

Tower Grove Heights Gazette



Volume 4, Number 2

October 26, 1991

*****ELECTION OF OFFICERS*****

It's time for the election of a new set of officers for the Tower Grove Heights Neighborhood Association. The voting will take place at the Association meeting, Sunday, November 17.

The nominating committee has submitted its list of candidates for the open positions. The candidate for President-elect is Becky Staup, secretary is Michelle Kerr, treasurer is James Lynn, and Jodie Heliker is the candidate for the assistant (membership) secretary.

Susie Gudermuth automatically becomes president this year after serving as president-elect last year. The candidates were presented to the general membership at the September meeting, and the members had an opportunity to ask questions. In addition, members had a chance to nominate other candidates at the meeting. No other nominations were made.

Becky Staup wants to continue the successful activities and projects the Association is doing currently. Her main points of interest are encouraging cooperation and

coordination both within the Association and with other community organizations. She hopes by enlisting all of the people in the neighborhood, we can continue to promote the neighborhood and keep it a high-quality place to live. Becky has just finished a year as a block captain on Hartford.

Michelle Kerr plans to contribute to the Association by doing the unglamorous but very important job of secretary. Remember, if the secretary doesn't write it down, nothing actually happens at a meeting. Michelle has been doing layout of the Gazette for several years.

Jim Lynn will continue his excellent job of keeping the financial records which he has been doing for the last two years for the Association.

Jodie Heliker hopes to continue keeping the membership rolls accurate and to try to maintain the growth in the number of members. She has been active by helping with the block captain organization for the last year.

The vote will take place at the November general meeting. Additional candidates can be nominated from the floor at that meeting. A candidate must be present at the meeting and have been a member for the past year to be eligible for office.

All members who have been dues-paying members since September 17 or before are eligible to vote. You will need to show your membership card to receive a ballot so be sure to remember to bring it to the meeting. If you cannot attend the meeting but would like to vote, see your block captain about having your vote submitted by proxy.

Remember, this is one of your better opportunities to affect the way your neighborhood association is run. Be sure to come to the meeting and vote. And if you are not a member, this would be a great opportunity to pay your membership dues so that you are sure to be eligible to vote at next year's election.

Mike Kriz

FROM THE EDITORS

Autumn has come and now is almost gone with 85 degrees one day, 55 the next, and a chance for a blizzard or hurricane thrown in as well - you know, the usual for St. Louis. If you're a lucky Tower Grove Heights resident, you've been able to take advantage of our good fall weather and do those final outside chores to your house and yard. If you're luckier still, all your rehabbing's done and your house cleaning's finished so you can enjoy a fall foliage tour in the Ozarks. Those of us who still have lots to accomplish on the home front can at least fit in a mini-tour of foliage at Tower Grove Park and Missouri Botanical Garden. And anyone can enjoy this latest issue of the Gazette where you'll get all the information about what's happening in our neighborhood. Don Hardin shows us what's in at CustomWorks golf store on Grand. Mike Kriz clues us in on the candidates for

election at the November meeting. Anita Barker profiles resident Felicia Foland who is a bassoonist with the St. Louis Symphony. Ben Chu tells us how to plant trees. While David Wagner aims us toward good health and presents tips on how to get a good night's sleep. Ruthie Schnurbusch alerts readers to environmental perils and protections, as she continues her article from August. Renovator Steve Telford warns about water damage. Margie Meyer welcomes new Tower Grove Heighters to our neighborhood and reports on Market Fare. Jay Rosloff guides us in an architectural exploration of the area. Jodie Heliker remembers the visit of the Heights' team to an evening of baseball at Busch Stadium. We'll hear about the Members' Potluck from Tom Booth and the Police Public Relations meeting from Elizabeth Braznell. Elizabeth also lets us

know just how much fun the Connecticut block party was. Rich Iezzi gives an update on Wyoming, and we all are working to better that area. Jan Nesser will help everyone plan our Holiday in the Heights with information about the celebration for 1991. And she'll detail the final tidings on the Heights banners. All this and more - there's even a Thumb's Up Award and calendar! So take a few minutes off from your autumn chores. Grab a cup of steaming coffee or tea (decaf and herbal, of course!) and warm up with the news from your neighborhood.

Mary K. Schroeder

Mary Schroeder
Assistant Editor

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The Gazette is a non-profit publication that is published bi-monthly by the Tower Grove Heights Neighborhood Association. For information concerning advertising call Elizabeth at 773-1773. Your letters and comments are always welcome at the Gazette. Mail them to:

The Gazette/TGHNA

P.O. Box 63046

St. Louis MO 63163

ON GRAND

The King and I restaurant is now open at its new location at the corner of Juniata and Grand.

By the way, did you know that Star Video made the Riverfront Times' list of the top three places in the City to rent videos?

For several years Gary Blase crafted custom made golf clubs as a sideline. In late June of this year he decided to expand and open a shop offering this unique service. The excellent market potential of the City seemed the most advantageous of many locations considered, and the South Grand area seemed the most logical of these. Thus, GolfWorks Custom Clubs became a reality at 2306 South Grand (near the intersection of Grand and Shenandoah).

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Don Hardin

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Enjoy the Victorian splendor of Tower Grove House decorated for the holidays! Candlelight tours will be hosted on Tuesday, December 3 from 4:30 to 7:30 p.m. \$6 per person, includes refreshments in the tea room. Call 577-5150 for reservations.

The Garden will be closed on Christmas Day. All other days, regular admission to the Garden is \$2 for visitors aged 13-64, \$1 for adults 65 and older, and free for children 12 and younger. Garden members are admitted free. Admission is free to everyone Wednesdays and Saturdays until noon.

THIRD DISTRICT PUBLIC AFFAIRS MEETING

Third District Police Captain Everett Page fielded comments, questions, and criticisms from concerned and angry citizens at the Third District Public Affairs Meeting September 12. Many neighborhood groups were represented, and all were worried about the increased criminal and juvenile activity they see about them.

Captain Page offered pointers for getting more prompt response from swamped police dispatchers, such as: give detailed information with accurate addresses; get your neighbors to call as well—the more calls received on an incident, the more likely the police are to respond; if you feel you don't get appropriate response, call back and ask to speak to the watch captain.

We are all aware of the number of shootings in St. Louis. Captain Page explained that with that type of activity going on, it is sometimes impossible to send an officer when a caller reports vandalism or gang activity going on. "But the squeaky

wheel gets the grease," he said. "If we receive five, six, or seven calls on that incident, we are more likely to respond."

Third District public relations officer Terry Shoemaker introduced two members of the Third District Police Explorers unit of the Boy Scouts. These Scouts, between the ages of 14 and 21, learn about police procedures and assist the police in various functions. They participate in week-end competitions against other Police Explorer units, testing their skills in a variety of activities. Police officers serve as post advisors. Anyone interested in this program may call Officer Shoemaker at 444-0100.

The Third District Public Affairs Meetings are held the second Thursday of every month in various locations. The next one will be November 14, 7:30 p.m., at Trinity Lutheran Church, 1805 South Eighth Street. Those from Tower Grove Heights who attended the meeting feel it is a strong

vehicle for conveying our concerns to the police. We urge every resident of Tower Grove Heights to attend the meetings, speak out, and get on the mailing list.

WYOMING UPDATE

The 3800 block of Wyoming is getting a lot of attention lately. It has been targeted by the Tower Grove Heights Neighborhood for improvements which will help keep the block on the right track. Block Captains Pete and Linda Fick, Tom and Nancy Dietz and Jim and Laura Stadler have begun to organize clean-ups and porch light use to show that things are happening on the block. "Bulbsavers" were installed as part of the porch light program to encourage residents to light up their block every night. A meeting was scheduled for owners on October 15 to hear their concerns and offer any help our organizations can provide.

In addition, block captains can be seen strolling the street talking with residents one on one. They want to communicate that something is being done to bring the block up to its full potential. Phone lists have been distributed consisting of a chain of residents who are poised to call police and/or the owner of problem properties when trouble occurs. Residents throughout Tower Grove Heights have also volunteered to call on problem properties. Pete Fick has produced a handout which identifies neighborhood house numbers for more accurate police reports.

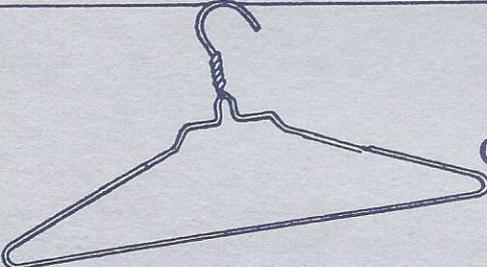
The Block Captains and concerned residents will try to work the troublesome owners and tenants but are prepared to get tough if that's what it takes to keep their street safe. All involved feel that they deserve a clean quiet street and decent considerate neighbors.

Rich Iezzi

CLASSIFIEDS Classifieds are open to all Tower Grove Heights residents. Cost is \$1.25 for each of the first two lines, and 50 cents for every line thereafter. To place a Classified Ad, call Elizabeth at 773-1773.

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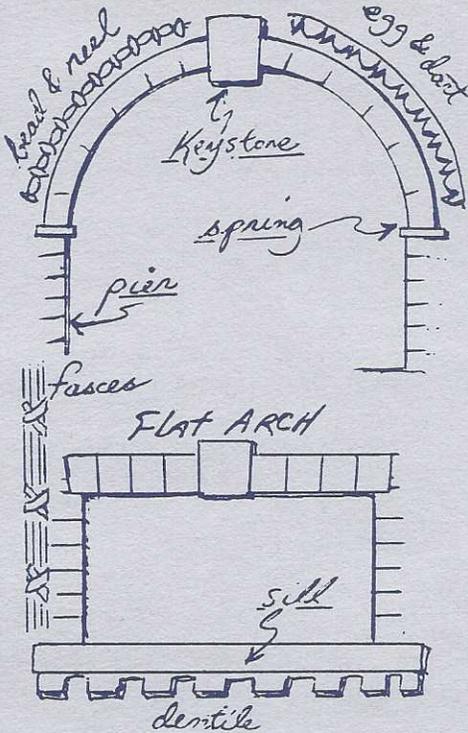
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LOOK AT WHAT'S HAPPENED

WINDOW DRESSING



So, local tourists, did any of you take my advice and look for examples of ancient architecture in the neighborhood? If not, there's still time to don pith helmets, binoculars, and sensible shoes and walk our streets in search of the perfect column. While you are out there you can also look for the common fascas, dentiles, bead and reel mouldings, egg and dart decorations, and the oxymoronically-named flat arch.

Windows have been around almost as long as walls. However, to cut this rather useful hole in a load-bearing wall you have to make provision for carrying the weight of the building above. A flat-topped window (or door) is usually capped with a lintel. This is a strong beam - most commonly of wood, stone, or concrete - that extends past the window and transfers the weight to the bricks beneath its ends. Lintels, although a simple construction, have an unfortunate tendency to either sag in the center or crack from the strain. About three thousand years ago, some Near Eastern genius found that an arch will also support a great deal of weight, and do a better job of it to boot by shifting the stress off to the sides rather than just downward.

A good, self-supporting arch will be made of wedge-shaped components with a central keystone. The pressure of the material above will actually compress the arch and make it stronger and more stable. The Romans, learning their techniques from the Etruscans, believed the half-round, or barrel, arch was the strongest and built immense structures out of brick, concrete, or stone that remain sound to this day. (Just a small digression about the Etruscans, if you will allow. The short, smooth columns with Doric capitals you commonly see around here were their trademark. These are therefore called "Tuscan" columns. Does anyone know if the contractors who built much of Tower

Grove Heights were Italian masons from Tuscany?)

A sneaky architectural trick used to preserve the flat-topped window but still transfer the weight off to the sides is the flat arch. In this neighborhood you'll see these most often above the small basement windows in the front of the building. The gimmick that makes the arrangement work is again the use of wedge-shaped components.

Regardless of the window's shape, it looks better with a decorative moulding around it. The fascas (bundles) is a Roman motif. It represents a bundle of sticks tied together for strength (Old story: A father had several sons who constantly fought with each other. One day he told each to come to him with a single stick. Each stick was easily broken, but the entire bundle was stronger than anyone. Get the message? This is the origin of the term "Fascist," a proud symbolism found in American architecture and coinage until Mussolini introduced some rather negative connotations.) The dentile (tooth), bead and reel, and egg and dart moulding are all ancient Greek motifs, and are, as far as I know, merely elegant.

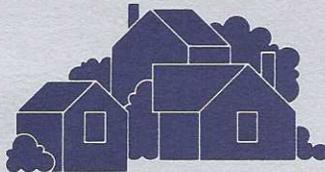
Jay Rosloff

A TOAST! 🍷🍷🍷🍷🍷🍷

Congratulations to Sally and Dave Difani for making the TOP TEN in "The Best Neighborhood Bar" category in a poll conducted by the Riverfront Times!

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♣♣*♣*Holiday in the Heights*♣*♣*♣*

For most of us the holidays seem a little far away; not so for the Tower Grove Heights Neighborhood Association. Plans are well underway for this year's "Holiday in the Heights" activities-and they promise to be more spectacular than last years.

Holiday in the Heights is an annual celebration of the holidays, the neighborhood and city living sponsored by the Tower Grove Heights Neighborhood Association. The activities will take place on Sunday, December 15 from 2 p.m.-8 p.m.

To kick off this year's celebration an interfaith concert is being planned. The concert will take place at the First Decine Science Church at 3617 Wyoming and will feature area musicians and choirs performing a variety of holiday music. The Hospitality House Tour will again be a major feature. The tour will begin immediately following the concert. Tickets for the concert and house tour are available from your block captains for a donation of \$5. This donation will help to defray the costs of the event.

All the regular fun neighborhood activities from last year will also take place again. There will be a neighborhood lighting competition, as well as a friendly lighting competition between Tower Grove Heights and Tower Grove Place. 36-3700 and 3800 blocks of Connecticut will represent TGHNA in the friendly competition, but the entire neighborhood is invited to 'show their stuff' in the neighborhood competition. There will be caroling throughout the neighborhood. The

carolers will be collecting canned goods for the Five Church Association Food Pantry. Last year we collected over 600 canned goods for the food pantry. And of course, Santa will be on the scene handing out gifts and candy to the children.

Neighborhood residents are encouraged to participate in the days activities by attending the concert and house tour, turning on their porchlights for the carolers, decorating their houses for the competition and turning out for the Big Sing on the corner of Connecticut and Spring. Traditional Holiday luminaria are being distributed free by the neighborhood association to any resident who would like to place them out that evening. Contact your block captain to receive your luminaria.

A committee has been formed to coordinate all the activities. If you would like to help out on the committee or if you are interested in caroling contact Jan at 776-5780. More information will be forthcoming from your block captains in the weeks ahead.

OFFICE PAPER RECYCLING

If you're interested in recycling office paper, a free booklet explains why recycling makes sense, how to get your own program started, and other ideas. For a copy, write National Office Paper Recycling Project, U.S. Conference of Mayors, 1620 I Street NW, 4th Floor, Washington, D.C. 20006. Ask for the "Office Paper Recycling Guide."

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MAYOR SCHOEMEHL WRITES ABOUT CRIME

The local media have placed a great deal of emphasis on the recent crime statistics and murders. They have not, however, provided the necessary background information to put these statistics in perspective.

Even more dismaying is this dependence on crime statistics; as if they are an indicator of a city's health and safety, which simply is not true. The running box score of murders to date in the Post-dispatch is a prime example.

It is important to point out that the latest national crime statistics, as reported in the August 1991 FBI Uniform Crime Reports, do not send an accurate message concerning St. Louis and its level of security. Yes, our city is seeing an increase in homicide rates this year; the same sort of increase that many other metropolitan areas saw in 1989 and 1990. Homicide rates in those cities have leveled off and St. Louis is expected to experience the same trend.

It is also important to understand that the statistics reported in the FBI Uniform Crime Reports do not reflect a true picture of the level of safety in St. Louis or any city. For example, there is always a great deal of attention placed on homicides. Yet, the homicide rate has very little to do with the overall safety of a city. Why? ...because most homicides occur as the result of an escalating argument between people who know one another. Random, stranger-on-stranger (sic) violence is rare.

Scott Decker, chairperson and professor of the Department of Criminology and

Criminal Justice at the University of Missouri - St. Louis, explained that boundaries for cities and municipalities also affect the way crime statistics are gathered.

"The rankings miss the point on two crucial grounds. The first is that when we look at a particular city, the central city, in some areas... as is the case in St. Louis, or we're looking at a greater metropolitan area. It's not the fact that you're number one, number five or number nine on the list; the fact remains that this (crime) is a serious problem for most cities in America," said Decker.

The FBI Uniform Crime Reports also do St. Louis a grave disservice by using a rate system; the number of homicides per 100,000 population. St. Louis, with a population of 396,685 (based on city/county boundaries) often ranks very high while other metropolitan areas (with no boundaries) have their crimes spread out over a much larger population which results in a lower crime statistic ranking.

As Scott Decker stated, the fact remains

that crime is a serious problem no matter what the statistics. That is why, in 1990, the city cooperated with people from St. Louis' academic, law enforcement and social service communities to study homicides and homicide patterns. The effort, known as the St. Louis Homicide Project: Local Response to a National Problem, is involved in a community-wide strategic planning effort that is being coordinated by William Kuehling, the director of the Department of Public Safety for the City of St. Louis. With continued help from area residents, community leaders and law enforcement officials (specifically the St. Louis Metropolitan Police Dept.'s community policing efforts), we will be victorious in our fight against crime.

I ask that you continue your diligent work to improve the neighborhoods in our city. By working with local officials and one another, we can create a brighter and stronger future for the City of St. Louis. Please feel free to contact William Kuehling at 663-3391 for additional information.



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Urban Reforestation

The need to reforest our cities is becoming more apparent as the results of new research become available. Current conclusions indicate that as urban development encroaches on forested areas, expanding the amount of paved surface, air becomes dryer and temperatures begin to rise—now almost 5 degrees F higher than they were in the early 1900s. The loss of the urban tree canopy has created an urban heat island with temperatures 5-9 degrees higher than suburban and rural areas. As temperatures rise, the energy demand for cooling also increases. It is estimated that 5% to 10% of the current urban electric demand is spent cooling buildings. The Lawrence Berkeley Laboratory has evaluated the effect trees have on the urban heat island. Their results show that properly placed trees saved 53% of the annual electricity used for cooling a model community.

Research has determined precisely where trees should be planted in order to maximize energy savings. In the United States shade trees should be planted to the west

or east of the house, where a great deal of shade is created in the summer (when the midday sun passes from high in the east to high in the west) and a small amount of shade in the winter (when midday sun comes from lower in the south).

Because of the difference in angle of incoming sunlight, trees planted on the south side of a home provide little shade in summer and considerable shade in winter, preventing 20% to 55% of solar heat from entering a home. If a southern location is the only possible site, homeowners can plant high-crowned trees closer to the home and prune off lower branches. This will maximize the summer shading while creating winter shade towards the roof rather than over windows.

Some consideration in choosing an appropriate shade tree are adaptability, ease of maintenance and aesthetic appeal. Other factors for energy efficiency are canopy density, rate of growth, and the ultimate size and form of the tree. Select trees that have a broad spreading form, like ash, Chinese elms and oaks, which will create a wide area of shade on the home.

Energy savings from trees also can be realized during the winter months. In the United States, four times as much energy is spent to heat homes as is spent to cool

them. Planting trees, particularly conifers, to form a windbreak has proven effective in reducing winter wind speeds, thereby reducing the amount of cold air that enters homes and allowing greater warming of the house by the sun. A properly placed windbreak can reduce wind speeds by 85% and can save 15% to 20% of energy used for heating.

An effective wind break should be planted on the west or north sides of the home so that its dense canopy can block the prevailing winter winds. If possible, windbreaks should be planted within 50 feet of the east and west sides. On the north, trees should be planted as close to the home as possible to make the most efficient wind break.

Some factors to consider when selecting a conifer for a windbreak are rate of growth, density of the tree at maturity, the amount of space available, and the degree of maintenance. White and Colorado spruce are slow growing and remain dense. On small lots, hemlocks create an adequate windbreak and are easily pruned.

Although trees have an important effect on lowering temperatures and reducing overall energy usage, they also make a significant impact on humidity, air quality, erosion protection, community noise levels and human health. Trees can reduce air pollution by lowering air temperatures—major contributing factor to the formation of smog. Trees can cleanse and cool the air by transforming carbon dioxide to oxygen through photosynthesis. A tree's foliage can absorb chemicals such as nitrogen oxide, airborne ammonia and some sulfur dioxide and ozone.

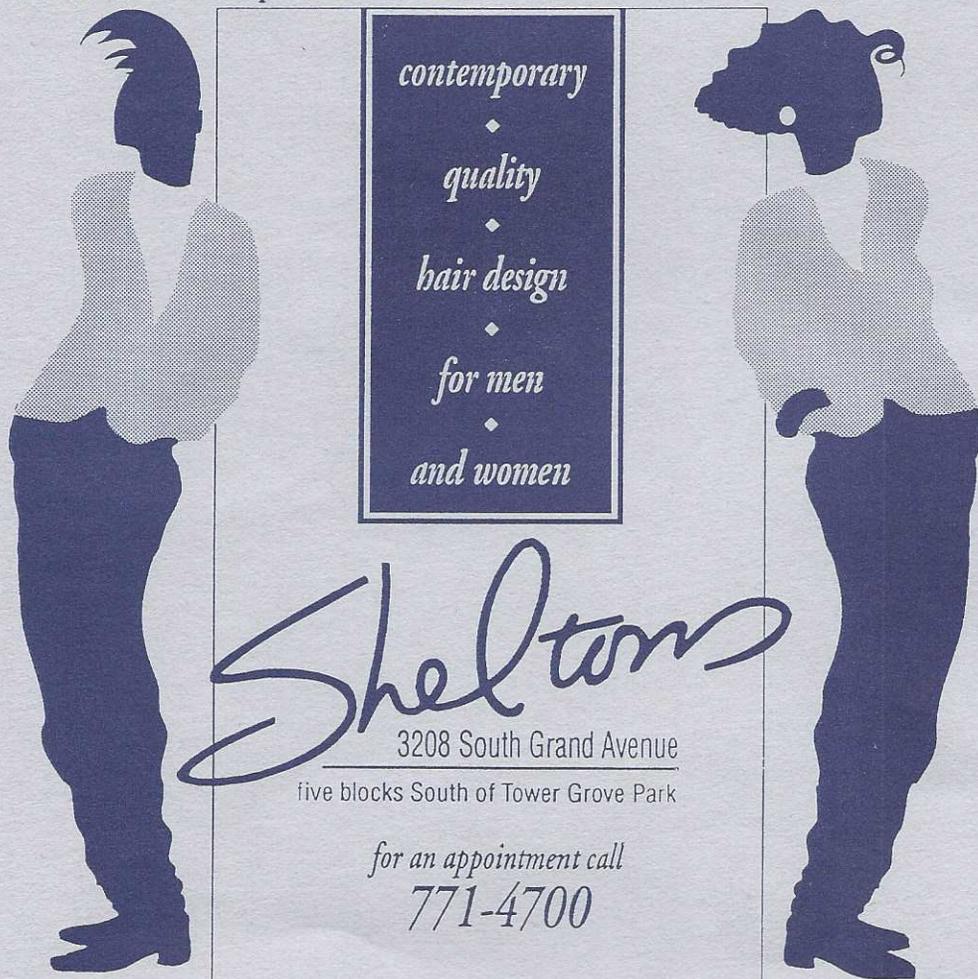
Trees are invaluable in reducing runoff and soil erosion during heavy rainfalls by deflecting raindrops, which allows for a greater percentage to penetrate the soil. Tree roots reduce soil erosion by slowing the rate of water flow.

The urban tree has social as well as environmental impact. In some urban settings, community tree planting projects enhance the sense of community pride and better understanding among neighbors.

Considering all these benefits, for ourselves and future generations, it is apparent that we must begin to fill the 60-75 million street tree spaces currently available nationwide. Research has found that 90-100 million trees must be planted annually over the next 10 years to maintain the nation's urban forest.

So grab a shovel and for everyone's sake—PLANT A TREE NOW!

Benjamin Chu is the Curator of the Japanese Garden and a Superintendent at the Missouri Botanical Garden.



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**A MESSAGE FROM
ALDERMAN
GERALDINE OSBORN**

A law passed by the Missouri State Legislature prohibits the dumping of yard waste in Missouri landfills after January 1, 1992. Illinois already has a similar law. This means that the City has to develop and implement a program to collect and dispose of grass cuttings and leaves separately from other refuse.

A portion of the Tower Grove Heights neighborhood is included in the area selected for a special pilot project to test the feasibility of collecting yard waste separately. The pilot area is bounded by Grand, Arsenal, Morganford, and Juniata. Every third dumpster within this area has been painted green. These green dumpsters are supposed to be used for yard waste only. The green dumpsters and the regular dumpsters are both being emptied twice a week. Besides using the green dumpsters for yard waste, residents of the pilot area have been asked to leave their grass clippings on their lawns or compost their grass clippings and leaves in order to reduce the volume of yard waste which has to be collected.

The success of this pilot project depends on the voluntary cooperation of the residents of the area. I certainly hope that everyone will "pitch in" and help to make the project a success. Similar pilot projects are being conducted in the Carondelet area and the Fairgrounds Park area.

Obviously, the City administration will have to act quickly to establish a City wide procedure for handling yard waste if we are going to comply with the State law by January 1. However, even if there were no State law, it would still make sense to stop mixing yard waste with other refuse. Our landfills are filling up and becoming scarcer. The dump fees which the City has to pay are increasing. By composting our grass cuttings and leaves, we can reduce the volume of the City's refuse and thus reduce the City's dump fee expenses. Hopefully, the money that is saved will be used to provide other needed City services.

Geraldine (Gerry) Osborn
Home: 773-8416
Board of Aldermen: 622-3287

**ENVIRONMENTAL
ALERT**

Just a few notes for fall... Pedro's Planet now has a store on Big Bend in Webster Groves. Don't forget to buy recycled paper products for the school year! And don't forget that Murray's Print Shop, that prints our Gazette, prints on recycled paper cheaper than the competitors. Shaw's Garden has fall lectures and classes on ecology, perennials and The Tropical Rain Forest.

Check out the Carpenter branch library for books and tapes on ecological subjects; Missouri Conservation Department tapes are free to rent. Also at the library, on the front desk, are those consumer booklets that tell you where to send away for free brochures. They have many good environmental topics, including a pamphlet on composting. This is especially important because as of January 1, we can no longer put yard waste in the dumpsters.

A final tip: if you insist on using weed killer, DON'T use it close to the boundaries of your yard. Because it's a liquid, it

may migrate into your neighbors' plants. Rain will wash heavy doses into other yards, too. Heavy doses will kill some wild flowers and vines or stunt existing flowering plants. Dog urine will stunt plant growth too, so don't let your dogs urinate on someone else's flowers.

I'm giving you all of these suggestions because I will be taking a sabbatical until Christmas. I started a new teaching job this fall and, rather than have a nervous breakdown, I decided to take a break from the Gazette. Keep up with your environmental reading, because there will be a quiz when I come back in February!

Recyclin' Ruthie Schnurbusch

**IMPORTANT
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REPORT FROM REP. PAT DOUGHERTY

On Nov. 5, you will be asked to vote on one of the most comprehensive educational funding and reform packages ever put before the voters. I urge you to carefully consider this package and its impact on our state.

In the first year, it is estimated to bring in about \$385 million, to be divided as follows:

Higher Education Trust Account:	
Mo. Student Grant Pgm	\$21.0 mil.
Incentives	11.5
Mission Reform	105.0
Community Colleges	21.0
Competitive Research	11.0
Schlrshp. & Mnrtly. Remnt.	4.9
U of Mo Extension	1.0
Building & Equip. Maint.	13.0
Competitive Schools Trust Account: (Elementary & Secondary Education)	
Equity in Ed. (new frmula)	150.0
Parents as Teachers	5.7
At-Risk Youth Programs	7.9
Vocational Education	5.7

Parents as Partners	1.1
Reduced Class Size	15.2
Excellence in Education	4.1 J
Job Dev. & Trng. Trust:	5.1

A few of the items contained in the package:

Higher Education—The Coordinating Board for Higher Education must develop a state-wide master plan for the whole system and each University must redefine its mission. —Student financial aid. Over three years, student grants would increase to a maximum of \$3,000. —More scholarships for disadvantaged and minority students. —More focus on improving student skills in writing, speech and foreign language.

Elementary and Secondary —A new distribution formula (foundation formula). Until a new formula is adopted, about 79% of the money dedicated to elementary and secondary education will be put in trust. —At-risk children. Increased focus and funding on developmentally delayed 3-4 year olds, teacher assistants and guidance counselors, skills assessment, tutoring,

parental involvement, extended child day care programs. —Parents As Teachers. Increased funding for parent education programs to improve learning in homes of at-risk kids, and screening of children under 5. —Excellence in Education Programs. Incentives for districts and teachers for innovative teaching, on-going professional teacher development programs and other teaching improvement programs. —Reduce Class Size. Special funds to reduce class sizes from kindergarten through second grade. —Longer School Year. Minimum school year of 177 days with the first year's foundation formula money. In later years, for each \$50 million increase in the formula or \$20 million increase in the minimum guarantee part of the formula, one day will be added to the school year. In years after the 177 day school year, the opening date for school shall not be earlier than September 1 except for those districts which have year-round school, an agriculture exemption, or who have a year of 180 days.

Some of the reform programs in this package are as follows: School Choice. If room is available within a district, parents would be able to choose the school their child will attend.

Individual School Report Cards. Each school would report on its own test scores, graduation rates, and student/teacher ratios. **Guaranteed Diplomas or Graduation Tests.** Schools could require students to take a graduation test or they could "guarantee" their diplomas by picking up the cost of remedial education for any student that an employer determines is lacking in certain basic skills. **Alternative Teacher Certification.** People who are college graduates, such as those in business, etc., but who do not have teacher certification could be allowed to teach if they pick up certain teaching courses after they start to teach. **FUNDING:** All of this would be paid for as follows:

1. **Corporate Income Tax Changes:** This will change to 5% of taxable incomes below \$100,000 and 6.5% for taxable incomes of over \$100,000.

2. **Individual Income Tax Changes:** a) Increase the Missouri Dependency (child) deduction up to \$800 from \$400.

b) Cap the Missouri Federal Income Tax Deduction and Other Federal Tax Deduction at \$7,500 per taxpayer.

c) Limit itemized deduction allowed for payment of federal self-employment tax on state income tax returns to the extent the tax is included in adjusted gross income.

All in all, this measure may be able to make important strides in helping our

Continued on p. 12

Welcome Back Maureen!

and Congratulations to you and Joe on the birth of your daughter.

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NEWS AND NOTES ***

★WELCOME TO THE NEIGHBORHOOD

We would like to welcome recent newcomers to the neighborhood: Susan Garner and her children Mathew (11), Christine (8), Jonathan (6) at 3849 Wyoming. Peggy Davis and Teresa Davis (owner of Futon Express on Grand) at 3627 Humphrey. Jim and Laura Stadelman at 3876 Wyoming. Tess Nobless at 3872 Connecticut. Theresa Eversole and Wanda Eversole and her children Terry Jo (7), and Dustin (4) at 3808A Connecticut. Michele Eversole and Fern May at 3808 Connecticut. If you have recently moved to Tower Grove Heights or have not yet received your Welcome Bag, please call me, Margie Meyer, at 776-8388. If my recorder answers, be sure to leave your name, phone number, and address.

★SOCIAL AT THE BLACK THORN

In the previous Gazette, an invitation was extended to all residents of Tower Grove Heights to meet at the Black Thorn for a couple of hours of socializing. Some of us do indeed love to socialize! Over forty adults came with some of us making it a family event. It was a great way to spend some time and to catch up on neighborhood news. One

family even went home with a new kitten! Everyone had a wonderful time and agreed that we should do this again. Look for more information in the February issue of your Gazette.

★MARKET FARE

Thank you! To those who ordered from Market Fare last month. We had 18 orders and the Neighborhood Association made \$85. Just think what would happen if each of us took the time to order! The Gazette goes to over a thousand residents--WOW! Instant success! It's just the boost the Association could use to accomplish some of the goals it has set.

Will you take the time to order today? You will be glad you did because the food is excellent, conveniently packaged and competitively priced.

If we each order even a little, the Association and our neighborhood benefit a lot. It's simple to do! Phone in your order today. Pick it up at the Divine Science Church on Wyoming on the date indicated on the order form.

Thank you so much. Continuing this service is dependent on neighborhood participation. Your support is necessary!

★GOLD-MINE TOUR

Great News! Tower Grove Heights was involved in a tour of two family flats held Sunday, October 20th. Shaw, Tower Grove East, Fox Park and Tower Grove Heights teamed up to show prospective buyers that

owner-occupied two-family flats are where it's at. All realtors and owners selling two-family flats in our neighborhood were asked to hold open their properties to show what Tower Grove Heights had to offer. This tour was initiated because all the neighborhoods involved felt that their two-family flats were undiscovered gold mines and priced right for conversions. Hopefully we will recognize some new owners in the next Gazette as a result of this tour.

Rich Iezzi

3800 CONNECTICUT BLOCK PARTY

A pinata for the kids, lots of good food, bike decorating, family portraits drawn on the street in chalk, and good conversation with neighbors were the order of the day on September 21 as 3800 Connecticut celebrated fall with its annual block party. The street was closed to traffic while residents feasted on pot-luck goodies and entered contests to win jars of candy and gourmet coffee. Attendance prizes of tee shirts, Halloween wind socks and Cardinals baseball tickets were won by those lucky enough to find an X on the bottom of their paper plates. Our block party has become a much anticipated fall activity, and we salute those who worked so hard to make it possible. We're already looking forward to next year! *Elizabeth Braznell*

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RESIDENT PROFILES ★★

St. Louis Symphony goers are already aware of Felicia Foland, the native St. Louisan from Kirkwood who became the orchestra's new second bassoonist this season. What many may not know is that she is also a new resident in our very own Tower Grove Heights.

Felicia and her housemate, Kati Guerra (also a professional musician) have lived in their house on Humphrey since July. As a newcomer to the neighborhood, Felicia was eager to share her reasons for deciding to live here.

"Before moving back to St. Louis a year ago," said Felicia, "we had lived in Chicago for six years. We got used to living in a very progressive and ethnically and financially mixed environment." It was these qualities especially that Felicia and Kati kept in mind as they considered different neighborhoods in the area.

"We were attracted to the neighborhood by the people who already lived here (such

as fellow symphony player Roger Oyster and his wife, Becky Staup) and by the good experiences we had with the former owners of our house (Dana and Jack Winter) as well as the house itself," she said.

"But we also really liked the feel of the neighborhood the first time we drove in it," she added. "We were impressed by the signs of ethnic and commercial growth and of an active community of residents."

Felicia also enjoys her new proximity to the park and the Botanical Garden, of which she is a member. And, of course, it is hard to beat the convenience of her ten-minute commute to work at Powell Hall—a bonus considering the demands of her job.

As a symphony player, Felicia is called on to work day- and nighttime hours. Most days in a given week, Felicia will put in hours of practice at home alone in addition to days of rehearsal with the orchestra, including double-rehearsal days, record-

ing sessions, and days of rehearsals combined with concerts.

On top of actual playing hours, Felicia must also devote time every couple of weeks to making her instrument's mouth reeds—mouthpieces formed by two flat pieces of bamboo that she has to whittle and shape to the proper thinness. This is part of the "territory" of playing the large wood instrument since the supply of reeds must be replenished frequently. A reed will usually last for just three weeks after it has been broken in.

In her free time, Felicia likes to read about art, antiques and architecture, take house tours and drives in the country, especially through Missouri's wine country. She likes to travel as often as she can and, for the last ten years, she has participated every summer in the Peter Britt Music Festival in Jacksonville, Oregon.

They have also followed through on their personal convictions that living in the city requires getting involved. Having lived here only a few months, Felicia and Kati are already not only members of the Association, but also have taken on the responsibilities of being block captains for their 3600 block of Humphrey.

"I really felt if I were working in St. Louis that I should also be contributing to the City as a resident," she said. "We also wanted to be here when the neighborhood realizes its potential," she adds with a smile. Their presence and enthusiasm will likely be a factor in that happening!

Anita Barker

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MEMBERS EAT THEIR HEARTS OUT

A large crowd was in attendance Sunday evening October 6, at the First Divine Science Church, 3617 Wyoming, for the latest pot luck dinner hosted by the Tower Grove Heights Neighborhood Association.

Those in attendance, members of the Association, were asked to provide either a salad, side dish, or dessert, depending on the first letter of their last names.

The organization supplied ham and bread, paper products and coffee. Members were asked to bring their own beverage, but beer and wine could also be purchased from Dave Difani, owner of the Black Thorn pub, and Secretary of the Association.

Two items were raffled off during the evening: an official Tower Grove Heights T shirt with our trademark logo, and a beautiful mum flower display.

Lori Linder of the 3800 block of Utah was the lucky winner of the mum arrangement; and the T shirt was taken home by Marty Schmidt, who happened to be visiting our area. Marty, who recently moved to St. Louis from Nebraska, says that he would like to move to the Heights, especially now that he sports our much-sought-after logo.

The dinner was organized through the efforts of all the block captains in the area who distributed flyers to the members on their blocks. Congratulations go to all of them for a successful evening.



THUMBS UP

How many light bulbs does it take to screw up a crime? Okay, okay, so Elaine Viets has the light bulb jokes covered, but Ruth Schnurbusch, Michell Schultz and Tom Coriell have covered the 3600 block of Connecticut with light bulbs and that's no joke. On National Night Out, Tom purchased light bulbs and Michell and Ruth delivered one to every household with a note reminding residents that a bright neighborhood is a safer neighborhood. A few weeks later, Ruth followed up with a thank-you note for those homes which had a porch light burning.

The 3800 block of Wyoming also was treated to a dose of good neighborliness by Rich Iezzi and Laura Stadelman. They canvassed the block asking residents to leave porch lights on to deter crime. If they were told that the bulb was burned out and it could not be changed for one reason or another, Laura and Rich offered to change it. If

residents thought the cost of burning the bulb was too much, they were given a bulb saver to reduce the cost. These bulb savers were purchased by Rich and Jean Iezzi as their contribution to crime prevention in our neighborhood.

What initiative! What creativity! What wonderful neighbors! What a fine example of what makes Tower Grove Heights a very special place to live.

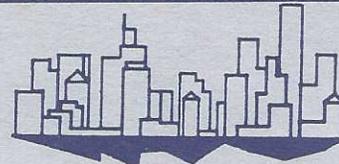
The Thumb

Dougherty, continued from p. 9

children. It must be remembered that it is not a panacea, nor can it perform miracles. It will not solve the intertwined problems of children coming from poverty, from one-parent families whose parent cannot spend time with their children. It does not address the problems of families where homes are broken, or where education is not important or where health care needs overwhelm the family or child. This is indeed a failure of the package. If you would like more information on this important ballot measure, please call me.

Representative Pat Dougherty

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St. Louis, March 1991

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South Side Journal

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Block Captains: Diane Hurwitz
Fundraising: Needs Chairperson
Promotion and Marketing: Jean Iezzi

Publications: Elizabeth Braznell
Block Captains
3600/3700

UTAH

Janis Bello (3661)
Randy Dimberger (3626)
Dolores Queensen (3706)

HUMPHREY

Felicia Foland (3671)
Kati Guerra (3671)

WYOMING

Betsy Vanderheyden (3656)
Sally Difani (3735)

CONNECTICUT

Ruth Schnuerbusch (3620)
Kay Lynn Firsching (3736)
Kirk Brandt (3652)

JUNIATA

Connie Bender(3665)
Paul Ladensack (3650)

HARTFORD

Marilyn Abbott (3648)
Carol Hoffmeister (3656)

ARSENAL

Diane Hurwitz(3640)
3800 UTAH
Susie Gudermuth (3834)
Veda Lynn (3855)

HUMPHREY

Sande Vieira (needs second
captain)

WYOMING

Linda & Pete Fick(3879)
Tom & Nancy Dietz (3862A)
Jim & Laura Stadelman(3878)

CONNECTICUT

Margie Meyer (3860)
Monica Nawrocki (3842)
Janice Nesser (3822)

Keely Cook

JUNIATA

Shauna Feely (3871)
Anita Barker (3818)

HARTFORD

Bill Wright(3836)
Jodie Heliker(3802)

ARSENAL

Jean Iezzi (3809 Hartford)

AIM FOR GOOD HEALTH

When I took on this column over a year ago I established as the premise for its content a list of health objectives promulgated by U.S. Public Health Service For Americans to achieve by the year 2000. I labeled these ten objective "commandments for good health" and have focused on one or more of them in each article I have written for the Gazette. In so doing, I have dealt with diet and exercise on more than one occasion and have devoted one column each to the effects of tobacco and alcohol.

This month I would like to briefly address another "commandment" from my original list. I think I phrased it something like "...get eight hours of sleep each night." Now, that seems pretty straightforward, don't you think? Well, you might be surprised to learn that most Americans don't come close to getting this daily dose of sack time; and in million of households across the country insomnia is the culprit. If getting to sleep or staying asleep is a problem for you, you might try one or more of these suggestions from the American Sleep Disorders Association:

*Go to bed at the same time each night, and get up at the same time each morning. A regular schedule helps to establish regular sleep patterns. *Don't get into bed and start talking on the phone, watching TV, or planning tomorrow's schedule.

*Avoid alcoholic beverages at bedtime. Although you may fall asleep more quickly after a drink, alcohol

disrupts restful sleep, and you may awaken too early.

*Limit caffeine to daytime use.

*Don't exercise before you go to bed in the evening. A workout at night may keep you awake.

*Avoid daytime or early evening naps.

*If you are hungry, eat a light snack before bedtime. But keep it light.

*If you still can't sleep, try slowly repeating one word, concentrating on that word while you try to relax your muscles, a muscle group at a time, starting with your feet and progressing up to your eyelids. This technique, known as progressive relaxation, requires that you tense one group of muscles while you focus upon the contrast as you attempt to relax the rest of your body. Try it, it works wonder for relieving the stress of the day.

*If you still can't fall asleep within 20 or 30 minutes of this, get out of bed and don't go back to bed until you feel sleepy.

*If these techniques don't work and your insomnia persists, seek professional help. There are a number of accredited sleep disorder centers at local hospitals in the St. Louis area. Consult the yellow pages under hospitals for locations.

Sweet Dreams

David Wagner is a certified Physician Assistant and Professor at St. Louis University School of Allied Health Professions.

The TGHNA Gazette
P.O. Box 63046
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