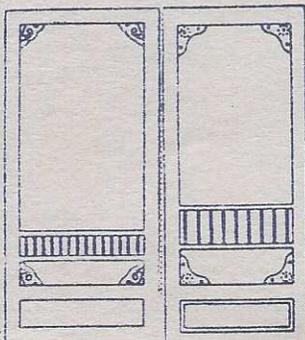
**NEW ARRIVALS**  
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 SOLID OAK DOORS  
 BEVELED GLASS  
 MARVIN WINDOWS



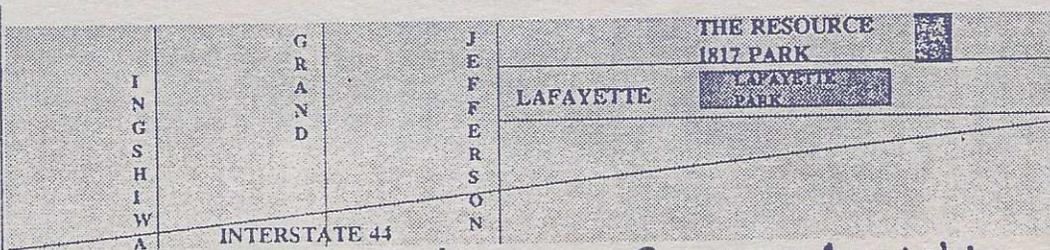
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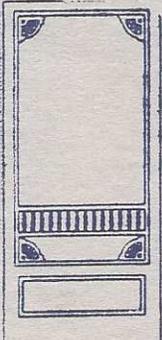


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SAVANAH

## The Tower Grove Heights Neighborhood Association

President: Don Hardin  
President-elect: Benjamin Chu  
Secretary: Dave Difani  
Asst. Secretary:  
Bruce Hinterleitner  
Treasurer: James Lynn

### COMMITTEE CHAIRPEOPLE

Block Captains: Tricia Heliker  
Fund Raising: Cindy Lazzari  
Neighborhood Improvement:  
Needs a chairperson  
Promotion and Marketing:  
Susie Gudermuth  
Publications: Janice Nesser  
Skill and Barter: Needs Chairperson  
Tenant/Buyer Referral:  
Susie Gudermuth

### Block Captains

3600/3700 UTAH  
Committee  
HUMPHREY  
Dana & Jack Winter  
WYOMING  
Betsy & Brian Vanderheyden  
Sally Difani  
CONNECTICUT  
Kay Lynn Firsching  
Ruth Schnurbusch  
JUNIATA  
Leslie Coriell  
HARTFORD  
Libby Kriz  
Becky Staup  
ARSENAL  
Robert & Cynthia Bing  
3800 UTAH  
Susie Gudermuth  
HUMPHREY  
Tricia Heliker  
WYOMING  
Cindy & Paul Lazzari  
CONNECTICUT  
Janice Nesser & Benjamin Chu  
JUNIATA  
Susan Barrington & Martha Cleer  
HARTFORD  
Pat Linebach & Bill Wright  
ARSENAL  
Jean Iezzi



# CALENDAR

## FEBRUARY - MAY

### February

TGHNA membership drive began at general meeting held on February 18.

### February 25 - February 26

Last two days of annual Orchid Display at Missouri Botanical Garden

### February 26

Black Repertory Theatre will present Mirandy and Brother Wind at Carpenter Branch Library at 10am. Play by St. Louis author, Pat McKissack

### February 28

Spring Travelogue film at Carpenter Branch Library on Sweden at 2pm

### March 4

Horticulturist, Joe Matyi, will present a lecture on Victorian Landscaping at 2pm at Stupp Memorial

### March 10 - April 8

Spring Flower Show at Missouri Botanical Garden will feature a woodland cabin surrounded by a landscape of perennials, blooms and wildflowers

### March 30 - April 1

Grand re-opening of the Climatron Climax at Missouri Botanical Garden. Ribbon-cutting ceremonies at 11am on March 30. Animals native to the tropics will be on loan from the St. Louis Zoo for the celebration

### April 16

New session classes begin at South Side YMCA

### April 15

EASTER

### April 22

TGHNA general meeting at 7pm at Stupp Memorial

### April 22

Dedication of new playground in Tower Grove Park

### May 5 - May 6

St. Louis Magazine Tour of Tours. Stops on the tour will include two homes in Tower Grove Heights.

### May 19

Grand South Grand Summerfest and Antique Car Display from 10am to 3pm. TGHNA Gazette will again sponsor a booth

Operation Brightside

### ONGOING EVENTS

Tuesday and Thursday from 9am - noon GED classes are taught at Carpenter Branch Library

Tuesday and Thursday from 10:30am are Pre-School Story Times at Carpenter Branch Library (ages 3 - 5)

### UPCOMING EVENTS

TGHNA Bowling Night Out  
TGHNA Night at the Ballpark  
Dates to be announced soon for these events

- compiled by Cindy Lazzari

The TGHNA Gazette  
P.O. Box 63046  
St. Louis, MO 63163