

# Tower Grove Heights Gazette

Volume 17, No. 4

Grand to Gustine

Arsenal to Utah Place

Fall 2006



## Help a Family in Need This Holiday Season

By Ellen Wilson

For the third year in a row the Tower Grove Heights Neighborhood Association is joining the **100 Neediest Cases** to help two St. Louis City families have a wonderful holiday. You can help by contributing a gift or

monetary donation to one or both of the families.

Helping is easy!! Either donate a new unwrapped gift that fits one of the family members or themed baskets or donate cash (or check – made out to TGHNA) which will be used to buy

gifts and help our adopted families pay for utilities. Drop your donations at the drop point and we take care of the rest. All gifts will be wrapped and distributed to the families.

See page 14 for gift ideas for the families' members.

**Continued on p. 14**

## Holiday Gift Ideas Close to Home

By Lisa Roggeman

Are you the type of person who, when the holidays approach, suddenly goes into a panic and starts making lists of who to buy for, what they'd like, and where to get it from? Do you give gifts you'd like to receive

yourself? Do you spot one cool item and buy it for everyone else? Do you give gift cards, money, lottery tickets, scratch cards?

Keep your shopping local this year. Everything you need can be found right here in the neighborhood. I spent some time pounding the pavements in the Tower Grove Heights area, and here are a couple of ideas for you.

**digs:** Rod Nelson, the manager, would be more than happy to help you pick out something for any member of your family or anyone you know. He has a little bit of everything in his store. He has some great notebooks made from recycled paper, bicycle tires and brake linings – you have to see them! digs is just bursting at the seams with fun and interesting goodies. Rod guarantees that the items in his store are unlike anything you'll find in a mall. Items move quickly so if you see something you like, chances are it won't be there when you go back. Make sure you keep an eye on his store window as he has some great holiday decorations coming up. 3189

S. Grand.

### The Vintage Haberdashery:

What a cool place for all your vintage clothing! You can buy, sell or rent clothing there. There is a huge array of wonderful clothing for those alter-

**Continued on p. 6**



Tim Ford, an employee at digs on S. Grand, holds an African mask. digs offers an eclectic selection of home decor.

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Founding Editor: Janice Nesser  
Editing Team: Doug & Carrie Samsel  
Business Manager: Gary Kushinsky  
Contributing Writers: Patrick Bost,  
Alison Bruns, Kathryn Heitzenroeder,  
Rich Iezzi, Gary Kushinsky, John  
Papa, Lisa Roggeman, Carrie Samsel,  
Amanda Stibel, Ellen Wilson, Rachel  
Witt

Photography: Mychael Wozniak, Ellen  
Wilson, Richard Seifert

Proofreaders: Tom Reitenbach, Joe  
Thele, Becca Belz, Sara Langan

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[gazette-newbiz@towergroveheights.com](mailto:gazette-newbiz@towergroveheights.com).

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them to: The Gazette/TGHNA, 3735  
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TGHNA General Meetings are  
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# Grand Habitat: Highlights for the Historic Home

By Patrick Bost

Looking for turn-of-the-century prints or vintage furniture to inhabit your historic home? South Grand Business District is now a destination for those looking to decorate in a fashion that complements the historic beauty of their home.

Lee Quinby's Grand Habitat at 3206 S. Grand Blvd. offers a large and constantly changing selection of vintage furniture, prints and collectibles at moderate prices specifically chosen for the neighborhood's housing stock of historic and vintage homes. An expert on turn-of-the-century prints, Lee Quinby has put together a shop that features walls dominated by a huge variety of prints plus other collectibles. You'll find furniture from the late 1800's to 1940's, estate jewelry, fine jewelry, native American jewelry, coins, books, kitchen collectibles, lighting fixtures and more to suit a plethora of decorating tastes.

When you visit Grand Habitat you will see a 1930's Rococo style settee acquired from its original owner featured with other period pieces, or stunning fine jewelry showcased



among their vintage predecessors. If you don't see what you're looking for, Quinby has probably seen it at the various markets he shops. He also operates out of area antique malls to accommodate his extensive collec-

tions so he may even have it. Quinby is always available to consult at his S. Grand location. Grand Habitat is open daily from 11:00 am, except closed on Tuesdays.



*Dental Cabinet for sale at Grand Habitat.*

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# Tanner B's Food & Spirits

By Alison Bruns

Fox Park neighborhood hosts one location of a great St. Louis restaurant: Tanner B's Food & Spirits. Tanner B's is located at the intersection of Shenandoah and Nebraska, and the other location is downtown on Pine Street.

Tanner B's offers daily lunch specials from 11 am until 3 pm, Monday through Saturday. These specials also include a "You Pick Two" selection of salad, soup or a sandwich. Tanner B's offers a Happy Hour special from 4:30-6:30 pm, where patrons can

enjoy half price appetizers and discount drinks. Additionally, Tanner B's offers daily drink specials on Monday through Thursday.

The Fox Park location of Tanner B's has a late night menu of some food selections Monday through Saturday until 1 am. Tanner B's has a large wine list, specialty martinis and a variety of after-dinner drinks.

The menu includes soups and salads, appetizers, sandwiches, entrees, sides and desserts. A children's menu is also offered.

For more information, check out Tanner B's website at [tannerbs.com](http://tannerbs.com).

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## JEFFERSON

## Gift Ideas, from p. 1

native or funky dressers. Vintage jewelry is coming in for the holiday season, as are hats, scarves, and boas. This is a new store that opened in October, so be sure to check it out for great gift ideas. Gift certificates are also available. *3181 Morgan Ford Rd.*

**Avon/Fuller Brush/Watkins Store:** Fuller Brush has a great holiday offer on cleaning slippers! A great stocking stuffer for a woman to give her man – slippers that clean and dust floors. All you have to do is get him to wear them and walk around the house! Watkins has great gift basket ideas, and Avon has some wonderful holiday specials including clothing, jewelry, make up and skin products. Gifts for everyone are available at this store at very affordable prices. *3179 S. Grand.*

**Dunaway Books:** On November 25<sup>th</sup> Dunaway Books, in conjunction with KDHX, will be hosting South Side Rocks Off. They will be selling t-shirts and wrist bands, and the benefits will go to KDHX. There will be up to 20 bands on promotion, too. Use this opportunity to pick up a couple of books for that special person in your life. *3111 S. Grand.* [www.dunawaybooks@sbcglobal.net](http://www.dunawaybooks@sbcglobal.net)

**T.F.A. (The Future Antiques):** This is a great store for taking a trip down memory lane. They have made some alterations to the store, and there is more room to check stuff out. They are having a 20% clearance sale on some items, so that is a great incentive to find that special something for that special person. There is a vast array of clothing, scarves, hats and great gifts for all your holiday occasions. *2201 S. Grand.*

**Cheap Trx:** They have some fun goodies for the holiday season. Their fabulous staff are more than happy to help you with ideas for funky friend gifts or Secret Santa gifts, such as Henna tat-



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toos, incense sticks, candles, scarves, purses, jewelry, cards, toys, books and some great Egyptian goodies – wonderful stocking stuffers! Prices start from around \$10. Gift cards are available for anything in the store, including tattoos and piercings. How about a “Cardinals Rock” tattoo? For the more daring, there is the basement section for adults only where you could get some gift ideas for

your partner. *3211 S. Grand.* [www.cheaptrx.com](http://www.cheaptrx.com)

**On the Grid:** Check out their selection of CD's, videos, and DVD's. *3207 S. Grand.*

Who needs a super store? We have everything we need in order to find holiday gifts right here on our very own doorstep!

# Rehabbing With Rich: *Cinderella Story*

By Rich Iezzi

About 25 years ago I was working late on our Hartford house when I noticed an unusual glow coming from across the street. Looking out a front window, I saw what I thought was the Linebach house (our houses still have names) engulfed in fire. However, the house across the street only framed the conflagration streaming from the rear of 3815 Juniata. The burning residence spiraled down from there until Dave Kenyon and his Habitata Company recently purchased the property.

When I went to 3815 Juniata to meet Dave, I actually backed down the front steps to look at the house again. Could this be the house that had been painted blue years ago, then dirty yellow after the fire? I was even more confused when I peeked inside to see the gracefully curving second floor oak railing and balusters crowning an original golden oak paneled staircase. This couldn't be the same house, could it?

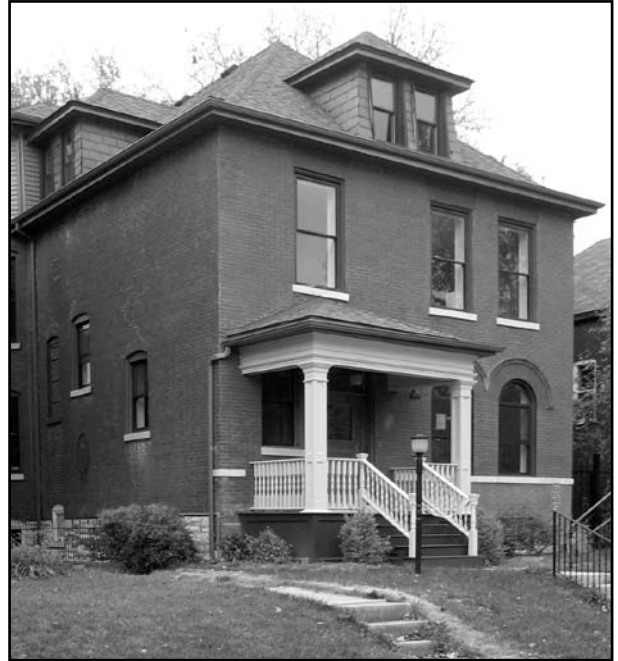
Dave Kenyon is anything but a typical rehabber. After sitting in an office for 20 years, he wanted to take a break from being a lawyer. Dave's lawyer friends thought he was a bit blue-collar to be a white-collar worker, and his wife observed that he never complained when he had a hammer in his hands, so rehab was a good match. Refreshingly enthusiastic, Dave is all about breathing life into old houses. He rehabbed a duplex and his own home in the Parkview area near Washington University before ramping up to the enormity of the Juniata project. He told me 3815 Juniata attracted him because, "that's the kind of house we do." Long-time residents say the property was a crack house, brothel (!), and even housed someone currently in prison for murder. But you'd never know that now.

Dave enjoys changing the future of these old houses, but he also respects their past. I loved that he retained the original hot water radia-

tors and put so much effort into the new oak front door, main staircase and period light fixtures.

The house is large and sits on an unusually wide lot, but I felt most of the surprises were on the third floor. The front portion of this level is large and well laid out, but the back section seems to go on forever. There's an enormous open area that features a full bathroom with a Jacuzzi, walk-in closet, and sparkling replacement windows. The entire space has eight-foot ceilings, sans the knee walls that curse most of our third floors. I liked Dave's idea of using this entire 1000 sq. ft. area as a master bedroom suite.

Sure, the house looks nice now, but we weren't around when the rear sleeping porch collapsed during removal, the third floor roof rafters were discovered to be only  $\frac{3}{4}$ " thick from the fire or the foundation needed



support piers. Dave laughs about missing his deadline (it was last year some time) and coming in under budget, but seems to enjoy the give and take of running the project. He's looking forward to holding the house open for the neighbors in a few weeks, and I'm sure with a hammer in his hand and a house full of adoring friends, Dave will be a happy man.



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# Nowhere I'd Rather Be: Life in South St. Louis

By Amanda Crowell Stiebel

Every fall when the air turns chillier and the leaves start to fall, I pull on one of the sweaters I've been looking forward to all summer, poke on the hat that makes my son, Cai, look like a mischievous elf, and hit the town. St. Louis seems to get larger in the fall, at least for mothers with small children. All of the older kids are back in school, so the old favorites—the zoo, the science center, and the City Museum—are much less crowded and much more fun for the less assertive little people. There are also the St. Louis fall traditions that make childhood worth it.

This fall I finally made it to the Balloon Glow in Forest Park. After thirty years of glimpsing the colorful balloons from the vantage of the highway, I decided it was time to pull out the mommy motive. I packed up Cai and a picnic, and headed for the park. Of course, I was unprepared for the crowds. Even though we had to park what seemed like miles and miles away, everyone in the swarm to the pavilion was polite and friendly. The two dozen or so glowing silk candles rising from the grass as the sun went down made the walk absolutely worthwhile. My son kept shouting, "Pink! Bunny! Sky! Fire!" as we watched the Energizer Bunny inflate only twenty feet away. Needless to say, our picnic was forgotten, and we stayed much past our bedtimes. Next year, though, I think we'll park in Dogtown and walk over...

Then our play date buddies, who happen to be the editor of this esteemed Gazette and her son Kearen, went with us to Eckerts in Millstadt. We were able to enter for free, and picked juicy red apples and pumpkins—though neither toddler could even lift his pumpkin—and then we hit the play area. With life-sized tractors to climb on, mini-golf to play, and a huge sandbox to bury themselves in, our two little monkeys could have

stayed for days.

The best of fall so far, though, was the Tower Grove Farmers' Market Harvest Festival. Not only was it close enough that we could walk, but it was full of yummy food and friendly neighbors. The first thing that happened was that Cai bounced out of his stroller to grab a pumpkin from

a booth...and fell and skinned his hand. One of the workers at the booth found a wipe for him, while we bought a pumpkin to make him feel better. That sort of kindness keeps me in this neighborhood! We were amazed at the wonderful vendor turnout as well as the beautiful weather.

**Continued on p. 17**



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## Resident Profile: *From Tinsel Town to Tower Grove*

By Ellen Wilson

Trey Alsup and Marcy Peek moved to the Tower Grove Heights neighborhood at the beginning of the summer for a one-year job appointment, but hope to stay longer.

Marcy, originally from Knoxville, TN, went to Yale University then on to Harvard Law School. She started her law career by clerking for a federal appellate judge in Arizona before working at a law firm in New York. Becoming a law professor was her ultimate goal, and she is currently an assistant professor at Whittier Law School in Costa Mesa, California on a one-year visiting position at St. Louis University Law School.

Trey, called that because he is "the third," was born in Dallas and therefore was "afflicted" with being a Cowboys and Longhorns fan. Although he does not have a noticeable accent, he says it comes out when



he goes back to Texas and gets a few drinks in him. After completing an MFA at the University of Southern California School of Cinema-Television, he worked as an *Avid* editor for promos, commercials, and television shows in Los Angeles. Trey also writes screenplays and has several projects that he is working on now that he is here in St. Louis.

Marcy's legal prose seems to counter Trey's ability to put all important information into a 30 second commercial spot, but they seem to have found a way to communicate. Trey and

Marcy met through an Internet dating service. But things got off to a slow start when the one person who caught Trey's eye provided the least amount of personal information. Given that Marcy's area of legal expertise is information privacy, Trey had to pry her real first name out of her as well as obtain a few basic details from Google. He then read her Law Review articles so he could "up his game" and try to impress her. But Marcy was reluctant and even cancelled their first date twice. Trey's persistence paid off and now, three years later, they are engaged.

Marcy and Trey are thrilled to be in Saint Louis, and specifically at SLU. They initially looked at houses in University City, and even put an offer on a house there, but backed out when the inspection report revealed severe foundation and sewage prob-

Continued on p.11

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#### Resident Profile, cont'd from p. 10

lems. This turned out to be fortuitous because they then found out about Tower Grove Heights from several SLU professors who live in the neighborhood. They eventually found a house in the 3600 block of Juniata and are happy with their choice. Marcy has a short and easy commute to SLU each day, and Trey, who works from home, has easy access to the Hartford Coffee Company where he often takes his computer and writes. He also likes being able to walk to various places for lunch, to the bookstore, or the Farmer's Market on Saturdays. Although Marcy and Trey have tried most of the restaurants on Grand, they are often found getting the number 28 at Mekong (Veggie Tofu soup) or wings at the Tin Can on Morganford on Sundays. They also love the Urban for wine and drinks with friends.

We welcome them to the neighborhood, and hope they get the opportunity to stay.

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Sat. Aug. 19 - Gingko Biloba  
Fri., Aug. 25 - Farshid Etniko  
Sat. Aug. 26 - Flamenco Guitarist  
Liam Christy

*Mon- Sat.: 2:00 p.m. - 1:30 a.m.*  
*Sundays: 5:00 p.m. - 12:00 a.m.*



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email: [info@towergrovechurch.org](mailto:info@towergrovechurch.org)

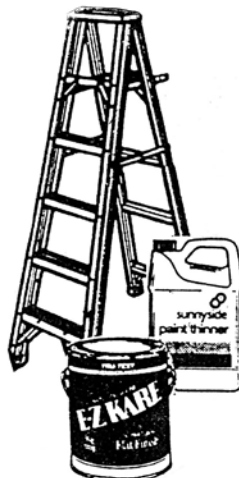
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	sun.: 5p-9p

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Happy Hour 4p-6p

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# Here's How to Help a Needy Family This Season

*Continued from page 1*

## Pick one (or more) to buy for:

### Family 1: Single disabled Father

**Father, (43)** XXL Shirts

**Son, (11)** Remote controlled cars/trucks; games; clothes: 12 Shirt and pants, M Coat

**Son, (8)** Batman/Spiderman; cars/trucks, clothes: 12 Shirt, 10 Pants, M Coat, 2 ½ shoe

**Son, (6)** Yugi-oh; racing cars; games; clothes: 10 Shirt, 7 Pants, M Coat, 1 shoe

**Special Requests:** food gift certificates; personal care items; clothes; bath towels; undergarments; utility payments.

### Family 2: Single Mother working part-time to stay in their apartment.

**Mother, (36),** Dress clothes and shoes for work; earrings; 5 Top, pants and coat; 7 shoe

**Daughter, (12)** CD Player; jewelry; clothes: 14 Top, pants, and coat; 6 ½ shoe

**Daughter, (4),** Dora/Barbie dolls;

art activities; clothes: 5 Top, pants, 6 coat; 6 shoe

**Son, (1)** learning games; clothes: 1 yr shirt, pants; 10 mo. coat; 2 shoe

**Special Requests:** Linens (twin, queen, crib); winter clothes; undergarments; utility payments; food gift certificates.

## Both families need the following:

**Health Care Basket** – Consider: personal hygiene products, home cleaning supplies...

**Holiday Food Basket** – Consider: fruit, holiday meals, a frozen turkey...

**Entertainment Basket** – Consider: lightly used videos/DVDs, age appropriate books...

**Cash** - for gifts or utility bills which are paid directly by 100 Neediest Cases (checks to TGH-NA)

Donations of gift wrapping materials (holiday paper, ribbon, tape, name tags) are needed as well. If you are interested in helping to wrap, contact Ellen.

## Due Date for Donations:

December 15

**Wrapping Party:** December 16 at 10:00 a.m. at Ellen's house

**Drop Point and Contact:** Ellen Wilson, 3617 Juniata St., 314-771-1732



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# South Grand Happenings

By Rachel Witt

Mark **November 25, 2006** on your calendar for a night of St. Louis culture--**Southside Rocks Off 2**, presented by South Grand Community Improvement District and Band With Collective. From 7:00 p.m. to 1:00 a.m. on S. Grand Blvd. seventeen participating businesses will have live music, artwork, film, buskers, and so much more!

Southside Rocks Off 2 is a benefit "*show of shows*" in support of our community radio station 88.1 FM KDHX St. Louis. The fundraiser is also to promote an up and coming nonprofit organization called Band With Collective that will represent local artists and musicians finding new and creative ways to promote St. Louis culture.

Wristbands can be purchased for \$10 that will get you deals on food, drinks and all sorts of other things at participating venues. Though you don't need a wristband to enter the venues, all proceeds from the wristbands will be donated to KDHX. Forty bands are playing for free to help keep community radio on the air. To find out more about the event check out the website at [www.southsiderocksoff.com](http://www.southsiderocksoff.com).

## December 2: South Grand Cookie Crawl

South Grand is the perfect place to start your holiday shopping! Special events include pictures with Santa and the Grinch, cookies at participating stores and restaurants, and an old fashioned holiday window decorating contest!

## Parking meters are not just paid by coins anymore!

South Grand Community Improvement District and Jennifer Florida, 15<sup>th</sup> Ward Alderwoman, requested to pilot a meter program from the Treasurer's office. The meter devices will be implemented on South Grand from November 1<sup>st</sup> to February 28<sup>th</sup>. After a month of implementation

a survey will be distributed to the businesses for customers to comment on the meters. The devices have the capability to accept Master Card or Visa credit cards and debit cards, as well as coins. The minimum charge for credit or debit cards is \$1 for the maximum of two hours.

The parking meters' hours have not changed. The devices will operate from 8 a.m. to 7 p.m. Monday through Friday and 8 a.m. to 4 p.m. Saturdays. The rate is the same, 50 cents an hour, with a maximum of two hours.

The city is only paying a small

software license fee during the experiment. The study is paid for by the vendors.



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# Autumn Fest Reaches New Heights



By Kathryn Heitzenroeder

It was a beautiful autumn evening. The trees had begun to change colors, the air was crisp and the neighbors were out. This year's Autumn Fest was met with enthusiasm from those who attended.

The October event began at 3710 Utah Place where there was wine tasting, Hors d'Oeuvres and people mingling. The guests enjoyed a horse drawn carriage ride through the neighborhood, where they sampled desserts at The Shop, and met with a showcase of local artists at the northwest corner of Spring and Connecticut.

While there were many residents from Tower Grove Heights, it was nice to see people come into the city from the county and enjoy our beautiful setting. According to Kelly Keller, a friend of a local resident, "It was a great opportunity to meet people in the neighborhood, and what a great atmosphere to do it in. It isn't often that someone opens up their home to complete strangers. They allowed musicians to play in their living room, people to drink in the kitchen, and eat and hang out in the back yard. That is hospitality!"

While it took hard work and dedication from the Autumn Fest committee, it wouldn't have been possible without the generous support of local businesses. Many thanks for all of the donations, and we ask that you continue to patronize the businesses that support our neighborhood.

We are always looking for more volunteers and would love to have



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your help next year with the event. For more information of volunteer opportunities, please contact Kathryn Heitzenroeder at [Fundraising@tower-groveheights.com](mailto:Fundraising@tower-groveheights.com).



# The Power of Breath

By Kathryn Heitzenroeder

Yoga is not just stretching and chanting. A large part of a yoga practice is learning to breathe. While many of us take our breath for granted, breath work is a powerful tool.

A breath practice is called Pranayama which translates to: The power behind and within the breath. It is the releasing and channeling of the body's internal energy which is meant to nurture the level of bodily health and mental clarity. There are several techniques associated with this work. Each is designed to control the breath and open the mind.

One common practice is Ujjayi pranayama or "the victorious breath." This breath is done by narrowing the throat using the piece of cartilage at the top of your voice box called the epiglottis. In doing so, the breath makes an ocean sound. As you listen to the sound, you can smooth out the inhalations and the exhalations. This practice is done on its own as meditation, or throughout the yoga practice with the asanas.

Kapalabhati is a cleansing breath designed to clear the sinuses and energy channels. It enriches the bloodstream, improves circulation, and strengthens digestion. During this exercise, the inhalation and exhalation take place very quickly through the nose. In fact, the exhalation happens as a result of many quick and vigorous contractions of the abdomen. Repeating this breath for 30-40 times will create mind control, cleanse the aura, and add relief of asthma, allergies and sinus symptoms.

Another common breath practice is opposite nostril breathing (Nadi Sodhana). This breath works to balance the energies on both sides of the body. It is done by closing off one nostril, and taking a full inhalation through the other, then closing

the other nostril and exhaling through the opposite side. Not only does this practice aid in digestion and enrich the blood flow, but it balances and calms the mind.

These are just a few of many Pranayama exercises. All of the techniques provide immediate and

direct benefits, and, long term, offer steadiness, depth and patience. Finding a comfortable position to start and keeping faith that the breath will become steady is all you need to begin a pranayama practice. Take a moment to experiment with the breath and calm your body and mind. Peace!


# Yoga

with Kathryn

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**Kathryn Heitzenroeder 314.773.3578 / 314.413.7711**  
**kheitzenroeder@yahoo.com**

## Mom's Night Out Starting December 7

By Carrie Samsel

Need a break? Adult conversation? Would you like to meet some other mothers in our neighborhood? Several of us mothers have decided to meet at Erato's the first Thursday of the month at 7:30 p.m. for a Mom's Night Out. Please come, have a glass of wine, cup of coffee, or a luscious dessert, and relax and chat with us. If you have any questions, you can email me at [cesamsel@charter.net](mailto:cesamsel@charter.net). Hope to see you there!

### Life..., continued from p. 8

I thought Cai was content with a cookie in his stroller while I looked at funky handmaid purses until I looked around to find him dragging a Cai-sized carved giraffe my way! I looked across the way to see the owner of an African crafts stall staring at him with wide eyes, and I led him—and the giraffe—back to her booth. We didn't need a three foot tall giraffe, so I had him pick out a six inch giraffe, which made him perfectly happy (especially

since it was easier to carry!). We came home with lots of goodies, and I'm looking forward to the market's spring opening!

I find myself looking wistfully at the red leaves and wishing this season could go on forever here. Then again, toddlers and snowballs are something to look forward to—and we have a wonderful giraffe named Melman to keep us company during the long, cold nights.

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# TOWER GROVE HEIGHTS

## NEIGHBORHOOD ASSOCIATION CONTACT LIST

Monthly meetings 7:15 PM on 4th Tuesday (except December), First Church of Divine Science, 3617 Wyoming Street

President: John Papa  
 Secretary: Diane Hurwitz  
 Treasurer: Jan Clinite  
 Asst. Secretary/Membership: Pauline Ashton  
 NSO: Hiring (Diane Rains, Interim)

### ***Committee Chairs***

Block Representatives: Tom Reitenbach  
 Fundraising: Kathryn Heitzenroeder  
 Gazette: Carrie Samsel  
 Promotion: Suzanne Golemb  
 Webmaster: Brian Marston  
[www.towergroveheights.com](http://www.towergroveheights.com)

### ***Block Representatives***

**3600/3700 Arsenal:** Recruiting!  
**3800 Arsenal:** Recruiting!  
**3600/3700 Hartford:** Mark Abbott/ Sherri Craven  
**3800 Hartford:** Rich Iezzi  
**3600/3700 Juniata:** Lynne Casey  
**3800 Juniata:** Tom Reitenbach & Kim Cole  
**3600/3700 Connecticut:** Jodie Heliker  
**3800 Connecticut:** Virlene Reichert  
**3600/3700 Wyoming:** Gen Obata  
**3800 Wyoming:** Theresa Mithen  
**3600/3700 Humphrey:** Recruiting!  
**3800 Humphrey:** Erin L. O'Reilly/ Georgiana Grant  
**3600/3700 Utah Place:** Christy Andrews/ Susie Gudermuth  
**3800 Utah Place:** Pat Edwards/ Jim McClaren

## A Letter From Our President

There are many tried and true ways to meet your neighbors. Going door to door and passing out gift certificates for White Castle hamburgers. Reaching over a backyard fence to "borrow" a ripe tomato. Let me offer another—becoming an officer in the Tower Grove Heights Neighborhood Association! True, such service may not be as ingratiating or exciting as the other two, but you would quickly learn how rewarding it can be. As President (a position that is available) you are cloaked with the mantel of authority,

immediately empowered to conduct the monthly meetings and encourage the expression of unfettered discussion.

On occasion neighbors you otherwise may never meet contact you for direction and advice about who can help solve a problem, answer a question or do something positive in the neighborhood. You will enhance your understanding of how government and government agencies (police, fire, sanitation, etc.) work. You become another source of information for the

hundreds of people who call Tower Grove Heights home. You will find that to be very rewarding. It does not take much experience—the last two Presidents lived in the neighborhood less than two years before being elected. It just takes a few hours each month and the desire to be a part of a vibrant area of the city that has much to offer and a heritage to preserve.

Elections for 2007 will be held at the next regular meeting of the Association on Tuesday, November 28, 2006, at 7:15 p.m., First Divine Science Church, 3617 Wyoming Avenue. Call me (865-2545) or any other officer with questions. We will be serving desserts once the business is completed.

John T. Papa

President, Tower Grove Heights  
 Neighborhood Association



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**Have you renewed your membership!** Membership runs **one** calendar year *JANUARY TO JANUARY*, unless you are a 'life' member. The TGHNA is the one thing that best illustrates the Heights' commitment to community. It is the place where we come together.

- *To find out what is happening in the neighborhood*
- *To make the Heights a cleaner and safer place*
- *To have a liaison with City Hall and other agencies*
- *To make the neighborhood a more interesting and fun place to live*
- *To better protect our property values*

However the Tower Grove Heights Neighborhood Association can only be YOUR association if you join. We need your participation if TGHNA is going to be a reflection of what YOU want the Heights to become. So please don't delay in joining or rejoining. **Tower Grove Heights NEEDS YOU!**

Please indicate your membership level choice:

- ☐ Individual (1 vote) \$10/year      ☐ Household (2 votes) \$15/year  
☐ Lifetime (1 vote) \$100 single payment  
☐ Business (1 vote) \$25 /year (entitles member to a 10% discount on TGHNA Gazette Ads for one year)

Please **PRINT**:

Name (s) \_\_\_\_\_ Address \_\_\_\_\_  
 Phone \_\_\_\_\_ Email \_\_\_\_\_

☐ Yes ☐ No Include my name, address and contact information in the TGHNA Buzz Book

☐ Yes ☐ No Please add my email address to the Neighborhood Forum Email notification list

Return this form and tax deductible gift to your block representative or send to: *Tower Grove Heights Neighborhood Association, 3735 Connecticut, Saint Louis, MO 63116*

(TGHNA is a tax exempt 501c3 organization)

*"The life  
of a man consists  
not in seeing visions  
and in dreaming  
dreams, but in active  
charity and in willing  
service."*

**Henry Wadsworth  
Longfellow**

Please remember the Tower Grove Heights Neighborhood Association when you are making donations this year. 100% of your donation to TGHNA is tax deductible and the money will be used to improve the neighborhood. If you would like to donate, send a check made out to "TGHNA" to Tower Grove Heights Neighborhood Association, 3735 Connecticut St., St. Louis, MO, 63116.



## Clip & Save Events Reminder

**Nov. 26 Southside Rocks Off 2**  
7 p.m. - 1 a.m. South Grand. See p. 15 for more info.

**Dec. 2 South Grand Cookie Crawl**  
See p. 15 for more info.

**Dec. 7 Mom's Night Out:** Erato Wine Bar 7:30 see p. 19 for more info.

**Dec. 12 St. Louis Symphony Chamber Concert Series**  
Holiday music featuring The Tones with members of the St. Louis Symphony Trombone Section; Piper

Palm House; Doors open at 6:30 p.m.; 7:00 FREE.

Space is limited and no reservations will be taken. Seating is on a first come, first serve basis.

**Jan. 4 Mom's Night Out:** Erato Wine Bar 7:30 p.m.

**Feb. 4 Friends of Tower Grove Park Lecture Series:** Professor Carlos Schwantes of UM-St. Louis will speak on "St. Louis, Chicago and the Quest for the West in the Era of Henry Shaw."; Stupp Center, 3 P.M. FREE. For info call: 771-4424

**February 13 St. Louis Symphony Chamber Concert Series;** Piper Palm House; Doors open at 6:30 p.m.; 7:00 FREE. Space is limited and no reservations will be taken. Seating is on a first come, first serve basis.

### Neighborhood Association Meetings

**Tuesdays:**  
**November 21**  
**January 23**  
**February 27**

**7:15 p.m.**  
**First Church of Divine Science**  
**3617 Wyoming**  
**Everyone is welcome!**