

President's Message

By Jennifer Florida

WE ARE WELCOMING IN 2022. THIS IS THE SPRING EDITION, SO HAPPY SPRING! WE HAVE HAD SOME COLD WEATHER. I AM SO looking forward to warmer temperatures and all that spring brings. I am Jennifer Florida, the 2022 president of Tower Grove Heights Neighborhood Association and somewhat of a fixture in the neighborhood. I have lived in Tower Grove Heights for nearly 30 years. I served as a neighborhood leader, and then as your 15th ward Alderman from 2001 to 2014. I resigned to become the appointed Recorder of Deeds to overturn the State of Missouri's ban on gay marriage. I am now a Realtor with Coldwell Banker Realty Gundaker St. Louis. I still serve as a Block Captain with Co-Captain Matt Miller on the 3800 Block of Hartford.

Our neighborhood is special, not just because of the physical aspects, architecture, walkability but the people in our neighborhood are generous with their time, resources and are so welcoming and neighborly. Thank you. I am grateful for you. I know you have busy lives, some of you have children, grandchildren, pets, businesses, responsibilities. We are living through unprecedented times. I am encouraged by your collective action and positive attitude. In so many ways you demonstrate care for others and our city. A big thank you to Ellen Wilson who for the last 18 years organized our 100 Neediest Cases Drive. We raised over \$7,000 for our three "adopted" families! A shout out to Erica Westbrooks, President-Elect for leading our efforts to support and work with adjacent neighborhoods to reduce celebratory gunfire on New Year's Eve. Thank you to our Past-President, Patrick Weber, for leading us through 2021 and making the Zoom meetings look so easy; and to the Board: Erica Westbrooks, Jean Iezzi (Membership Secretary), Sharon Angle (Secretary), Rick Stein (Treasurer), and to Debra Knox Deiermann (Communications Committee and Block Captain Coordinator), Barbara Gilchrist and Tricia Heliker (*Gazette* co-editors). If you contribute articles for the *Gazette* or serve as a Block Captain, thank you! It really is a group effort. We are here to serve and inform. Please let me know what I can do to be of service at president@towergroveheights.com.



Jennifer Florida

IN THIS ISSUE

President's Message	1
Something New on Morganford.....	1
South Grand Events.....	2
The Garden Sanctuary	4
Finding Your New Dream House.....	5
Back To (The New) Normal.....	6
Note From The Editor	7
How To Report Dark Street Lights	8
Real Estate News	9
Thoughts On The Pandemic.....	10
A Garage For All Reasons.....	12
What Carpenter Library Can Do.....	14
A Dash For The Trash.....	15

www.towergroveheights.com



Something New on Morganford

by Barbara Gilchrist



Owners, Jaimee Stang and Tony Collida

DESPITE THE COVID PANDEMIC, TWO RESTAURANTS on Morganford have been transformed and reopened. One (actually, two) is in the space that was formerly occupied by Three Monkeys at Morganford and Juniata. This article, however, is about the one closer to Arsenal called Grand Pied, located where Seed Sprout Spoon was, across from Local Harvest. "Pied" is French for "big foot."

Grand Pied is owned by Tony Collida and Jaimee Stang who are life and business partners. It opened in August 2021. Tony is the chef and has worked at several other local restaurants – Civil Life, The Picadilly and Duffs. This is Jaimee's first venture in the restaurant business; she handles the front. They decided that the pandemic was, for them, an opportunity to change their lives

(continued on page 3)



SUPPORT YOUR GAZETTE ADVERTISERS

Tower Grove Heights

CO-EDITORS

Barbara Gilchrist & Tricia Heliker

COPY EDITOR

Debra Knox Deiermann

CONTRIBUTING WRITERS

Pat Edwards, Jennifer Florida, Barbara Gilchrist, Rich Iezzi, Tonnya Joy, Dan Waeltermann, Ellen Wilson, Rachel Witt, Katie Wolf

PHOTOGRAPHS CONTRIBUTED BY

Sarah Fieser, Jennifer Florida, Tricia Heliker, Rich Iezzi

FOUNDING EDITOR

Janice Nesser

The Gazette is a non-profit publication published quarterly by the Tower Grove Heights Neighborhood Association. For information concerning advertising rates contact

gazette@towergroveheights.com

Your letters and comments are always welcome at the Gazette.

Mail them to:

THE GAZETTE

3638 Juniata, St. Louis, MO 63116
or email
gazette@towergroveheights.com

MEETINGS

During the COVID-19 pandemic, our meetings will be conducted via Zoom and live on the TGH Facebook page. Everyone is welcome to tune in.

A Zoom invitation will be sent through MailChimp and posted to the Tower Grove Heights Neighborhood Assn.

Facebook page and Tower Grove Heights Facebook Community Group or contact
info@towergroveheights.com

www.towergroveheights.com



2022 South Grand Events

District wide Events

South Grand Spring Art Fair

Saturday May 7, 10AM-3PM

South Grand Dine Around a Restaurant Crawl

Thursday, June 16, 5PM-10PM

South Grand Fall and Music Fest

Saturday, September 17, 11AM-8PM

South Grand Chalk Walk

Saturday, October 8, 10AM-5PM

Grinchmas and Cocoa Crawl

Saturday, December 3, 9AM-1PM

Ritz Park Events

Ignite Theatre Company presents Disney's Frozen Kids

Saturday, May 28, 4pm and 6pm

South Grand Movie Night: Respect: Find Out What It Means

Music Prior: Erika Johnson 7:30PM-8:30PM

Friday, July 15, 9:00PM

MO Coalition for the Environment (MCE): Documentary

Friday, August 19, 8PM

South Grand After Dark

Saturday, October 29, 5-8pm

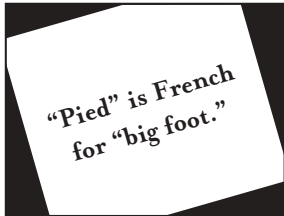
Small Business Saturday Tree Lighting Ceremony

Saturday, November 26, 4:30-6PM

and pursue a dream – a restaurant where they can work together, serve amazing food to friends and neighbors, and provide jobs and a great place to hang out. Jaimee says the most difficult part of opening during a pandemic is figuring out how to actually get food to the customers. They offer curbside service as well as carry-out. The seating inside is socially distanced and the staff wear masks. Tony and Jaimee are the only full-time employees for now, although they get help on the weekends from a neighbor and their two daughters. They hope to grow and be able to hire other staff.



Big Foot



The restaurant first opened as two businesses, Chatawa, a bar run by a third person, and Grand Pied, a restaurant run by Tony and Jaimee. Chatawa is a small town in Mississippi with a legend of a roaming Big Foot. Thus, the inspiration for the restaurant's

name. The original concept was to offer food and drink from the southern parts of the United States with a French influence. Unfortunately, Chatawa closed within two months, but Tony and Jaimee decided to continue. Jaimee says that they love the space and the neighborhood, having worked there when it was Seed Sprout Spoon.

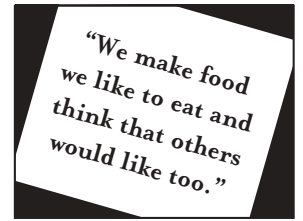
Their menu still has southern and French influences such as gumbo, Memphis-style fried chicken and New Orleans-style shrimp over grits, but the current offerings are more bistro-like and will be changed from time to time to keep it fresh. Jaimee says "We make food we like to eat and think that others would like too." There are daily specials and breakfast items offered all day. Their signature item is "beignettes" (baby beignets) in several varieties. Special private dinner events requiring the purchase of a ticket will also be held at the restaurant. Tony and Jaimee are committed to being as local and environmentally sensitive



Original tin ceiling

as possible, shopping from local farmers, using in-season ingredients, composting and recycling. All of the plates and dishes were purchased at area thrift stores.

When you enter the restaurant, you will know that you are in a cozy place as it is relatively small; full capacity is 35 people. (An outdoor patio on the south side of the building adds seating in warmer weather.) There is a mural on one wall painted by a local artist, which tells the Big Foot story. There are fun light fixtures repurposed from cooking utensils created by Andy at Bricoleur on Cherokee Street. The tin ceiling is original to the building and is said to be unique.



Lighting by Andy at Bricoleur on Cherokee

Grand Pied does not currently have a liquor license, although an application will be submitted. In the meantime, customers are welcome to bring whatever liquor they may want or choose from a selection of non-alcoholic beverages. With Local Harvest conveniently across the street, it is easy for customers to pick up a bottle of wine to go with meals.

Jaimee and Tony are committed to the area saying, "We love this space and this neighborhood so much we refuse to give up lightly. We are working hard and we will make this work!"

For more info: www.grandpied.com



The Garden Sanctuary

I'VE ALWAYS BEEN SOMEONE WHO ENJOYS BOTH conversation and solitude equally. As city dwellers, finding the latter can be difficult, especially outside. Morning, for me, requires a cup of coffee before figuring out what day it is.

For a lot of us, **the thought of walking outside the confines of our home in our pajamas with bed head is too much commitment to the unknown.** The potential eye contact with early walkers or the neighbors heading off to work can have most of us sitting indoors until it's time to leave for the day.

As a garden designer, one of the top requests I get from clients, besides a no-maintenance garden (there is no such thing)... is privacy.

Having your own sanctuary for morning contemplation is priceless but it doesn't necessarily require a lot of money. Whether your space is a patio, veranda, front porch, back deck or balcony, all of these locations offer a great template for nature's tranquility.

Determine how much sun exposure your space gets in a day. Typically, any space located on the north face of a house is shade and south facing is mostly sun to full sun, unless a shade tree is present.

Either sun or shade, the space you're trying to create requires "screening of view." This doesn't mean total blockage of your surroundings, but rather, the usage of plants to break up a view to add privacy, illusion of depth and of visual softening.

If your space is ground level, planting elephant ears or banana

plants directly in the ground around your patio creates a tropical feel without the added expense of container plantings.

If it's a balcony or elevated deck, using a mixture of large containers using tropicals like oleander, bird of paradise, majesty palm, sago palms and then using smaller containers in front with plantings of annuals like Coleus, New Guinea Impatiens, Begonia or Geranium add consistent color to the green tropicals.

A simple, affordable and beneficial plant is tomatoes – either planted directly in the ground or in buckets on the porch. Tomatoes grow great in full sun and offer good coverage.

Placement of an outdoor rug, café- or bistro-style table and chairs pulls together a great setup.

A self-contained water feature always adds an important element of sound and movement. Many garden centers sell them ready to be plugged in. However, a simple water-filled container and a solar powered pump work great as well. Add a few aquatic plants like water lilies, hyacinth, or iris and you will have a balanced oasis for attracting birds, butterflies and other important pollinators.

Keeping your tropicals over winter is easy. Bring them indoors before first frost and place near windows, watering once a week. I've also done well moving container tropicals into the basement with a couple of grow lights and a fan for good air circulation.



A Perfect Spot for Morning Coffee

By Dan Waeltermann

THE LONDON TEA ROOM







High Quality Loose Leaf Teas | Huge Range of Teas & Fabulous English Pastries | London Eats

Enjoy afternoon tea in our lovely Hyde Park Room

Reservations for Group Bookings: 314-241-6556 or info@thelondontearoom.com

WWW.THELONDONTEAROOM.COM 3128 MORGANFORD, ST. LOUIS MO 63116

FINDING YOUR DREAM HOUSE NEXT DOOR

TOWER GROVE HEIGHTS RESIDENTS SARAH FIESER and Lenny Grosso lived in a two-family building on Arsenal Street for eight years and weren't looking to move.

Then they realized the potential of the 115-year-old house next door at 3874 Arsenal Street after befriending their neighbors.

"We weren't looking to buy, but the chance to own a stand-alone house was too great an opportunity to pass up," Sarah said.

In November 2020, the previous owners decided to sell their home and so began Sarah and Lenny's ambitious project.

Sarah said they fell in love with all the unique original features of the home, including original wood windows, fireplace and unpainted wood mantle, three stained glass windows, a massive double-wide pocket door, and radiators throughout. They are working hard to restore all these features to ensure the house maintains its character and charm.

The original woodwork will be refinished and reinstalled. They're also reusing an upstairs clawfoot tub and removing old knobs from kitchen



"It's so nice having a friend as the contractor."



cabinets to be reinstalled on the new cabinetry.

Spare interior doors are being used as newly designed pocket doors.

Some areas needed to be updated which increased the scale of the renovation; including new electrical, plumbing, and adjustments to the floor plan. The house had to be taken down to the studs and built back up.

That rehab project is ongoing, something I got to see when I

visited the house to get a feel of it and smell those old bones.

For now, those old bones smelled of newly taped drywall.

I love that old houses are full of surprises. I certainly wasn't expecting a large rear addition. Sarah said it's likely the addition was built in 1922, when the house was converted to a two-family flat. Its walls are three bricks thick and perfectly match the older exterior walls.

Another surprise was the expansive entryway with an open stairwell that soars 20 feet to the second-floor ceiling. It's quite dramatic and I've never seen anything like it in the Heights.

Lastly, I was surprised at the size of the lot.

"We love the extra land and the view of the park," Sarah said.

Their love of the house is behind their preservationist approach to rehabbing the home built in 1907.



"Designing what we want is the fun part," Sarah said. Another enjoyable part of the project is working closely with their alley neighbor, Nick Taylor, the general contractor. "It's so nice having a friend as the contractor," Sarah added.

Part of that fun is adding modern touches to the old house, such as a steam shower with aromatherapy and speakers. And they freed up more living space by removing two staircases from the old two-family flat design.

She and Lenny (especially Lenny, says Sarah) have put a lot of thought into smaller design details, such as creating a niche for their espresso machine and vintage GE refrigerator.

When I asked what goes through Sarah's head when she walks into the house, she said one word – excited.

"We're ready for the project to be completed so we can enjoy relaxing in our new home," she said.

"We love the extra land and the view of the park."

Back to (the New) Normal

By Ellen Wilson

OUR ANNUAL HOLIDAY TRADITION OF PARTICIPATING in the 100 Neediest Cases continued this year with only a few accommodations necessary. We increased the number of families we supported this year to three because the center we use now tends to have smaller family units than the one we used before. This means we can spread our support to more families and the neighbors came through again this year. With a new center, we found new options for our donations as well. We can send our cash donations directly to the center which allows the families to get the money faster and allows them to use it for both utilities and rent or other expenses. This seems more helpful than making them wait several months to receive the gift.

This year each family received \$250 in gift cards and \$2,550 for utilities and other expenses. For the first time in many years, I had to go shopping for presents as we had more cash than actual gifts. Family #1 received enough glittery things to last the girls a lifetime, a sewing machine, hair and nail supplies, practical clothes, household goods, and new coat for the young man. Family #2 received painting supplies, jewelry, and lots of crafting supplies. Family #3 got an entire community of Barbie dolls and plenty of art supplies. Each family also received a beautiful gift basket, sheets, towels, cold weather gear, family games, and socks.

I was so happy to be able to hold the wrapping party this year. It is one of the highlights for me and this year we had lots of new faces to join our group of regulars. Thanks and welcome to Nancy and Katherine Perry, Lynn Abbott, and Susan and thanks and welcome back Sandy Pritt, Linda Luna, and Anne Orcutt. Thanks to the TGHNA Board for their help in selecting families and the past Board President Patrick Weber for his support of the project. This year Debra Knox Deiermann and Barbara Gilchrist took responsibility for getting the flyers distributed by Block Captains which was a huge help. Rick Stein kept the money in line and Barbara Gilchrist kept the *Gazette* updated.

As always, thank you all and have a great year!!!

2021 Donors – Thank you to everyone who donated. If I missed you or misspelled your name please forgive me.

Anonymous
Christy Abbott
Marilyn Abbott
Paul Acker
Robert Altman
Gretchen Arnold
Robert Ashton
Matthew Beeman
The Biermann Family
Chris Bohner
Andrea Bredemeyer
Bruce Brooks

Lisa Carpenter
The Casey Family
Erin Chambers
Brenda Chilman
Ellen Connors and Andrew Cuneo
The Cooper Family
Melissa Cosgrove
Gary Davis
Debra Knox Deiermann and Barbara Gilchrist
Carl Dothage
Mark Froese ("In memory of my dear husband Gary Allan Kushinsky")
Jeff and Jorie Gold
Jennifer Gustafson
Gustine Market
Gustine Market customers
Christopher and Georgiana Grant
Susan H.
Steven and Mimi Haag
Caroline Hall
Paul Harris
Charlene and Ralph Hegel
Tricia Heliker
Liz Hubertz and Pamela Sumners
Jennifer Humphreys
Rich and Jean Iezzi
Kayla James
Rebecca Janger
Melissa Janicke
Claire Kates and Andrew Kimmle
The Konstantinovich Family
Linda Luna
Leonard Lutz
Alison McCurley and Stayce Leister
Betsy and Baron McLaughlin
Ray Marklin/Ray Marklin Photography
Caroline May
Lisa Melandri
Lenita Moore
Jeff Morgan
Chad Morris
David Nissen
Erin O'Reilly and Jay Diamond
Anne and Mac Orcutt
Christian Peper, Jr.
Gregory Plank
Cynthia Rodriguez
Mindy Rouff
Melissa Schraer
Wayne Shirk
Barbara and Roy Smith
Ann Stanley
Rick Stein
Suzanne Strothkamp
Thomas Tobias
Catherine Vogel
Jennifer Walsh
Tara Warren
Margaret Wayne and Thomas Sehr
Nora Williams and Mike Miller
Anne Wyman

Note from the Editor

By Barbara Gilchrist

A S I WRITE THIS NOTE, THERE IS SNOW FALLING AND the roads are terrible. Punxsutawney Phil has predicted six more weeks of winter. I am hopeful that by the time you read this, there will be hints of spring! With the advent of warmer weather and the season of renewal, I encourage you to become or stay involved with the neighborhood. TGHNA continues to hold monthly meetings via Zoom. Go to the website, towergroveheights.com, to find the Zoom link you need to join the call. Meetings are on the fourth Tuesday of the month beginning at 7:15 p.m.

If you would like to receive current news and information about the neighborhood and meeting reminders once or twice a month, sign up for our notification list via MailChimp by sending an email to communications@towergroveheights.com. If you are not a member of TGHNA, look for the membership form in this *Gazette*. If you are concerned about safety and want to join the TGHNA Safety Committee, send an email to safety@towergroveheights.com. If you

like planning social events (Heights Nights, neighborhood block party), send an email to social@towergroveheights.com. If you would like to find out more about being a Block Captain (especially 36-3700 Wyoming), send an email to blockreps@towergroveheights.com. And, if you like to write or have ideas for articles for the *Gazette*, contact me at gazette@towergroveheights.com.



Lucas Optometry, Inc

TODD N. LUCAS, O.D.

**Eye Examinations
Contact Lenses
Eye Glasses**

**3165 South Grand Blvd.
St. Louis, MO 63118**

Participating Provider for
Blue Choice Group Health Plan and Many Other
Vision & Health Plans

Office Hours By Appointment

(314) 772-3737



NEEDS YOU !

The Tower Grove Heights Neighborhood Association can only be YOUR association if you join. With your participation, TGHNA will be a reflection of what YOU want the Heights to become. So please don't delay in joining or rejoining:

To find out what is happening in your neighborhood
To make the Heights a cleaner and safer place
To have a liaison with City Hall and other agencies
To better protect our property values
To make TGH a more interesting, fun place to live

Membership level choices:

- ☐ **INDIVIDUAL** (1 vote) \$10/year
- ☐ **HOUSEHOLD** (2 votes) \$15/year
- ☐ **ASSOCIATE** (non-voting) \$10/year
- ☐ **LIFETIME INDIVIDUAL** (1 vote) \$100 single payment
- ☐ **LIFETIME HOUSEHOLD** (2 votes) \$200 single payment
- ☐ **BUSINESS** (1 vote) \$25/year
- ☐ **LIFETIME BUSINESS** (1 vote) \$500 single payment

NAME(S) _____

ADDRESS _____

PHONE _____

E-MAIL _____

Include my name, address and contact information in the TGHNA Buzz Book:

☐ Yes ☐ No

Join online at towergroveheights.com or mail this form to:
TGHNA | P.O. Box 160069 | St Louis, MO 63116

TGHNA is a 501(c)(3) organization



A Complete Guide to How to Report Dark Street and Alley Lights

By Katie Wolf,
NEIGHBORHOOD IMPROVEMENT SPECIALIST

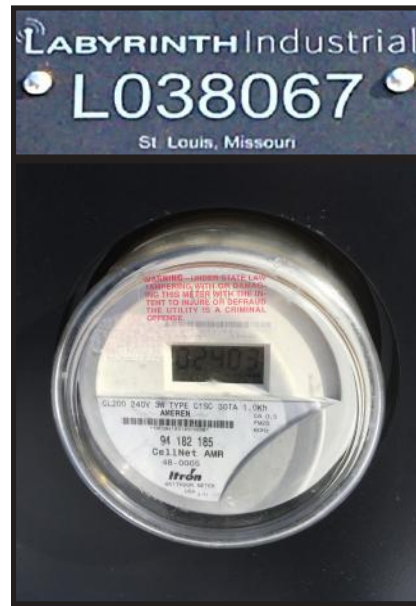
LET'S TALK ABOUT GREASED LIGHTNIN'. WAIT. I MEAN STREET Lighting. My apologies. There has been talk of assessing the later, and I can't stop singing the former. In the City of St. Louis, there are different procedures to report dark streetlights versus dark alley lights. They each have their caveats that can get confusing, but I will explain both.

Dark streetlights get reported to the Citizens' Service Bureau (314-622-4800) UNLESS they are on a 5G tower. When you turn in dark streetlights, identify it by address. The first question is whether it is a single light or a whole block of lights. Then, whether the light is completely out or blinking. Easy. I drive the neighborhood roughly 4x a year and turn in what I find, but always have help from residents who see a light out on their street. Thank you!

Dark 5G towers are reported to the company that owns them, e.g., Ameren, Verizon, etc.

On the tower there is a plate that identifies the tower ID number. The company is named on the meter, which looks similar to an electric meter. Verizon includes the phone

number to call. I take a photo of both, then have them with me when I call. When in doubt, feel free to email me and I will turn it in. This is new technology and processes may change.



On the tower there is a plate that identifies the tower ID number, and a meter that designates the company.

Dark alley lights are reported to Ameren (800 - 552-7583). They will take your complaint, your callback number, and send out a contractor to fix the problem. The contractor will call you to let you know it is complete. HOWEVER, in addition to the property address, they do need the pole identification number. That can be a bit confusing but I have confidence in you!

The identification number needed is called the STLA number because it starts with "STLA." It can be found on a metal plate on the pole and it should be "STLA####" (followed by 4 numbers). All poles also have other numbers nailed to them – to identify the address of the pole. Don't worry about those. Just use the address of the property and the STLA number.

Sometimes the number on the metal plate does not start with STLA. It starts with a "Z" or a "U." If this is the case, then someone probably paid to have the light installed for extra lighting. Often, these lights will be turned so the light bulb is facing the property, not the alley. This is not always the case, however. To find out about these lights, call the same Ameren number. They will probably send out a contractor, and the contractor will probably call you and say something about it not being paid for or able to be fixed. They will refer you back to Ameren in case you wish to resume payment for the light.

So, there it is. A complete guide to how to report dark street and alley lights. As bulbs burn out, they are being replaced with LED lights that last longer and, I hope, the need to report them will continue to decrease.

Take a drive or a stroll down your street and alley. Do you see areas that could use more light? Is there a public light that needs to be replaced? Now you can handle it like an expert and help make your neighborhood ultimately safer for drivers, walkers, bikers and pedestrians. Thanks!



The identification number needed... can be found on a metal plate on the pole and it should be STLA####



AWARD WINNING BURGERS

OPEN AT 11AM, BAR OPEN UNTIL MIDNIGHT MOST NIGHTS; LATER ON WEEKENDS IF BUSY

KITCHEN OPEN UNTIL 10PM
MONDAY through SATURDAY closed on SUNDAY
carry-out through ChowNow and new
outdoor dining accommodations.

O'CONNELL'S PUB

CONVENIENTLY LOCATED WITHIN MINUTES OF THE
BOTANICAL GARDEN, ST. LOUIS SCIENCE CENTER
AND THE ST. LOUIS ZOO

4652 SHAW AVE. AT KINGSHIGHWAY

773-6600

Covid vaccination required for entry if over 11 years old*
Please monitor those 11 and under closely for symptoms*
Masks required until seated in accordance with city regulations*

Celebrating 25 Years
On Hampton Ave.

Family Owned
& Operated

Steve, Brian, Sean
Gary & Allison

Mon-Fri 8AM-8PM
Sat 8AM-6PM
Sun 10AM-3PM

SOUTHSIDE HARDWARE

6401 Hampton Ave. 314-351-0204

Good Neighbors, Good Advice

- Paint
- Tools
- Keys Copied
- Paint Matched
- Electric
- HVAC
- Locks Rekeyd
- Pipe Threaded
- Plumbing
- Hardware
- Lamp Repair
- Glass & Plexi Cut
- Housewares
- Lawn & Garden
- Small Engines Repaired



Jennifer Florida, Realtor Coldwell Banker Gundaker



Your local expert!

314-229-8904 Mobile
Jennifer.Florida@cbgundaker.com
Office: 314-351-6005
4301 Hampton Ave
St. Louis, MO 63109

Proud Tower Grove Heights Resident Since 1993

REAL ESTATE NEWS

Homes Sold in Tower Grove Heights this quarter

Street	Listed At	Days on Market	Sold Price
3841 Juniata	\$289,000	81	\$275,000
3631 Juniata	\$287,000	28	\$320,000
3802 Connecticut	\$379,900	43	\$365,000
3827 Juniata	\$389,000	41	\$385,000
3840 Humphrey	\$429,000	48	\$437,000
3833 Humphrey	\$450,000	0	\$450,000
3620 Connecticut	\$425,000	5	\$450,500
3834 Wyoming	\$449,900	36	\$460,000
3857 Utah	\$482,000	59	\$470,000
3640 Juniata	\$469,900	22	\$475,000
3830 Juniata	\$516,000	0	\$516,000
3815 Wyoming	\$550,000	5	\$570,000
3620 Connecticut	\$425,000	6	\$450,500
3844 Utah	\$480,000	6	\$500,000

E-mail questions to jfloridastl@gmail.com
1 pending single family sale.



THOUGHTS ON THE PANDEMIC

By Pat Edwards

"ALTHOUGH THE WORLD IS FULL OF SUFFERING IT IS ALSO FULL OF THE OVERCOMING OF IT." - Helen Keller

We are two years into the coronavirus pandemic. It has touched and brought changes to all our lives. The following are questions I posed to about a dozen people (ages 8-70) about how the pandemic has affected their lives.

WHAT HAS BEEN THE MOST CONSEQUENTIAL CHANGE THE PANDEMIC HAS HAD ON YOU?

- decreased childcare
- severely limited travel (international in particular)
- postponed and changed wedding plans
- loss of income
- made me face fear and overcome fear
- had to deal with more people while working (I work as an interior painter and pre-pandemic, most people didn't work from home.)
- loss of job
- pay closer attention to the news
- work from home
- my day-to-day life is more structured, organized and simplified

DESCRIBE YOUR ABILITY TO ADAPT TO THE PANDEMIC.

- had to be more flexible, no one knew what the new "right" social norms were
- it was pretty hard at first, I was angry, once I learned about it, it got easier to deal with
- the mask wearing wasn't hard to deal with since I am in the medical profession
- forced me into retirement, which ended up being a good thing
- required discipline in a whole new way, I'm glad I live alone as it made it easier to adapt
- I'm a rule follower so it wasn't hard for me, perhaps a little more challenging at first but just requires more thought and planning, not difficult

WHAT COPING MECHANISM(S) DO YOU USE TO HELP DEAL WITH THE CHANGES BROUGHT ON BY THE PANDEMIC?

- more pleasure reading
- bought stuff online to do at home, especially exercise and other recreation
- got outside and into nature, did gardening, hiking, walking and yoga, was able to connect with people via Zoom
- happy hour started earlier; reminded me to be patient and remember how lucky I am compared to so many others; thought daily of the hospital workers and people who lost friends and family; physical activity
- playing VR (virtual reality) games which completely take me away from my COVID worries; home projects
- avoid listening to network news

WHAT DO YOU MISS MOST FROM YOUR PRE-PANDEMIC LIFE?

- freedom to travel
- retail shopping
- not wearing a mask
- boot camp
- swimming



A garden-themed home decor boutique
with unique gift items & locally made goods.

Garden District STL
3203 South Grand Blvd
St. Louis, MO
314-261-4577

Connect with us on Instagram and Facebook
@gardendistrictstl

- not needing to monitor for COVID symptoms
- social gatherings without the fear of getting sick
- eating in restaurants
- income
- visiting and seeing neighbors, seeing kids outside

ANY POSITIVE CHANGES THE PANDEMIC HAS HAD ON YOUR LIFE?

- greater anonymity with masks
- less motor traffic
- moved from sitting on the back porch to sitting on the front porch and met lots of great neighbors
- nothing positive, too many deaths
- more aware of one's health
- curbside everything
- mask made my face warmer in the winter
- more family time
- played outside with friends
- outdoor music with socially distant neighbors
- made it more clear of my own boundaries, trusting my body and intuition
- started bible study, more journaling, art class
- more empathy for others

As of this writing, we continue to work on living with COVID-19. There have likely been moments when we've been challenged more than we wanted.

"When you come to the end of your rope, tie a knot and hang on." -Franklin Delano Roosevelt

DUNAWAY Books

EXPLORE OUR EXTENSIVE PRIVATE LIBRARY COLLECTION

- PSYCHOLOGY
- PHILOSOPHY
- JUDAICA
- SHEET MUSIC & LPS

WWW.DUNAWAYBOOKS.COM

3111 SOUTH GRAND BLVD.
(314) 771-7150

A GARAGE FOR ALL REASONS

By Rich Iezzi

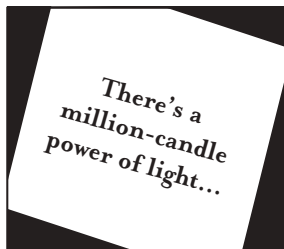
S

ILLY ME. I USED TO THINK GARAGES WERE ONLY FOR parking cars. Years ago, I did a *Gazette* article called, "Out Back," where I counted 940 garages in Tower Grove Heights. I approached the topic with, "Why don't people park in them?"

Now, I've reversed course and wonder why people would use them to pamper their cars when garage space is pure gold.

Recently, wife Jean and I were advertising an available apartment when I used the bland and mundane, "off street parking," referring to the garage space accompanying the apartment. Daughter Carolyn corrected me with, "No dad, people use garages for all sorts of things."

And she was right. I noticed that the previous tenants never parked their car in the garage. Instead, the garage was a workout area, art studio, workshop for small projects and a flexible storage arrangement for items with no current purpose.



When I spoke to the back-alley neighbors behind another building, they told me, "Your tenants use the garage for band practice." Knowing the statement wasn't a complaint, I replied, "Good." So the list of non-car garage uses includes workout area, workshop, art studio, storage and now, band practice.

For the past 10 years, I had been storing the family truck (1966 GMC pickup) in a garage behind our building on Wyoming. This year, I sold the truck and gained an 18-ft. by 12-ft. space with lights, 'lectric and automatic door opener. At 216 sq. ft., it's actually bigger than some tiny houses. In addition, the 10-ft. ceilings make working on big stuff so easy. Want more light? There's a million-candle power of light right outside your garage door. Open it.

I used my new garage workshop when I needed to rebuild the railings to a deck. Everyone loves working in their basements. I could fix a rainy day if I could get it down there but – be careful. I got so excited about using my basement to build some wainscoting that I didn't measure the basement egress and ended up unscrewing the whole thing to remove it. Oops.



In the same way that Americans own their land all the way to the center of the earth, our city property lines extend right to the edge of our 15-ft. alleys. In mine, I picked up an additional 28 sq. ft. beyond the garage door,

increasing my workspace to 242 sq. ft. If I need the car while I work, I can creep my front bumper right up to the alley edge and still have plenty of room available behind the car.

It may not be as glorious as working in your basement but with 10-ft. ceilings, a garage door and a million candle-power of light, it's not bad.



Serving St. Louis for more than 50 years!

**Custom Screen Printing
and Embroidery**

Pickleball and Disc Golf

**Team Equipment
and Uniforms**

**Cardinals, Blues,
CITY SC,
Mizzou, and SLU
Apparel and Accessories**

**314-832-5454
olympicsg.com**

**4916 Hampton Ave.
St. Louis, MO 63109**



Because every moment is for living.

Let's partner through all of it.



Bobby Lessentine

Financial Advisor

3141 South Grand Blvd
St Louis, MO 63118
314-772-5304

MKT-13987-A-A2 © 2021 EDWARD D. JONES & CO., L.P. ALL RIGHTS RESERVED.



DCN DEVELOPMENT, LLC

3165 Portis Avenue • St. Louis, MO 63116

COMPLETE REMODELING

- Refresh your kitchen, bathroom or any room
- Remodeling for all your projects large & small
- Local experience you can rely on
- Licensed and insured

Small changes can have a big impact
Enjoy your neighborhood and your home

Call today for your free consultation!

DAN NOECKER

OFFICE: **314-780-0018**

I'm not much of one to advertise,
But,
I do like to support my neighborhood
and its newsletter, so...
This is the Blackthorn Pub and Pizza.
We make a pretty solid Chicago style
pizza. Some like it.
Come by and try it for yourself.

**BLACKTHORN
PUB AND PIZZA**
3735 Wyoming St.



- Independently owned
- owner/manager always on site
- walk in or call for appointment
- less than two miles from TGH



Located at:
4305 Chippewa, St. Louis, MO 63116
314.772.7155
7:30AM - 5PM Mon- Fri

WHAT CARPENTER LIBRARY CAN DO FOR YOU

H

HELLO & HAPPY SPRING, TOWER GROVE HEIGHTS RESIDENTS!

My name is Tonnya Joy (tjoy@slpl.org) and I am the Regional Library Manager at Carpenter Library (3309 South Grand Blvd., 314-772-6586), which serves the Tower Grove community. I have been at SLPL for over 10 years and at Carpenter since July 2021. Each quarter, I will be highlighting Library services, resources, and programs.

PASSPORT

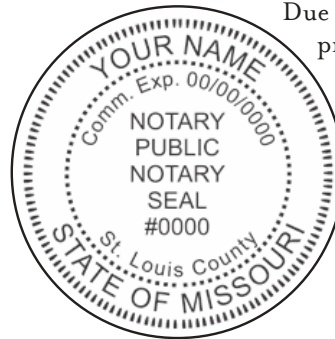
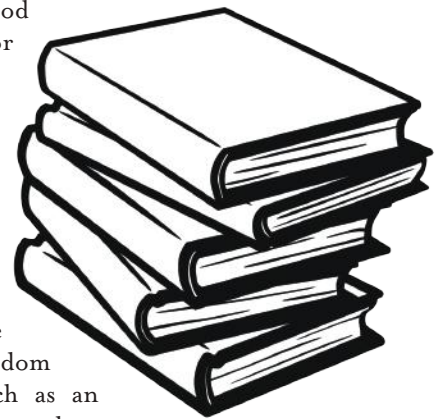


United States
of America



Did you know Carpenter Library offers Passport and Notary services to the public? These services are available during regular business hours, however, we recommend calling before coming to the library to make sure a passport agent or notary is available. SLPL does not charge a fee for notary services.

Do you love a good challenge? Sign up for the St. Louis Public Library's 2022 Adult Reading Challenge! Each month, complete two reading challenges to advance to the next month. Every adult reader who finishes each month's challenge will be entered into a random drawing for prizes, such as an SLPL coffee mug or tote bag, an advanced reader's copy of an upcoming book, and more. Stop by any location to pick up a reading log to track your progress or register online at slpl.org!



Due to Covid, all in-person Library programming has been suspended through at least March 2022, but the library continues to provide virtual programming! For the most up-to-date information on programs and services, visit www.slpl.org or call 314-772-6586.

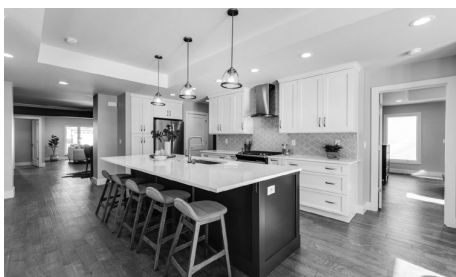


aeshdesign

architecture + design lab

commercial + residential architecture
custom wood + metal fabrication

3735 Connecticut St (at S Spring Av) | (314) 354-6063 | aeshdesign.com | hello@aeshdesign.com
practicing architecture in Missouri, Illinois + Tennessee but born + raised in **Tower Grove Heights**



How can we help you *home*?



Buy | Sell



Rentals | Mgmt.



Finance



Build



Insure

www.garciastl.com • 3537 S. Kingshighway Blvd St. Louis, MO 63139 • 314.353.0336

A DASH FOR THE TRASH

By Rich Iezzi

R

ECENTLY, I WAS TALKING TO A NEIGHBORHOOD friend who announced that she and her kids had just come from picking up trash off the street. But her tone suggested that it was a pleasant experience. Huh?

One of the peculiarities of the Heights is our lack of trash strewn about on our streets and alleys. One day I was driving down our alley and noticed a large amount of trash next to a dumpster. It stood out because, well, we don't have a lot of that. I gave it a day, then scooped it. A few days later, while talking to my alley neighbor, the pile of trash came up. While he was initially irritated about it, I detected a bit of disappointment. **No doubt, he was looking forward to getting his own trash rush.**

Our psychology courses teach us that gratification and immediate feedback are prime drivers. What can be more gratifying than seeing trash, then removing it?

With that in mind, I know a guy who snags bags of trash off the street by opening his car door, grabbing the bag and driving to the alley dumpster – with his car door open the whole time. No wonder we don't have a lot of trash.

Back in the 1970s and 1980s, we had a lot of trash. Large alley trees would touch each other over the alley, lending an enchanted forest effect. When we had alley clean-ups, we used chainsaws to clear trees growing past the invisible alley boundary line and

needed wheelbarrows to haul trash. Now, our biggest alley clean-up involves – sweeping.

Ironically, I only notice our lack of trash when visiting other neighborhoods. My very favorite view of the Heights is looking north on Spring from South Utah. There, the entire neighborhood seems to be on display with nary a wisp of trash in sight.

Thanks to all the people who participate (and enjoy) keeping the Heights clean.



Tower Grove Heights

NEIGHBORHOOD ASSOCIATION

FOR MORE INFORMATION

www.towergroveheights.com

TO RECEIVE TGH NEWS AND NOTIFICATIONS, CONTACT:

communications@towergroveheights.com

TO CONTACT OFFICERS

PRESIDENT

president@towergroveheights.com

PRESIDENT-ELECT

president-elect@towergroveheights.com

PAST-PRESIDENT

past-president@towergroveheights.com

SECRETARY

secretary@towergroveheights.com

TREASURER

treasurer@towergroveheights.com

MEMBERSHIP SECRETARY

membership@towergroveheights.com

TO STAY CONNECTED

Search for Tower Grove Mo on Nextdoor.com

On Facebook:

Tower Grove Heights Community Group

Tower Grove Heights Neighborhood Association

Twitter: @TowerGroveHts



BULK RATES - -

100 pc. Wings Appetizers.....\$78.00

50 pc. Fried Chicken.....\$69.00

Chicken Strips 5lbs.\$35.50

Mostaccioli (Full Pan) .\$.62.00 Cole Slaw OR Baked Beans

(Gallon).....\$15.00

Potato Salad OR Mashed Potatoes OR Vegetables (Gallon)....\$15.00

Ask about our Chik Pik a Paks!



2100 Gravois Avenue • 776-7292 • www.hodaks.com



*Family Owned
& Operated
Since 1951*



Dependable Plumbing & Sewer Cleaning

*Located at the corner of
Arsenal & Hampton*

781-9188 781-9047